The following curriculum map is part of a GaDOE collection of instructional resources for Physical Education.

| **Unit/**  **Themes** | **Fall Themes (9 weeks)** | **Fitness Themes (9 weeks)** | **Winter Themes (9 weeks)** | **Spring Themes (9 weeks)** |
| --- | --- | --- | --- | --- |
| **GSE for Physical Education** | P.E. 1.1 (a, b, c, d, I, j)  P.E. 1.2 (b, c, d)  P.E. 1.3 (b)  P.E. 1.4 (a, b, c, d, e)  P.E. 1.5 (a, b, c, d, e) | P.E. 1.1 (b, p, q)  P.E. 1. 2 (a)  P.E. 1.3 (a, b, c, d)  P.E. 1.4 (a, b, c, d, e)  P.E. 1.5 (a, b, c, d, e) | P.E. 1.1 (e, f, g, h, k, n, o)  P.E. 1.2 (e)  P.E. 1.3 (b)  P.E. 1.4 (a, b, c, d, e)  P.E. 1.5 (a, b, c, d, e) | P.E. 1.1 (j, l, m, o)  P.E. 1.3 (b)  P.E. 1.4 (a, b, c, d, e)  P.E. 1.5 (a, b, c, d, e) |
| **SAMPLE Activities and Strategies** | * Tossing/Catching/Rolling * Locomotor/Non-locomotor * Chasing/Fleeing/Dodging * Playground Games * Parachute | * Fitness * Jump Rope * Dance * Scooter boards | * Weight Transfer * Striking * Hand dripple * Pass * Gymnastics/Tumbling * Paddle Games | * Kicking * Striking * Throw * Catch * Field Day |
| **Sport Related Activities** | * Football |  | * Tennis * Volleyball * Basketball | * Soccer * Baseball |
| **Key Concepts** | Performs hops, gallops, jogs, and slides using a mature form.  Performs mature pattern of jumping in a horizontal and vertical plane.  Performs non-locomotor and locomotor combinations.  Performs mature form of landing in a horizontal and vertical plane.  Demonstrates underhand throwing techniques following teacher cues.  Catches various sized objects.  Travels demonstrating low, medium, and high levels).  Travels over, under, around, and through a variety of objects.  Differentiates between fast and slow speeds.  Actively engages in physical education class.  Accepts personal responsibility by using equipment and space appropriately.  Follows the rules and procedures of the learning environment.  Responds appropriately to feedback from the teacher.  Works independently with others in small and large groups.  Follow teacher directions for safe participation and proper use of equipment with minimal teacher reminders.  Recognizes physical activity as a component of good health.  Recognizes that challenges in physical activity can lead to success.  Describes positive feelings that result from physical activities.  Identifies personal likes and dislikes regarding participation in physical activities with others.  Accepts and respects differences and similarities in physical abilities in self and others. | Performs mature pattern of jumping in a horizontal and vertical plane.  Jumps forward or backward consecutively using a self-turned rope.  Jumps a long rope consecutively with teacher assisted turning.  Responds to different beats/rhythms in personal and general space.  Discusses the benefits of exercising/playing and being active.  Actively engages in physical education class.  Identifies the heart as a muscle that grows stronger with exercise, play and physical activity.  Practices the proper protocol for each Georgia Fitness Assessment component.  Accepts personal responsibility by using equipment and space appropriately.  Follows the rules and procedures of the learning environment.    Responds appropriately to feedback from the teacher.    Works independently with others in small and large groups.    Follow teacher directions for safe participation and proper use of equipment with minimal teacher reminders.    Recognizes physical activity as a component of good health.    Recognizes that challenges in physical activity can lead to success.  Describes positive feelings that result from physical activities.  Identifies personal likes and dislikes regarding participation in physical activities with others.  Accepts and respects differences and similarities in physical abilities in self and others. | Maintains balance on different bases of support while maintaining different body shapes.  Transfers weight from one body part to another maintaining personal space.  Rolls with either a narrow or curled body shape.  Demonstrates twisting, curling, bending, and stretching actions.  Dribbles continuously in personal space using the dominate hand.  Volleys an object upward with an open hand.  Strikes an object with a short-handled implement using a proper grip.  Differentiates between strong and light force.  Actively engages in physical education class.  Accepts personal responsibility by using equipment and space appropriately.  Follows the rules and procedures of the learning environment.  Responds appropriately to feedback from the teacher.  Works independently with others in small and large groups.  Follow teacher directions for safe participation and proper use of equipment with minimal teacher reminders.  Recognizes physical activity as a component of good health.  Recognizes that challenges in physical activity can lead to success.  Describes positive feelings that result from physical activities.  Identifies personal likes and dislikes regarding participation in physical activities with others.  Accepts and respects differences and similarities in physical abilities in self and others. | Catches various sized objects.  Dribbles a ball using the inside of the foot while walking in general space.  Approaches a stationary ball and kicks it forward while refining correct kicking form (keeping eye on the ball, walking up to the ball, stepping with the opposite foot next to ball, contacting the ball with dominate foot, and following through).  Strikes an object with a short-handled implement using a proper grip.  Actively engages in physical education class.  Accepts personal responsibility by using equipment and space appropriately.  Follows the rules and procedures of the learning environment.  Responds appropriately to feedback from the teacher.  Works independently with others in small and large groups.  Follow teacher directions for safe participation and proper use of equipment with minimal teacher reminders.  Recognizes physical activity as a component of good health.  Recognizes that challenges in physical activity can lead to success.  Describes positive feelings that result from physical activities.  Identifies personal likes and dislikes regarding participation in physical activities with others.  Accepts and respects differences and similarities in physical abilities in self and others. |