

# Georgia Health Performance Standards



## Grades 2 & 3

### Lesson Organizer Sample Performance Task

Overview: This unit teaches about the practices of safe bus riding and emergency bus evacuation.

Pacing: This unit can be taught as three lessons. The power point is segmented into three sections.

#### Standards and Elements Addressed

**HE2.3:** Students will demonstrate the ability to access valid information and products and services to enhance health.

- a. **Identify trusted adults and professionals who can help promote health.**
- b. **Identify ways to locate school and community health helpers.**

**HE2.4:** Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

- b. **Demonstrate listening skills to enhance health.**

**HE2.5:** Students will demonstrate the ability to use decision-making skills to enhance health.

- a. **Describe a health-related situation.**
- b. **Identify health-related situations when assistance is needed.**

**HE2.7:** Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

- a. **Demonstrate healthy practices and behaviors to maintain or improve personal health.**
- b. **Demonstrate behaviors that avoid or reduce health risks.**

**HE2.8:** Students will demonstrate the ability to advocate for personal, family, and community health.

- a. **Make requests to promote health and wellness.**
- b. **Encourage peers to make positive choices.**

**HE3.3:** Students will demonstrate the ability to access valid information and products and services to enhance health.

- b. **Label resources from home, school, and community that provide valid health information.**

**HE3.4:** Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

- a. **Recognize the importance of assertively refusing pressure to engage in an unhealthy behavior.**

Georgia Department of Education

Dr. John D. Barge, State School Superintendent

All Rights Reserved

**Georgia Performance Standards Health Education**

**Grades 2 & 3**

- HE3.5:** Students will demonstrate the ability to use decision-making skills to enhance health.
- a. Indicate routine health-related situations.**
  - c. Discuss various options to health-related issues or problems.**
  - d. Indicate the possible consequences of each choice when making a health-related decision.**
  - e. Identify a healthy choice when making a decision.**
- HE3.7:** Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
- a. Practice healthy behaviors.**
  - b. Perform healthy practices that maintain or improve personal health.**
  - c. Demonstrate actions to avoid and reduce health risks.**
- HE3.8:** Students will demonstrate the ability to advocate for personal, family, and community health.
- a. Share accurate information about a health issue.**
  - b. Encourage others to make positive health choices.**

**Enduring Understanding**

My behavior while at the bus stop and while riding a school bus affects my health and the well-being of others.

**Essential Questions**

- Why is it important to be safe at the bus stop?
- What should you do if you see someone not being safe on the school bus?
- Why are the loading and unloading principles important?
- How would you evacuate the school bus in case of an emergency?

<b>Concepts</b>	<b>Know and Do</b>	<b>Language</b>	<b>Evidence of Learning</b>
The students will know the safety procedures while waiting at school bus stops.	There is a safe way to wait at the school bus stop.	Bus Stop	Students will:
The consequences of what will happen if students are not following the safety procedures at the bus stop.	There are unsafe acts that a student should not do at a bus stop.	Loading Principle	Explain the safe way to wait at a school bus stop.
The students will have knowledge of the danger zone around the bus.	There are consequences when students are not following the safety procedures at the bus stop.	Unloading Principle	Explain unsafe acts that a student should not do at a bus stop.
		School Bus	
		Traffic	Explain the consequences when a student does not follow safety procedures at a school bus stop.
		Evacuation	

