Attitude Adjustment:
Successful Co-teaching Strategies 101

IDEAS Conference 2014
St. Simon’s Island
June 3, 2014

Dr. Barbara J. Stoffer, Special Education Coordinator
Bibb County Schools

Mr. Justin Schanck, Special Education Lead Teacher
Bibb County Schools

Ms. Donna Poole, Director of Special Education
Bibb County Schools
Icebreaker Activity – 10 min.

- Tear off some toilet tissue from the roll.
- Based on the number of sheets you tore, discuss how attitudes affect teacher collaboration with the co-teaching process. Be specific with behavioral examples.
Beach Ball Activity

- Throw the ball to each other. Talk about your experience with co-teaching using only one letter in the word “co-teaching” and briefly explain.

- Example: My experience using the letter “I” was Intimidating. My co-teacher made me feel inferior to him/her and treated me like I was a paraprofessional.

Co-teaching is a service delivery system designed to share instructional responsibility for a single group of students primarily in a single classroom or workspace for specific content (objectives) with mutual ownership, pooled resources, and joint accountability, although each individual’s level of participation may vary.
Co-teaching Models

- Parallel Teaching
- Alternative Teaching
- Complimentary or Team Teaching
- One Teach - One Observe
- One Teach - One Drift
- Station Teaching
Benefits of Collaboration in Co-teaching

- Sharing diverse knowledge, ideas, and expertise
- Awareness of successful teaching strategies
- Consistency and integration across grade levels and subjects
- Support from other professionals
- Moral support from colleagues
- Professional growth
Rationale for Co-teaching

- Increases instructional options
- Improves program intensity and continuity
- Reduces stigma for children by avoiding pull-out situations
- Increases professional support
Strategies for Co-teaching

When one teacher leads lecture/discussion, the other teacher:

- Models note-taking on board
- Provides visual representation
- Draws, diagrams, illustrates
- Points out and discusses pictures in a textbook
- Writes important words or directions on board
- Charts responses
- Adds verbal support and feedback
- Asks for clarification
- Asks additional questions
- Gives additional examples
- Rewords or paraphrases
- Restates important information
Strategies for Co-teaching (cont’d.)

- Leads guided practice, provides feedback to entire class
- Monitors independent practices; provides individual assistance
- Presents one side of a debate
- Role plays concepts and examples
- Monitors cooperative learning groups (Zone 1)
- Monitors lab/experiment (Zone 1)
- Demonstrate steps in an experiment
- Leads content instructions
- Leads introduction
- Monitors work of students during guided practice, proximity control
- Monitors independent practices and provides individual assistance
- Presents the other side of a debate
- Role plays concepts and examples
- Monitors cooperative learning groups (Zone 2)
- Monitors lab/experiment (Zone 2)
- Models recording and illustrating results
- Integrates and teaches learning strategies with content learning (e.g. mnemonics, SQ3R, LINCS, spelling hints)
- Monitors/supports organization (e.g. agendas, class, notebooks, Cornell Notes)
Importance of Professional Learning

- Professional Learning examples in Bibb County
SWD Data
Weaver Middle School

SWD's Meet and Exceeds for Weaver

<table>
<thead>
<tr>
<th>Year</th>
<th>Language Arts</th>
<th>Math</th>
<th>Reading</th>
<th>Science</th>
<th>Social Studies</th>
</tr>
</thead>
<tbody>
<tr>
<td>2011</td>
<td>54%</td>
<td>26%</td>
<td>51%</td>
<td>11%</td>
<td>8%</td>
</tr>
<tr>
<td>2012</td>
<td>50%</td>
<td>38%</td>
<td>56%</td>
<td>14%</td>
<td>11%</td>
</tr>
<tr>
<td>2013</td>
<td>66%</td>
<td>43%</td>
<td>76%</td>
<td>14%</td>
<td>23%</td>
</tr>
</tbody>
</table>
Testimonial: Principal Mr. J. Montgomery
Weaver Middle School
Co-Teaching Manual – Weaver Middle School

Self-Talk Positive Attitude Guide
TEACHER is a Full Form of:

T - Talent
E - Education
A - Attitude
C - Character
H - Harmony
E - Efficient
R - Relation
Having a Positive Attitude

There is little difference in people, but that little difference makes a big difference. The little difference is attitude. The big difference is whether it is positive or negative.

- W. Clement Stone
Having a Positive Attitude

In The Vast, Unstatable Importance of a Positive Attitude, Leo Babuata, head writer of Zen Habits, writes about having a positive attitude. He states:

“It changes how you interact with people, and that in itself is huge. If people perceive you as a negative person, they tend to get tired of dealing with you after awhile. But if you’re a positive person, you come off in a more positive light, and you’re a joy to talk to and work with and be with.”

He also gives these suggestions for changing the way you think and I thought about how teachers could change the way they think in order to be happier and not get burned out. Too many times I have seen new teachers give up because of negative thinking. Here are Leo’s suggestions with my spin on each suggestion:

1. **“Squash negative thoughts.”** Too many times I have heard teachers say on Sunday night that they hate the thought of Monday arriving or groan when Monday arrived. I have always tried to see Mondays as looking forward to seeing my students and hear how their weekend went. I also tried to see the new week as a way to make a fresh start and be a better teacher this week than I was last week by learning from my mistakes or trying new techniques.

