

Sample Learning Objectives

Hierarchy of Objectives 1

Module objective: Given a simulated home/residential emergency, tell how to request emergency medical assistance.

Enabling Objectives:

- List the emergency response number for the area.
- Tell how to make an emergency call.
- Know you may be asked questions and given instructions. (potential video dramatization)
 - Know that being asked questions by the dispatcher does not impact the timeliness of response
- Given an emergency scenario of cardiac arrest in the adult, describe the initial actions to call for help and request an AED.
- Given an emergency scenario of child found in cardiac arrest, describe the initial actions to call for help and request an AED
- Given an emergency scenario of infant found in cardiac arrest, describe the initial actions to call for help

Hierarchy of Objectives 2

Module objective: Describe the signs of sudden cardiac arrest.

Enabling Objectives:

- Given a simulated cardiac arrest of family/friend with manikin, show how to check the victim
 - Check for scene safety
 - Check for response
 - Check for abnormal breathing
 - Recognize gasps and absent breathing as a lack of normal breathing
 - Agonal breathing is not normal breathing
- Given the responsiveness and breathing status of a victim, correctly determine the need for CPR

Hierarchy of Objectives 3

Module objective: Describe the signs of choking.

Enabling Objectives:

- List the signs of choking
- Differentiate a mild from severe block on the airway.
- Given the responsiveness and breathing status of a victim, correctly determine the need for choking treatment.

Hierarchy of Objectives 4

Module objective: Given a simulated cardiac arrest of family/friend with manikin, show how to give CPR to an adult

Enabling Objectives:

- Given an adult CPR manikin and a playing video demonstration, push on the chest to meet current standards for 100 compressions.
 - Show proper hand position
 - Perform chest pushes to correct depth without stopping
 - “Push Hard – Push Fast” at a rate of at least 100 per minute
 - Let chest return to normal between each chest compression
- List steps of CPR.
- Given a simulated cardiac arrest of family/friend with manikin, perform entire CPR sequence
 - Check for scene safety
 - Place the victim on a firm surface
 - Check for response and abnormal breathing
 - Phone local emergency response number and ask for AED
 - Perform chest compressions
- Tell how to use an AED
 - Tell how to turn the AED on
 - how and where to attach the pads (learner should state “follow the diagram”)
 - Know the need to simply follow the AED prompts
 - why and when to be sure no one is touching the victim
- Recognize that performing CPR is tiring
 - Know that if another rescuer arrives, the provider of CPR should change at approximately two minute intervals
 - Know that if a second rescuer is providing CPR, the first rescuer should give reminders that help improve the quality of the chest pushes

Acknowledgement and appreciation to Tonya Ehrhardt, Community CPR Manager, American Heart Association for providing this sample for Georgia’s teachers.

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