**Georgia Performance Standards Health Education**

**Grades 2 & 3**

<p>The consequences of when a student goes into the danger zone around a school bus.</p> <p>The students have a basic knowledge of the universal procedures for loading and unloading the school bus.</p> <p>The students have a basic understanding of the universal procedures for crossing the road to and from the school bus and school bus stop.</p> <p>The consequences when a student is not safely crossing the road to and from the school bus and school bus stop.</p> <p>The students will have an understanding of safety procedures for unloading and loading the school bus at school.</p> <p>The students will have knowledge of safe school bus riding practices.</p> <p>The consequences when a student is not safely riding the school bus.</p> <p>The students will have an understanding of emergency school bus evacuation procedures.</p>	<p>Where the danger zones are around a school bus.</p> <p>There are consequences when a student goes into the danger zone around a school bus.</p> <p>There is a specific universal procedure to cross the road to and from the school bus and school bus stop.</p> <p>There are consequences when a student does not safely cross the road to the school bus and/or bus stop.</p> <p>There is a specific universal procedure for loading the school bus at school.</p> <p>There is a specific safety procedure for unloading the school bus at school.</p> <p>There are safe school bus riding practices.</p> <p>There are consequences when a student is not riding the school bus safely.</p> <p>There is an emergency school bus evacuation procedure.</p>	<p>Danger Zone</p> <p>Loading</p> <p>Unloading</p> <p>Safety</p> <p>Cars</p> <p>Hand Rail</p> <p>Bus Driver</p> <p>Horn</p> <p>Hazard</p> <p>Exit</p> <p>Crossing Gate</p> <p>Consequences</p>	<p>Explain where the danger zone is around a school bus.</p> <p>Know the consequences when a student goes into the danger zone around a school bus.</p> <p>Know the universal procedure to cross the road to and from the school bus and the school bus stop.</p> <p>Explain the consequences when a student does not safely cross the road to the school bus and/or bus stop.</p> <p>Demonstrate the safe way to load the school bus at school.</p> <p>Explain the unsafe way to unload the school bus at school.</p> <p>Know the safe school bus riding practices.</p> <p>Explain the consequences when a student does not ride the school bus safely.</p> <p>Demonstrate/Know the emergency school bus evacuation procedure.</p>
--	--	--	---

# Georgia Performance Standards Health Education

## Grades 2 & 3

### Materials Needed

School Bus Safety Power Point  
School Bus Safety Power Point Narrative  
Georgia School Bus Health & Safety Curriculum  
Handouts:  
    School Bus Danger Zone  
    How to Get ON the School Bus Safely, if NOT Required to Cross the Road  
    How to Get ON the School Bus Safely, if REQUIRED to Cross the Road  
    How to Get OFF the School Bus Safely, if NOT Required to Cross the Road  
    How to Get OFF the School Bus Safely, if REQUIRED to Cross the Road  
School Bus Rules and Consequences  
Computer  
Poster Board  
Crayons, Markers, Pencils

### Sample Performance Task

The students will analyze of the consequences for not following school bus safety instructions. (e.g., stay seated on the bus, going into the school bus danger zone, horseplay at the bus stop, pushing during a emergency evacuation)

#### **Description:**

Have the students in groups of 4. The students are to create a power point or poster showing the consequences for not following the school bus safety instructions. Students must show the consequences for not following school bus safety instructions: at the school bus stop, on the school bus, during an emergency evacuation, getting on and off the school bus.

Students will share their creations with the class.

# Georgia Performance Standards Health Education

## Grades 2 & 3

### Modifications:

Allow students to share their project with the teacher in private.

Allow students to do their projects with a partner (and not a group).

*\*\*Since teachers and students may not be well versed on consequences of certain bus related behaviors, Georgia Department of Education Pupil Transportation is providing an additional resource, "School Bus Rules and Consequences", for teachers to better know what consequences could result from a student's failure to carry out a safe behavior. This will better equip a teacher to provide guidance in assigning, assisting and assessing.*

*\*\*This lesson asks for students to create a poster or PowerPoint showing the consequences for not following school bus safety rules. A frequent consequence is that you get hit by the bus or a passing car. Teachers will need to monitor and use caution, as a group of four 7, 8, and 9 year old students (especially the boys) could go down a counterproductive path of being too morbid with their depictions of kids getting hit by a bus/car...*

### Assessment

#### Content Rubric for Performance Task:

<b>CRITERIA:</b>	<b>DOES NOT MEET</b>	<b>NEEDS IMPROVEMENT</b>	<b>MEETS STANDARD</b>	<b>EXCEEDS STANDARD</b>
Explain the consequences when a student does not follow safety procedures at the school bus stop; on the school bus; during an emergency evacuation; and going to/from the bus.	Student is not able to provide a power point or project showing consequences of not following school bus safety procedures.	Student only provides 2-3 consequences of not following school bus safety procedures.	Student provides 4 consequences of not following school bus safety procedures.	Student provides 5 or more consequences of not following school bus safety procedures.

