The following curriculum map is part of a GaDOE collection of instructional resources for Physical Education.

| **Unit/**  **Themes** | **Fall Themes (9 weeks)** | **Fitness Themes (9 weeks)** | **Winter Themes (9 weeks)** | **Spring Themes (9 weeks)** |
| --- | --- | --- | --- | --- |
| **GSE for Physical Education** | P.E. K.1 (a, d, e, f, g, h)  P.E. K.2 (a, c, d, e)  P.E. K.3 (b)  P.E. K.4 (a, b, c, d, e)  P.E. K.5 (a, b, c, d, e) | P.E. K.1 (b, c, n, o)  P.E. K.2 (b)  P.E. K.3 (a, b, c)  P.E. K.4 (a, b, c, d, e)  P.E. K.5 (a, b, c, d, e) | P.E. K.1 (I, l, m)  P.E. K.3 (b)  P.E. K.4 (a, b, c, d, e)  P.E. K.5 (a, b, c, d, e) | P.E. K.1 (f, g, j, k, m)  P.E. K.3 (b)  P.E. K.4 (a, b, c, d, e)  P.E. K.5 (a, b, c, d, e) |
| **SAMPLE**  **Activities and Strategies** | * Tossing/Catching/Rolling * Locomotor/Non-locomotor * Chasing/Fleeing/Dodging * Playground Games * Parachute | * Fitness * Jump Rope * Dance * Scooter boards | * Tumbling * Paddle Games | * Striking with implements * Field Day |
| **Sport Related Activities** |  |  | * Volleyball * Basketball * Gymnastics * Tennis | * Soccer * Baseball |
| **Key Concepts** | Performs basic locomotor skills (walk, run, hop, jump, skip, slide, and gallop) while maintaining balance.  Performs basic non-locomotor skills (bend, straighten, twist, stretch, swing, sway, and turn) with maintaining balance.  Maintains balance on different bases of support (wide, narrow, curled, and twisted body shapes).  Throws underhand with opposite foot forward.  Catches a self-tossed object (ball, scarf, and beanbag).  Drops a ball and catches it after a single bounce.  Demonstrates an understanding of general and personal space by traveling without bumping into another student.  Travels in three different pathways (straight, curved, and zig zag)  Travels in general space with different speeds.  Travels in general space on different levels.  Actively participates in physical education class.  Follows directions individually and in a group setting (follows rules and takes turns).  Acknowledges responsibility for behavior when prompted.  Shares equipment and space with others.  Recognizes the established classroom procedures.  Follows teacher directions for safe participation and proper use of equipment with minimal reminders.  Recognizes that physical activity is important for good health.  Acknowledges that some physical activities are challenging/difficult.  Identifies physical activities that are enjoyable.  Recognizes the enjoyment of playing with others.  Accepts and respects differences and similarities of physical abilities in self and others. | Performs locomotor skills in response to teacher-led creative dance).  Performs jumping/landing with balance.  Executes a single jump using a self-turned rope.  Executes a single jump of a long rope with teacher assisted turning.  Performs a rhythmic activity in a personal space.  Identifies active play opportunities outside the physical education setting.  Actively participates in physical education class.  Recognizes that moving at a fast pace increases heart rate and breathing.  Follows directions individually and in a group setting (follows rules and takes turns).  Acknowledges responsibility for behavior when prompted.  Shares equipment and space with others.  Recognizes the established classroom procedures.  Follows teacher directions for safe participation and proper use of equipment with minimal reminders.  Recognizes that physical activity is important for good health.  Acknowledges that some physical activities are challenging/difficult.  Identifies physical activities that are enjoyable.  Recognizes the enjoyment of playing with others.  Accepts and respects differences and similarities of physical abilities in self and others. | Demonstrates basic dribbling skills with hands attempting multiple contacts.  Volleys a lightweight object (beach ball or balloon) upward using a variety of body parts.  Strikes a lightweight object (beach ball or balloon) using a short-handled implement).  Actively participates in physical education class.  Follows directions individually and in a group setting (follows rules and takes turns).  Acknowledges responsibility for behavior when prompted.  Shares equipment and space with others.  Recognizes the established classroom procedures.  Follows teacher directions for safe participation and proper use of equipment with minimal reminders.  Recognizes that physical activity is important for good health.  Acknowledges that some physical activities are challenging/difficult.  Identifies physical activities that are enjoyable.  Recognizes the enjoyment of playing with others.  Accepts and respects differences and similarities of physical abilities in self and others. | Catches a self-tossed object (ball, scarf, and beanbag).  Throws underhand with opposite foot forward.  Demonstrates basic dribbling skills with feet attempting multiple contacts.  Kicks a stationary ball from a stationary position (keeping eyes on the ball, stepping with the opposite foot next to ball, contacting the ball with dominant foot, and following through).  Strikes a lightweight object (beach ball or balloon) using a short-handled implement).  Actively participates in physical education class.  Follows directions individually and in a group setting (follows rules and takes turns).  Acknowledges responsibility for behavior when prompted.  Shares equipment and space with others.  Recognizes the established classroom procedures.  Follows teacher directions for safe participation and proper use of equipment with minimal reminders.  Recognizes that physical activity is important for good health.  Acknowledges that some physical activities are challenging/difficult.  Identifies physical activities that are enjoyable.  Recognizes the enjoyment of playing with others.  Accepts and respects differences and similarities of physical abilities in self and others. |