

July is UV Safety Awareness Month

Skin cancer is the most common type of cancer in the United States. Ultraviolet (UV) rays from the sun are the main cause of skin cancer.



Clothing, Sunscreen, Hats, Shade and Sunglasses can protect you from harmful UV rays.

July National Health Observances

[Cord Blood Awareness Month](#)

[International Group B Strep Awareness Month](#)

[Juvenile Arthritis Awareness Month](#)

[National Cleft & Craniofacial Awareness & Prevention Month](#)

[Sarcoma Awareness Month](#)

[UV Safety Month](#)

[July 28 - World Hepatitis Day](#)

The articles and hyperlinks to external websites appearing in this newsletter are intended to be informational and do not represent an endorsement by the Georgia Department of Education.

Upcoming Workshops

[Stewards of Children](#) - Join **Children's Healthcare of Atlanta** as

Stewards of Children demonstrates how to prevent, recognize and react responsibly to child sexual abuse and teaches five proactive steps to protecting children.

August 19— 1:00 to 3:30 p.m.

Children's Healthcare of Atlanta | Office Park Learning Center

1680 Tullie Circle NE

Atlanta, GA 30329

Contact: Angie Boy- 404-785-5004

cpctraining@choa.org.

Counseling & Social Services

[Learn How to Create Trauma-Informed School Environment](#)

The National Child Traumatic Stress Network created a resource for schools to utilize to help schools create trauma-informed environments that address the needs of all students, staff, administrators, and families who might be at risk of experiencing the symptoms of traumatic stress. [Go to the webpage to download a PDF copy of the resource.](#)

[View Adolescent Connectedness Webpage](#)

The Centers for Disease Control and Prevention released findings that suggest that youth who feel connected at school and at home were less likely to experience health risks related to mental health, violence, and substance abuse in adulthood.

[Access the new Adolescent Connectedness webpage for more information.](#)

COVID-19 Resources

[EPA Indoor Air and Coronavirus](#)

[EPA Air Cleaners, HVAC Filters, and Coronavirus](#)

[CDC's Checklists for Going Back to School](#)

[CDC's Preparing for a Safe Return to School](#)

[CDC's Operating Schools During COVID-19](#)

Healthy School Environment

[Visit a Virtual Playground](#)

The Centers for Disease Control and Prevention has an interactive online tool that incorporates the components of the Whole School, Whole Community, Whole Child model. **[Visit the virtual healthy school playground to see how it promotes healthy activity.](#)**

Health Education

[Educate Your Students About the Dangers of Mixing Medications](#)

The National Institute on Drug Abuse and Scholastic created "A Dangerous Mix" for 6th to 12th grade students addressing the potential dangerous effects associated with mixing medications and over the counter drugs. **[Download a PDF copy of the teacher's guide, and visit the webpage to view the complete lesson.](#)**

[Lesson Plan Addresses Sun Safety](#)

Young people need at least 60 minutes of physical activity each day, and many of them will be meeting those daily goals outside. Visit Kids Health in the Classroom to teach high schoolers about skin cancer and sun safety. **[Access the webpage and scroll to the Skin Cancer resources.](#)**

School Health Services

[Return to School Post COVID-19 Closure Considerations for Students with Disabilities and Special Healthcare Needs](#)

NASN has produced this document to guide school nurses when planning for return to school for students with disabilities and special healthcare needs as defined by Section 504 or IEP Teams.

Community Involvement

[Take a Virtual Tour of Stonehenge](#)

One of the biggest mysteries out there is the origin of Stonehenge. Now is your chance to take a virtual tour of this amazing creation. Visit **English-Heritage.org.uk** and your adventure awaits!

[View Tiger Webcam](#)

Do you love tigers? If you do, check out the tiger webcam from the San Diego Zoo. **[Watch them play!](#)**

[Try Fun Kitchen Helper Activities](#)

Looking for ideas to get your little children involved with fun kitchen tasks? Look no further than the U.S. **[Department of Agriculture's Kitchen Helper Activities PDF](#)**. Encourage your children to wipe the table, add ingredients, and so much more.

[View Hippo Webcam](#)

The San Diego Zoo has a new hippo webcam for folks to watch while they are home. **[Prop your feet up and watch the action!](#)**

Nutrition Services

[Play Online Choose MyPlate Blast Off Game](#)

Do you want to teach your students how to make smart food choices and increase physical activity? Play the online Blast Off game, brought to you by U.S. Department of Agriculture's Choose MyPlate. **[Play the game today!](#)**

Employee Wellness

Learn About Extreme Heat and Employee Safety

Did you know that heat kills more than 600 people in the United States each year? Preventing heat-related illnesses is important for everyone. [Visit the CDC page to view more information.](#)







Fueling Georgia's Future

July Harvest of the Month

PEACHES

Georgia Grown Resources

Classroom Resources: Resources include downloadable activity books, bulletin board kits, commodity fun facts, Georgia Grown videos and more, from Georgia Grown.