## Georgia Performance Standards Health Education

### Grades 2 & 3

#### Teacher Resources

School Bus Safety Power Point

School Bus Safety Power Point Narrative

School Bus Rules and Consequences

Georgia School Bus Health and Safety Curriculum

Handouts:

School Bus Danger Zone

How to Get ON the School Bus Safely, if NOT Required to Cross the Road

How to Get ON the School Bus Safely, if REQUIRED to Cross the Road

How to Get OFF the School Bus Safely, if NOT Required to Cross the Road

How to Get OFF the School Bus Safely, if REQUIRED to Cross the Road



# School Bus Rules and Consequences

Note - This is a reference document is for use with the Grades 2 & 3 Lesson Plan.

The following rules have a potential consequence (if not followed) of **the school bus driver not seeing the student and placing them in danger of being hit by the school bus:**

- Arrive at the bus stop five minutes before the bus is scheduled to come. Do not be running late and do not try to get on the bus as it starts to move.
- Have all items in your book bag before you leave home so you do not drop anything.
- NEVER chase after the bus.
- NEVER walk to another bus stop.
- NEVER allow your parents to drive you to another bus stop.
- Wait in an orderly group. Form an orderly line as the bus approaches, with the 1<sup>st</sup> student in line standing 12 feet away from the road.
- When you are getting on the bus and have to cross the road:
  - Cross 12 feet in front of the bus.
  - Make sure you can see the driver.
- If you drop something, leave it and move to a point out of the Danger Zone. Do not pick it up without getting the attention of and instruction from the bus driver.
- Always stay away from the front and rear bus tires.
- When you are getting off the bus and have to cross the road:
  - Walk straight away from the right front of the bus, in the bus driver's full view.
  - Always be able to see the bus driver (so they can see you).
- Anytime you are getting off the bus, make sure book bag straps, purses, clothing drawstrings, etc. do not get caught on the handrail or in the door.
- When unloading at school:
  - Walk (don't run) straight towards the school.
  - Stay away from the bus, so your driver can see you.
  - Keep walking until you get out of the danger zone, 12 feet away from the bus.
- When loading at school:
  - Walk straight towards the bus door and be sure your driver can see you.
  - Stay away from the front and rear bus tires and board the bus quickly.
  - Never chase after a moving bus. Once the buses start moving – you should stop moving.

The following rules have a potential consequence (if not followed) of **the student being hit by a passing car:**

- Wait at the bus stop in a safe place, 12 feet away from the road.
- Stay on your side of the road until the bus comes.



- When getting on the bus, always look for moving cars.
- When the danger signal (blowing of the bus horn) is given, look for the danger of passing cars that do not stop.
- If you DO have to cross the road to GET ON the bus:
  - Wait for the bus to stop and for the driver's signal for when it is safe to cross from where you are standing.
  - Stop at the edge of the road and look both ways to be sure that any moving cars come to a stop.
  - Look both ways for moving cars while walking straight across the road.
- When going home wait in the bus aisle for the driver to tell you it is OK to begin to leave the bus.
- When going home, look for moving cars in all directions, especially to your right, before stepping off the bus.
  - If you DO NOT have to cross the road to GET OFF the bus:
  - Look for cars in both directions as you walk straight away from the bus, in full view of the driver.
  - Keep walking until you are out of the danger zone, 12 feet away from the bus.
- If you DO have to cross the road to GET OFF the bus:
  - Wait for the driver's signal that it is safe to cross 2 different times
    - At the end of the crossing gate
    - At the center of the road
  - Look for cars to your left and right while walking quickly across & exiting 12 feet off the road.
  - NEVER cross behind the bus.
- Never get mail from a roadside mailbox. If a car is coming and loses control, it might run off the road.
- When unloading at school, never run between parked cars and buses.

The following rules have varied consequences (if not followed):

**KEY**

R = Rule

C = Consequence

R - Never speak to strangers at the bus stop and never get into the car with a stranger. Tell your bus driver, your teacher or your parents if a stranger tries to talk to you or pick you up.

C - The stranger could be a bad person.

R - Respect the property of home owners at the bus stop.

