



The loss of a loved one, friend, coworker, or acquaintance to suicide forever changes our lives, and it can leave us with lots of questions and difficult emotions.

Support for Survivors of Suicide Loss is a free guide for anyone who has experienced the loss of someone to suicide. The guide provides resources to help survivors navigate grief as well as information about community and counseling supports to aid in healing.



Download a copy of Support for Survivors of Suicide Loss

http://bit.ly/sos-support

Resources for Survivors of Suicide Loss

Georgia Crisis and Access Line (GCAL)

1.800.715.4225 (GCAL)

American Foundation for Suicide Prevention (AFSP)

I've Lost Someone - http://afsp.org/ive-lost-someone
Healing Conversations (peer-to-peer support) - http://afsp.org/healing-conversations

Suicide Awareness Voices of Education (SAVE)

Grief Support - https://save.org/what-we-do/grief-support/
Coping with Suicide Loss - https://save.org/find-help/coping-with-loss/

National Suicide Prevention Lifeline

Loss Survivors - https://suicidepreventionlifeline.org/help-yourself/loss-survivors/

Alliance of Hope - https://allianceofhope.org/

Friends for Survival - https://friendsforsurvival.org/

Clinicians as Survivors - http://cliniciansurvivor.org

TAPS (Tragedy Assistance Program for Survivors) - https://www.taps.org/suicideloss

The Link Counseling Center - https://www.thelink.org/

Suicide Prevention Action Network – Georgia (SPAN-GA) - https://www.span-ga.org/

Georgia Community Service Boards <u></u>

https://dbhdd.georgia.gov/locations/community-service-board

Other Resources for Survivors

The following resources are available at the link below:

- Children, Teens, and Suicide Loss
- Georgia Survivors of Suicide (SOS) Loss Groups
- Resources for Suicide Loss Survivors
- Self-Care Strategies for Resilience
- SOS Handbook (English and Spanish)
- Suicide Prevention Resources for Survivors of Suicide Loss
- Surviving a Suicide Loss: A Resource and Healing Guide

