

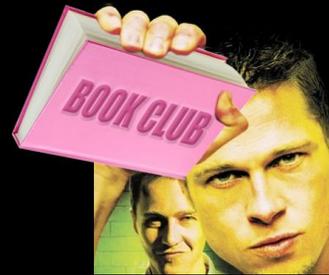
Library of Lifelines



How Books Can Provide a Spark of Life to Your Comprehensive School Counseling Program

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Savannah Chatham County Public School System



Determine your needs first.

Align with your annual agreement goals.

Make books a part of your annual curriculum.

Be creative in your use of books!

Academic goals- boosting test, reading scores.

Social goals- boosts in school climate, behavior.

Career goals- looking deeper into careers via a book club.

Program Goal Statements	
1	Career Focused: By the end of each school year, all students promoted from 8 th grade will have an Individual Graduation Plan, which highlights a general career goal and includes a plan of action for all courses to take in high school in preparation for college or other future opportunities. These classes will align with the students' ready-made career action survey, which will be accomplished through a series of classroom counseling lessons throughout all grade levels in middle school.
2	Personal/Social Focused: Cohesion will be built within the school's Gentleman's Club, Ladies Club, and Girls' Circle, which teach soft skills, communication, manners, and service to young men and women in 6 th , 7 th , and 8 th grades. A series of lessons on respect, responsibility, and life-skills will be conducted by the club leaders with assistance from the school counselor to enhance effectiveness. This will be measured by a reduction in group member behavior referrals by more than half.
3	Academic Focused: In conjunction with our school's Teacher Advancement Program (TAP) goal, our students will increase their Palmetto Assessment of State Standards (PASS) scores such that 100% of students will move a minimum of one year's growth from Spring to Spring testing. The school counselor will aid in this progress by teaching all students test-taking skills, hosting small groups on test anxiety and study skills, and through mentoring individuals who are behind and worried about succeeding by teaching skills, such as goal setting. This will be measured by the students' unofficial confidence assessments done by the school counselor in classroom and group lessons, and then in the summer, when PASS results are returned to the school.

Why Should this Matter?

- Focus will be on literacy and numeracy.
- How can literacy and careers go hand in hand?
- Will be a focus at our summer workshops for elementary.

Senate Bill 3, 2017 Not a LAW, but being proposed.

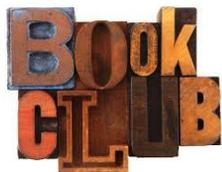
12 SECTION 2.
13 Chapter 2 of Title 20 of the Official Code of Georgia Annotated, relating to elementary and
14 secondary education, is amended by revising Code Section 20-2-145.1, relating to career
15 education, as follows:
16 "20-2-145.1.
17 The State Board of Education shall prescribe a minimum course of study in career
18 education for students in grades ~~kindergarten~~ six through 12. Such minimum course of
19 study shall be age appropriate and shall include, but not be limited to, ~~career awareness,~~
20 ~~career exploration;~~ and career oriented learning experiences. Career oriented learning

Various Ways to Use Books

Give your School Counseling Curriculum an upgrade using books as a spark! Collaborate with colleagues to determine books available and current standards.

- Small Groups
- Classroom Counseling Lessons
- Individual Sessions
- Consultations- suggesting books





Small Group Book Clubs: Picking Students

Teacher nomination

Reading Score Data- low enough to see a boost, high enough to be motivated

Type of Concern (grief, academics, social skills, anxiety, respect). Note- it's ok to have different needs in the same group.

Frequent flyers to school counselor's office

RTI tier 2 various behavioral and emotional resources

Small Groups Using Book Clubs: Preparation

Which book? Provided by school or parent?

Meet with each student individually to gauge interest

Parent permission form, informational letter

Make bookmarks (serves as hallpasses)

Collaborate with teachers

Things to think about:

time of group (lunch?)

location

group lesson plans/activities

keeping data- notebooks for every student

SWES 4th Grade Girls
Book Club meets every
Wednesday in the
library during lunch



Name: _____

idea inspired
by: JY Joyner
Counselor Blog

Book Club Funding

Speak to your media specialist and/or local public librarian about suggested titles.

He/she might have access to those books within district or able to order a class set.

During book fair, ask for sponsorship from PTA. Give them a wish list.

Community Sponsors- think advisory council.

Used book sales, library sales, garage sales

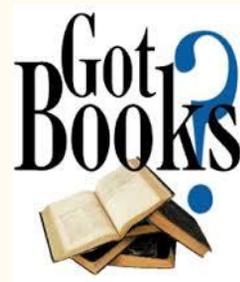
www.booksbythefoot.com Search- boxed children's books

Donors Choose

Apply for grants.

Each student/parent purchases their own copy to keep.

Teacher discount!



During Book Club: Suggested Student Jobs

Material Organizer- writing utensils, paper, notebooks, lunch supplies, if needed

Page Recorder- keeps track of page number

Summarizer- writes a brief synopsis of last chapter

Character Keeper- writes about each character introduced

Question Keeper- writes questions group has about plot, characters during reading

New Word Definer- writes words group is unsure of and defines them

Follow Up to Book Club

Host a celebration/culminating event to end the club (snack



Post assessment to determine effectiveness.