2. **“Mantras.”** My husband is my true hero in all of this. For the past 30 years, he would wake up and say “I feel great! It is so great to be alive!” You would never know that he was not feeling well or grumpy. He felt that by saying that, he even felt better and it changed the way he saw the day. As a teacher, as soon as I arrived in my classroom, I would say, “I’m so glad to be here and I’m going to make a difference today!”
Though it's not easy, it's important to stay positive in negative situations. Beat the negative situations by staying positive. Here are 15 tips on how to do it; pick the ones that work for you:
15 Positive Attitude Tips (1-6)

- Never respond when you are not calm. If you are not sure that you are calm, don't respond. Take time to calm yourself down first.
- Take a deep breath as a first step to calm yourself down.
- Speak in a gentle tone to reduce the tension of the situation.
- Realize that you can find opportunities in negative situations. Albert Einstein said: "In the middle of every difficulty lies opportunity."
- Look at the content of what people say to you for something positive that you can act upon to improve yourself. Don't just reject the whole messages.
- For the rest of the messages which is negative, simply ignore it.
15 Positive Attitude Tips (7-10)

- Talk to a positive friend who can encourage you.
- Remember your favorite quotes to give you inspiration and motivation. This is one reason why you should have a quote of the day.
- Look at the negative situations as your training sessions for real life. The higher you climb in life, the worse the negative situations would be, so you better be prepared for them.
- Realize that you can't please everyone. In fact, nobody can. Sometimes you need to just let some people go. Realizing this will relieve you from a lot of unnecessary burden so that you can focus on the people that you can positively interact with.
15 Positive Attitude Tips (11-15)

- Maintain a positive view of people. Maybe you don't like their messages or behavior, but that doesn't mean that you can hate them personally.
- Realize that having negative feelings will just hurt you, not them. There is no reason for you to have any negative feeling.
- If you make mistakes, be open to admit it.
- If you make mistakes, remember this quote by George Bernard Shaw, "A life spent making mistakes is not only more honorable, but more useful than a life spent doing nothing."
- If you can, listen to a motivational audio program to feed positive thoughts into your mind.
Success or Failure

CAN YOU NAME....

1. ...a famous person who was defeated seven times while running for political office?
2. ...a cartoonist who was told by the editor of the Kansas City newspaper, “It’s easy to see from these sketches that you have no talent.”
3. ...an author whose first children’s book was rejected by 23 different publishers?
4. ...a famous singer who was fired after his first performance at the Grand Ole Opry?
5. ...a famous actress who dropped out of high school and held a variety of odd jobs, including doing the hair and make-up for corpses, before finally succeeding in show business?
6. ...a famous author who lived on welfare for years in an apartment infested with mice?
7. ...a famous athlete who was cut from the varsity basketball team his sophomore year in high school?
8. ...an inventor who was thrown out of school in the early grades because his teachers thought he couldn’t learn?
9. ...a famous Harvard University drop out?
10. ...an inventor of a fried chicken recipe that was rejected by more than 1000 restaurants?
1. Abraham Lincoln was defeated in eight different elections. Yet he persisted and succeeded in becoming the 16th, and one of the most respected, presidents of the United States.

2. Walt Disney was told he had no talent and fired from a newspaper job. He wound up doing volunteer work for a church in an old run down garage. One day he decided to sketch one of the many mice that were running through the garage. This mouse became the famous “Mickey Mouse.”

3. Twenty-three different publishers rejected Dr. Seuss’s first book, while the 24th accepted and sold 6 million copies of it.

4. Elvis Presley was fired after his first performance at the Grand Ole Opry. The manager told him, “You ain’t going nowhere, son. You ought to go back to driving a truck.” He went on to become one of the most famous American singers of the 20th century.

5. Whoopi Goldberg dropped out of high school, was on welfare and worked as a bricklayer, bank teller and licensed cosmetician. After graduating from Beauty College, she took a job at a mortuary fixing the hair of and applying make-up to the corpses.

6. J.K. Rowling, author of the Harry Potter series, lived on welfare for years, in an apartment infested with mice, and was rejected by 12 publishers before going on to fame and fortune.
7. Michael Jordan was the athlete who was cut from the varsity basketball team in his sophomore year of high school. Angry and embarrassed, he began to get up early each morning to practice with the junior varsity coach. Eventually he not only made the varsity team, but also became one of the most popular athletes in the world. Michael Jordan is quoted as saying, “I have missed more than 9,000 shots in my career. I have lost almost 300 games. On 26 occasions I have been entrusted to take the game winning shot, and I missed. I have failed over and over and over again in my life, and that is why I succeed.”

8. Thomas Edison was the inventor who was kicked out of school. Following this, he was homeschooled by his mother. It took him over 700 tries before he got the filament right for the light bulb. Edison is quoted as saying, “I have not failed seven hundred times. I have not failed once. I have succeeded in proving that those seven hundred ways will not work. When I have eliminated the ways that will not work, I will find the way that will work.”

9. Mark Zuckerberg dropped out of Harvard University. He went onto become the youngest millionaire (at the age of 26) and is the CEO of Facebook.

10. Harland David Sanders (better known as Colonel Sanders) had his fried chicken recipe rejected by more than 1,000 restaurant owners before it was accepted by one. Today, people still eat it at KFCs across the world.
Co-Teaching Activity (Index Card)

Participants identify their three most important beliefs about each of the components of the co-teaching relationship. The five components of the co-teaching relationship are listed below:

- Physical Arrangement
- Curriculum Goals and Modifications
- Instructional Presentation
- Classroom Management
- Assessment
THANK YOU!

Patti Labelle – “New Attitude”