<p>JULY Peaches</p> 	<p>AUGUST Watermelon</p> 	<p>SEPTEMBER Apples</p> 
<p>OCTOBER Zucchini</p> 	<p>NOVEMBER Sweet Potatoes</p> 	<p>DECEMBER Lettuce</p> 
<p>JANUARY Greens (COLLARD, MUSTARD, TURNIP)</p> 	<p>FEBRUARY Cabbage</p> 	<p>MARCH Root Vegetables (CARROTS, BEETS, RADISHES)</p> 
<p>APRIL Strawberries</p> 	<p>MAY Blueberries</p> 	<p>JUNE Tomatoes</p> 

Funding Opportunities

Apply for Parent-Led Program Funding

Act now, parents! [Apply for a Parent for Healthy Kids grant](#) that will provide funds and support to increase physical activity or nutrition initiatives while promoting students' social emotional learning. The application deadline has been extended to August 31, 2020.

Get a Salad Bar in Your School

Does your school have a salad bar? If not, apply for a grant from [Salad Bars to Schools](#). Applications are accepted year-round and are reviewed in the order they are received. It may take up to 12-14 months to fund a school salad bar. To qualify, the salad bar must be part of the reimbursable meal served in your district.

Apply for ALDI Smart Kids Grants

ALDI is partnering with local organizations to make a positive impact on kids' health and wellness. Grant funds can be used to support children through education, arts, or other activities that help kids stay active and healthy. Applicants can request either cash or ALDI gift cards ranging in value from \$100 to \$5,000. The application deadline is December 15, 2020. [For more information on the program, visit the Aldi Smart Kids webpage.](#)

Target Field Trip Grants

Since 2007, the [Target Company](#) has donated more than \$16 million in grants to the improvement of education. Each Target store in the United States will award three Target Field Trip Grants, enabling one in 25 schools throughout the country to send a classroom on a field trip.

Firehouse Subs Public Safety Foundation AED Grants

- August 19, 2020 at 5 p.m. for Quarter 4 2020 Grants
- November 11, 2020 at 5 p.m. for Quarter 1 2021 Grants
- Portal reopens January 1, 2021

[Click here to learn more.](#)

Apply for a Community Grant

Do you have an idea for an after-school program that would benefit an underserved community? Apply for a Community Grant from the Walmart Foundation. [Click here for more information.](#)

Helpful Links from NASN

- ⇒ [ASTHMA](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [COVID-19](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

Resources obtained from the

[National Association of School Nurses Website](#)

School Health Resources

Department of Public Health– School Health Program

The GA Department of Public Health provides leadership, training, and consultation to all health districts, school districts, and nurses serving children in the school setting.

For more information contact:

schoolhealth@dph.ga.gov



Children's Healthcare of Atlanta – School Health Program

CHOA's School Health Program offers [school nurse updates](#) and webinars on clinical pediatric topics; staff education for school districts in metro Atlanta; reviews and revisions of the [school health manual](#); serves as a contact for school nurses to call to discuss programmatic needs and difficult cases; and provides the CHOA/DPH [Common Infectious Illness poster](#), [Behavioral Health resources](#), and [Educational Videos](#). CHOA also provides nutritional and wellness resources through the [Strong 4 Life Program](#).

For questions or requests, call 404-785-7202, or email schoolhealth@choa.org

Click [here](#) for more information or [here](#) to opt-in to receive School Health news.

CHOA Events and Trainings

[Diabetes Caregiver Class](#) Tuesday, July 28, 8:30 a.m. to 1:00 p.m.

[Diabetes Caregiver Class](#) Thursday, August 13, 8:30 a.m. to 1:00 p.m.

[Diabetes Caregiver Class](#) Tuesday, August 25, 8:30 a.m. to 1:00 p.m.

[Diabetes Caregiver Class](#) Thursday, September 10, 8:30 a.m. to 1:00 p.m.

Visit the [school health events calendar](#) to learn more and register.

Not on the CHOA School Health mailing list? Go to this link to subscribe: <http://pages.choa.org/School-Nurse-OptIn.html>



Children'sSM
Healthcare of Atlanta