Ask teacher follow up on how students are doing.

Look at reading score data (SRI).

Take AR test, if applicable.

If applicable, have students vote on next book.

Send thank you notes to sponsors, if they helped with books, snacks, supplies.

Suggested Books for Book Clubs

The Hundred Dresses: girls, relational aggression, 2nd-8th.

Hatchet: boys, responsibility, respect for self and others, 4th-8th

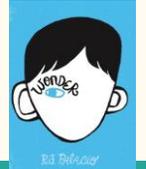
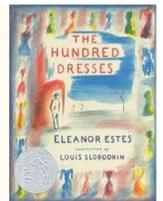
The Girls: girls, relational aggression, told in 1st person of each girl's perspective, 4th-6th

Blubber: girls, relational aggressions, 3rd-6th grade

Maniac McGee: boys, respect for others, responsibility, grief, 3rd-6th

Gifted Hands: boys, realizing your potential, respect for self, 5th-8th

Wonder: boys and girls, about a boy who goes to school for the first time after being homeschooled all of his life due to a facial deformity.



What stakeholders have to say about book club

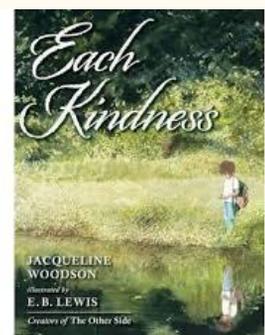
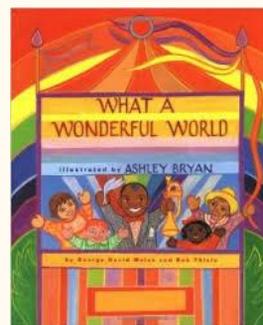
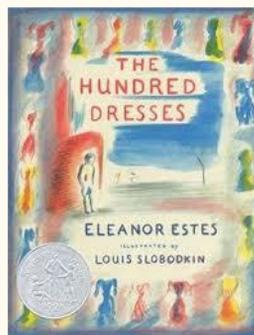
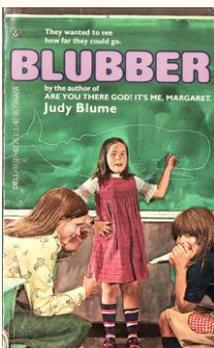
“I like that we met every week almost all semester. The book was relevant to what was going on in our lives, and that helped me get through 5th grade.”

- M, 5th grade girl

“Next time, let’s pick a book that has a movie and watch it after finishing the book when we have our book club party.” - E, 4th grade girl

“Kids need an outlet, someone to talk with outside of the home. Using a book helped _____ to identify how to cope.” - M, father

Classroom Lessons



name calling, teaching respect, understanding, diversity, tolerance, empathy

Book lesson: *Mindset* by Carol Dweck

Grade level: 4th-12th, parents, staff

Teach about fixed and growth mindsets and about famous failures, learning through mistakes

Ask questions: Fixed or Growth?

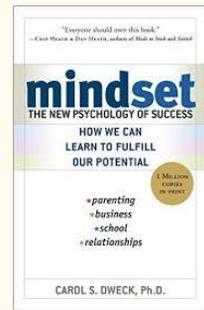
Hard work is how you become successful.

Some people are just born smart.

If someone criticizes me, it means they think I'm not good enough.

If someone criticizes me, it means they think I can do better.

Good supplemental videos:



Book lesson: *One* by Kathryn Otoshi

Grade Level: 3rd-6th, classroom or group.

Good for typing standards (note: 4th and 5th type GMAS responses)

Choose 7 students to act as colors while school counselor reads book aloud in class

Discuss and assign writing reflection:

Write about a time when you did something nice for someone because you saw that another person had hurt him/her. How did that person feel afterwards?

Have you ever wanted to stand up for someone who was being made fun of? Did you intervene? Why or why not?



Book lesson: *Simon's Hook* by Karen G. Burnett

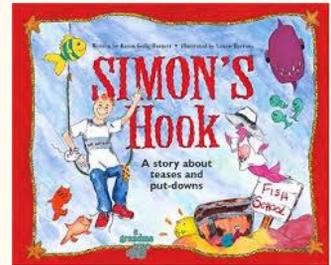
Grade level: 2nd-6th, classroom or group.

Read aloud and allow students to use fish puppet to act out the put downs (“fish face”)

Discuss the 5 strategies of how to respond to teasing and put-downs. Practice.

Writing reflection: Using one of the five the strategies learned today, how should you respond if you were teased in the following ways:

“Hey four eyes!”---“Nice hair! Did you cut it with a weed wacker?”--“That game is for babies!”



adapted from

<http://counselorscabinet.pbworks.com/>

Book: *Enemy Pie* by Derek Munson

Grade level: 3rd-6th, classroom or group.

