

## Sample Learning Objectives

### Hierarchy of Objectives 1

**Module objective:** Given a simulated home/residential emergency, tell how to request emergency medical assistance.

**Enabling Objectives:**

- List the emergency response number for the area.
- Tell how to make an emergency call.
- Know you may be asked questions and given instructions. (potential video dramatization)
  - Know that being asked questions by the dispatcher does not impact the timeliness of response
- Given an emergency scenario of cardiac arrest in the adult, describe the initial actions to call for help and request an AED.
- Given an emergency scenario of child found in cardiac arrest, describe the initial actions to call for help and request an AED
- Given an emergency scenario of infant found in cardiac arrest, describe the initial actions to call for help

### Hierarchy of Objectives 2

**Module objective:** Describe the signs of sudden cardiac arrest.

**Enabling Objectives:**

- Given a simulated cardiac arrest of family/friend with manikin, show how to check the victim
  - Check for scene safety
  - Check for response
  - Check for abnormal breathing
  - Recognize gasps and absent breathing as a lack of normal breathing
    - Agonal breathing is not normal breathing
- Given the responsiveness and breathing status of a victim, correctly determine the need for CPR

### Hierarchy of Objectives 3

**Module objective:** Describe the signs of choking.

**Enabling Objectives:**

- List the signs of choking
- Differentiate a mild from severe block on the airway.
- Given the responsiveness and breathing status of a victim, correctly determine the need for choking treatment.

## Hierarchy of Objectives 4

**Module objective:** Given a simulated cardiac arrest of family/friend with manikin, show how to give CPR to an adult

**Enabling Objectives:**

- Given an adult CPR manikin and a playing video demonstration, push on the chest to meet current standards for 100 compressions.
  - Show proper hand position
  - Perform chest pushes to correct depth without stopping
  - “Push Hard – Push Fast” at a rate of at least 100 per minute
  - Let chest return to normal between each chest compression
- List steps of CPR.
- Given a simulated cardiac arrest of family/friend with manikin, perform entire CPR sequence
  - Check for scene safety
  - Place the victim on a firm surface
  - Check for response and abnormal breathing
  - Phone local emergency response number and ask for AED
  - Perform chest compressions
- Tell how to use an AED
  - Tell how to turn the AED on
    - how and where to attach the pads (learner should state “follow the diagram”)
  - Know the need to simply follow the AED prompts
    - why and when to be sure no one is touching the victim
- Recognize that performing CPR is tiring
  - Know that if another rescuer arrives, the provider of CPR should change at approximately two minute intervals
  - Know that if a second rescuer is providing CPR, the first rescuer should give reminders that help improve the quality of the chest pushes

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