



Upcoming TRAINING

Each month the GaDOE and Acentra Health have proudly sponsored free webinar sessions for all Georgia Educators to enjoy.

MARCH SESSIONS

This month our sessions will be held on March 19 and March 21, 2024, from 4:00 to 5:00 pm

HEALTH BOUNDARIES AND WORK-LIFE BALANCE

MARCH 19, 2024 SESSION

This session will help participants identify various ways to achieve balance with personal, family, and work responsibilities

[REGISTER HERE](#)

BOOSTING YOUR MENTAL HEALTH

MARCH 21, 2024 SESSION

This sessions will help participants identify the importance of managing their own health and energy as an essential part of living a happy and healthy life

[REGISTER HERE](#)