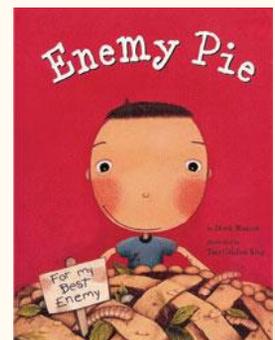
Read aloud and have students answer discussion or writing prompts:

What are the ingredients for enemy pie?

What makes you a good friend?

What things stir up friendship?

What's your recipe for a great friendship?



adapted from

www.themiddleschoolcounselor.com/

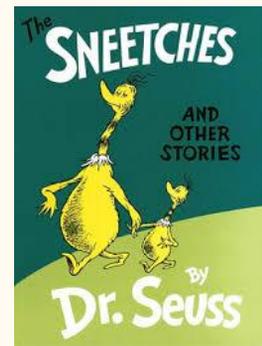
Book lesson: *Sneetches* by Dr. Seuss

Grade level: 3rd-6th, classroom or group.

Teaches inclusion vs. exclusion,
discrimination.

Read or show online video.

Do “Pepper People” Experiment which
illustrates how people disperse when
something bitter is said/done.



Book lesson: *What If Everybody Did That?*

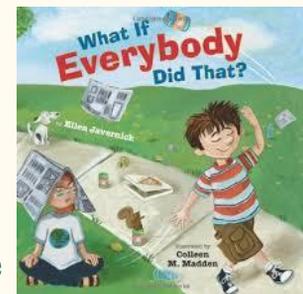
Grade level-K-8th

Importance of moderation

How what we do really does impact
environment

Fun, but meaningful

Draw pictures, write stories, or act out
scenarios of what would happen if everyone
did that.



Bibliotherapy- individually or in lessons

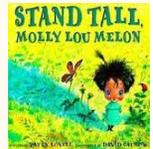
Julia Cook books- Julia has written over 3 dozen children's books. Book titles include A Bad Case of Tattletongue and Cliques Don't Make Cents. These books are marketed for students in K-6 and are fantastic for counselors.

Howard B. Wigglebottom- These books by Howard Binkow are for primary level students. Topics include listening and getting along well with others. www.wedolisten.org for lessons and videos to go along with the books

If Everybody Did- perspectives, minding manners, everything in moderation.

Frog & Toad-These books by Arnold Lobel are charming and often humorous books with short stories. All stories are about being a friend.

The Sneetches-This story by Dr. Seuss is a wonderful story about the importance of including others.



Stand Tall Molly Lou Melon- Patty Lovell, this book is about a girl who has terrific self-esteem who moves to a new school and is not swayed by a bully.

Bibliotherapy, specifically grief

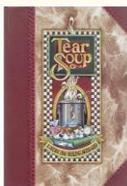
Tear Soup- Pat Schwiebert, Chuck DeKlyen, and Taylor Bills

The Invisible String- Patrice Karst

The Next Place- Warren Hanson

When Dinosaurs Die- Laurie Kransy Brown & Marc Brown

Badgers's Parting Gifts- Susan Varley



The Fall of Freddie the Leaf- Leo Buscaglia

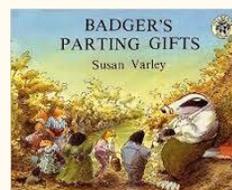
If Nathan Were Here- Mary Bahr

When Someone Very Special Dies- Marge Heegaard

The Tenth Good Thing About Barney- Judith Viorst- good for death of a pet.

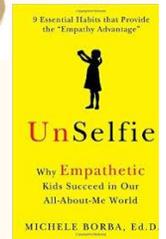
When a Pet Dies- Fred Rogers

For the Love of Emrys- Barbara Ann Simone



Counselor Cafe

Could be a parent or staff book club study, led by counselor
Unselfie- Dr. Michele Borba- online discussion guide available
The Leader in Me- Stephen Covey
The 7 Habit of Happy Kids- Sean Covey



Educator's panel discussion on a needed topic with parents invited

Children's book- for a one day topic, something controversial, or current

Ferdinand the Great- about being true to yourself- could be good for parents who are too hard on children with unrealistic expectations

The Kissing Hand or *I'll Love You Forever*- at a kindergarten Boo-Hoo breakfast for parents to alleviate the stress of dropping their little one off at big school

A timely current event article in a magazine or journal followed by a discussion (especially useful if tragedy has struck your school or something has rocked your community)

Women in STEM: Their Evolution, Triumphs, and Challenges by N. Susan Emeagwali in *Techniques* November/December 2016 issue

Parent Suggested Summer Reading

Kids get summer reading list, why not give parents a list of suggested titles of books geared toward parenting, normal developmental milestones and problems:

NurtureShock: New Thinking About Children by Po Bronson & Ashley Merryman

Mindset by Carol Dweck

Wired Child by Richard Freed

UnSelfie: Why Empathetic Kids Succeed in Our All-About-Me World by Michele Borba

Queen Bees and Wannabees by Rosalind Wiseman

Einstein Never Used Flash Cards: How Our Children Really Learn- and Why They Need To Play More and Memorize Less by Kathy Hirsh-Pasek & Roberta Michnick Golinkoff



Resources & Contact Info

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