C - Their yard, flowers or bushes could get damaged and you could get into trouble.





R - Keep the noise down at the bus stop.

C - Someone in a house close by may still be asleep.

R - Avoid horseplay, pushing or shoving.

C - Someone could get hurt.

R - Always use the handrail.

C - You might fall going up and down the steps.

R - Remain seated until bus is stopped and door is opened.

C - You might fall and get hurt if the bus is moving.

R - Do not push or shove, but wait your turn to get off.

C - You or someone else could fall and get hurt.

R - Load the bus in an orderly manner.

C - Someone could get hurt.

R - Make sure you get on the right bus at school. If you get on the wrong bus by mistake, tell the driver.

C - You could get lost.

R - Never place your head, arms or any object out of the window.

C - The bus could start to move and drive close to something and you could get hit.

R - You must remain absolutely quiet at railroad grade crossings.

C - The bus driver will not be able to hear an approaching train.

R - Follow directions of the school bus driver the first time given. They are like your teacher and you should listen and do what they say.

C - You won't know what to do to be safe or what to do to stay out of trouble.

R - Go directly to an available or assigned seat when entering the bus.

C - Others cannot be seated if you are in the aisle and if you are standing up when the bus moves you might fall.

R - Remain seated, facing forward with your back against the seat.

C - You will not be safe if the bus driver has to steer or stop quickly or if the bus is in an accident.

R - Tell your bus driver if someone is picking on you or making you feel uncomfortable.



C - They may not stop if the driver does not help you.

R - Hold your books and other things in your lap so the bus aisles and exits are clear.

C - Others could trip on something and fall.

R - Respect the rights and safety of others. Never bother things that belong to someone else.

C - You could be blamed if something gets lost or broken.

R - Talk in a quiet voice on the bus.

C - The bus driver could be distracted by the noise and not drive safely.

R - Do not chew gum, eat or drink on the bus.

C - You could get choked, or you could drop or spill something which would make the bus dirty or cause someone to slip and fall.

R - Never throw anything on the bus.

C - Someone could get hurt or your bus driver could be distracted and have a wreck.

R - Never bring tobacco, drugs, knives or weapons on the school bus.

C - These items are not allowed and you could get into trouble.

R - Never bring animals onto the bus.

C - Animals could get loose and distract the driver causing them to not drive safely.

R - Never bring glass objects onto the bus.

C - You could drop something glass, and if it breaks then someone could get hurt.

R - If something is too big to hold in your lap and you need to take it to school, then get your parents to drive you to school that day.

C - If something is placed in the aisle, then someone might trip and fall. It could also block aisle if there is the need for an emergency evacuation and students would not get off the bus as fast.

R - Never operate cell phones while on the bus. If you have a cell phone keep it in your pocket or purse.

C - Using the cell phone on the bus is not allowed and you could get into trouble.

R - Never use obscene language or gestures.

C - If you do not respect everyone, they may not respect and be nice to you.

R - Never leave or board the bus at locations other than your assigned stop. Follow local school system procedures to obtain signed permission for a change of stop location.



C - You could end up somewhere and the school or your parents would not know where you are.

R - Help keep the bus clean.

C - A dirty bus is not as safe and not as much fun to ride as a clean bus.

In all types of evacuation it is important that you:

- R - Remain calm and remain quiet so you can hear the driver's instructions.  
C - If you do not listen, then you may not know what to do.
  
- R - Stay seated until it is your turn to leave the bus. You will unload letting seats take turns, going from side to side.  
C - It is not safe and as fast if you do not unload orderly, taking turns.
  
- R - Leave books, lunch boxes, and other personal belongings on the bus so you can leave quickly.  
C - You will be slower getting off the bus with them. These items can be replaced. **YOU CANNOT BE REPLACED!**
  
- R - Walk as you leave the bus. Do not run.  
C - You could fall and get hurt.
  
- R - Go 100 feet (3 bus lengths) away from the bus.  
C - If you do not get far enough away from the bus you could be in danger if the bus catches on fire or if it is hit by another vehicle.
  
- R - Remain in an orderly group and wait for further instruction from your driver or a student helper.  
C - Your driver might not be able to find you and tell you what to do next.