



### April National Health

- [Alcohol Awareness Month](#)
- [Medicaid Awareness Month](#)
- [National Autism Awareness Month](#)
- [National Cancer Control Month](#)
- [National Donate Life Month](#)
- [National Facial Protection Month](#)
- [Occupational Therapy Month](#)
- [Oral Cancer Awareness Month](#)
- [Parkinson's Awareness Month](#)
- [Sexual Assault Awareness & Prevention Month](#)
- [STI Awareness Month](#)
- [National Public Health Week – Healthiest Nation 2030: April 1 - 7](#)
- [Oral, Head, and Neck Cancer Awareness Week: April 11 - 16](#)
- [Every Kid Healthy Week: April 19 - 23](#)
- [World Immunization Week: April 22 - 28](#)



### Upcoming Workshops

**Stewards of Children** - Join **Children's Healthcare of Atlanta** as Stewards of Children demonstrates how to prevent, recognize and react responsibly to child sexual abuse and teaches five proactive steps to protecting children.

Children's Healthcare of Atlanta  
Office Park Learning Center  
1680 Tullie Circle NE  
Atlanta, GA 30329

**Contact:** Angie Boy- 404-785-5004

[cpctraining@choa.org](mailto:cpctraining@choa.org)

[On-Demand Child Sex Trafficking Trainings](#)

### Counseling & Social Services

**View Lesson on Nurturing Mental and Emotional Health**

Do you want to teach your sixth to 12<sup>th</sup> grade students healthy coping skills to help build resilience? Look no further than the ["Nurturing My Mental and Emotional Health" lesson plan](#), brought to you by the National Institute on Drug Abuse. Students will learn to practice health-enhancing behaviors.

[Free Your Feels Outreach Toolkit](#)

**Upcoming Virtual Children's Mental Health Day**

Did you know that, each year, the month of May is Mental Health Month? And one week during May is specifically designated as Children's Mental Health Awareness Week! May 2-8, 2021 is Children's Mental Health Awareness Week across the nation.

Join Georgians across the state on May 6 from 10am to 12pm for our Virtual Children's Mental Health Day! This awareness event shines a spotlight on the importance of caring for every child's mental health and reinforces that positive mental health is essential to a child's healthy development. We hope you'll join us in 2021!

**REGISTER HERE.**

## Healthy School Environment

### National Playground Safety Week is April 26-30, 2021

Do your part to make playgrounds safer for kids! Learn about your local playgrounds and the equipment they have, follow the safety rules, and think about ways you can help others learn to safely use the equipment. Learn more about playgrounds and how to play safely from the [National Program for Playground Safety](#).

### SNAP-Ed Physical Activity Resources

Looking for tips to stay active all year? The U.S. Department of Agriculture Supplemental Nutrition Assistance Program (SNAP) provides educational resources to help you stay active in and outdoors. The [USDA SNAP-Ed Connection](#) has resources about how to stay active.

### Encourage Your Children to Start Moving!

Are your children getting enough exercise? The Office of Disease Prevention and Health Promotion has an interactive graphic and resources to help parents and caregivers encourage their children to move. [Learn more about Move Your Way's tools and resources.](#)



## Community Involvement

### 2021 National Association of County and City Health Officials 360 Conference

The 2021 NACCHO 360 Conference will highlight what is driving public health forward and explores how public health policies are developed to respond to new and emerging trends. It's taking place June 29-July 1, 2021. [Read more about the conference and register.](#)

### Register for Webinar Addressing Family-School Partnerships

Calling all educators and parent leaders! Join Action for Healthy Kids on Wednesday, May 5, 2021 from 2:30 pm-3:15 pm CST for the *Building Family-School Partnerships for Kids Health* webinar. Participants will learn how to identify needs, create common goals, and build long-lasting family-school partnerships. [Read more details and register for the webinar.](#)

## School Health Services

### April Is Autism Awareness Month

According to the Centers for Disease Control and Prevention (CDC), autism spectrum disorder is a developmental disability that may cause behavioral, social, and communication challenges. During the month of April, commit to supporting the inclusion and participation of people with autism. [Read CDC's information about autism to learn more.](#)

## Nutrition Services

### USDA Extends Free School Meals

The U.S. Department of Agriculture announced the extension of several waivers that allow children to receive nutritious meals throughout the summer. The waivers allow meals to be served at no cost, outside group settings and mealtimes. Parents and guardians can pick up multiple days of food at once in some school districts. [Visit the USDA for more information.](#)

### Explore School Nutrition Policies, Social and Emotional Climate and Learning

The Centers for Disease Control and Prevention released a new [research brief](#) addressing the connection between school nutrition, social and emotional learning, and social and emotional climate. The brief includes a description of social and emotional learning. It also provides examples of school nutrition policies and practices that reflect each competency. [See more details about CDC's brief.](#)

### Eat a variety of foods!

During #NationalNutritionMonth and beyond, choose nutrient-rich foods that represent the five basic food groups. Use these tips to get started: [NutrientRichTips](#). Did you know that school meals contain foods from all five food groups? They also include Georgia grown foods such as this month's Harvest of the Month Feature-Strawberries. Check out this strawberry recipe: [Strawberry Kabobs](#).

## COVID-19 Resources

### Tips for Students Dealing with Stress during COVID

Stress does not only effect adults. Whether it's learning at home or in the classroom, school can be stressful for students. Teachers, parents, and siblings can help support students through stressful times. Learn about tools to [manage back to school stress](#) and tips to [help a child's back to school anxiety](#).

## Employee Wellness

### School Employee Wellness

Fostering the physical and mental health of school employees also helps to support students' health and academic success. Every school employee, no matter the role they play, contributes to a school's mission. School staff can give their best when they feel their best. School employee wellness programs can help. Read more [HERE](#).













## Fueling Georgia's Future

### April Harvest of the Month

# STRAWBERRIES

### Georgia Grown Resources

**Classroom Resources:** Resources include downloadable activity books, bulletin board kits, commodity fun facts, Georgia Grown videos and more, from Georgia Grown.

<p><b>JULY</b> Peaches</p> 	<p><b>AUGUST</b> Watermelon</p> 	<p><b>SEPTEMBER</b> Apples</p> 
<p><b>OCTOBER</b> Zucchini</p> 	<p><b>NOVEMBER</b> Sweet Potatoes</p> 	<p><b>DECEMBER</b> Lettuce</p> 
<p><b>JANUARY</b> Greens (COLLARD, MUSTARD, TURNIP)</p> 	<p><b>FEBRUARY</b> Cabbage</p> 	<p><b>MARCH</b> Root Vegetables (CARROTS, BEETS, RADISHES)</p> 
<p><b>APRIL</b> Strawberries</p> 	<p><b>MAY</b> Blueberries</p> 	<p><b>JUNE</b> Tomatoes</p> 

## Funding Opportunities

### Get a Salad Bar in Your School

Does your school have a salad bar? If not, apply for a grant from [Salad Bars to Schools](#). Applications are accepted year-round and are reviewed in the order they are received. It may take up to 12-14 months to fund a school salad bar. To qualify, the salad bar must be part of the reimbursable meal served in your district.

### Target Field Trip Grants

Since 2007, the [Target Company](#) has donated more than \$16 million in grants to the improvement of education. Each Target store in the United States will award three Target Field Trip Grants, enabling one in 25 schools throughout the country to send a classroom on a field trip.

### Firehouse Subs Public Safety Foundation AED Grants

- Portal reopens January 1, 2021

[Click here to learn more.](#)

### Apply for a Grant to Improve Your Community

If you have a plan for helping your community but need some money to get started, Walmart may be able to help. Walmart's Local Community Grant Program awards grants to eligible kindergarten-through-12th grade public, private or charter schools. Proposed projects could be a soup kitchen, food pantry, clothing closet or other activities that benefit the community at large. The deadline to apply is December 31, 2021. Visit the [Local Community Grant Program](#) for a complete list of eligibility requirements and areas of funding.

### NASN Research Grants

Purpose: To encourage and support research regarding school nursing and health of school aged children.

To advance and fund quality school nursing practice and school-affiliated delivery of healthcare.

### Program Donates Equipment & Apparel for Sports

Does your school need help getting sports equipment and apparel? If it does, [apply for a donation from Good Sports](#). The application process will open in January. If selected, your school will gain access to the Good Sports catalog for available inventory. Schools must serve young people between ages 3-18 years old. More than half of the student body must be eligible for free or reduced lunches.

## Helpful Links from NASN

- ⇒ [ASTHMA](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [COVID-19](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

*Resources obtained from the*

*[National Association of School Nurses Website](#)*

## Children's Healthcare of Atlanta – School Health Program

CHOA's School Health Program offers [school nurse updates](#) and webinars on clinical pediatric topics; staff education for school districts in metro Atlanta; reviews and revisions of the [school health manual](#); serves as a contact for school nurses to call to discuss programmatic needs and difficult cases; and provides the CHOA/DPH [Common Infectious Illness poster](#), [Behavioral Health resources](#), and [Educational Videos](#). CHOA also provides nutritional and wellness resources through the [Strong 4 Life Program](#).

For questions or requests, call 404-785-7202, or email [schoolhealth@choa.org](mailto:schoolhealth@choa.org)

Click [here](#) for more information or [here](#) to opt-in to receive School Health news.

## CHOA Events and Trainings

### Diabetes Caregiver Class

Tuesday, April 27 from 8:30 a.m.-1:00 p.m.

### Diabetes Caregiver Class

Tuesday, May 25 from 8:30 a.m.-1:00 p.m.

### Diabetes Caregiver Class

Tuesday, June 22 from 8:30 a.m.-1:00 p.m.

**Not on the CHOA School Health mailing list? Go to this link to subscribe: <http://pages.choa.org/School-Nurse-OptIn.html>**



**Children's**  
Healthcare of Atlanta

Please use the QR Code below to sign up for the **Georgia Student Wellness Educating the Whole Child Newsletter**



## School Health Resources

### Department of Public Health– School Health Program

The GA Department of Public Health provides leadership, training, and consultation to all health districts, school districts, and nurses serving children in the school setting.

For more information contact:

[schoolhealth@dph.ga.gov](mailto:schoolhealth@dph.ga.gov)



## Alcohol Awareness Month

[Alcohol Awareness Month Toolkit](#)

[Stop Alcohol Abuse](#)

[Stop Underage Drinking](#)

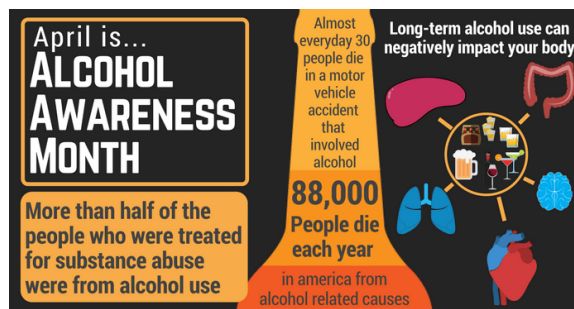
[Talking With Your College-Bound Young Adult About Alcohol](#)

## National Autism Awareness Month

[Autism Month Resources](#)

[PBS Kids and Autism Awareness](#)

[Autism Acceptance Month](#)



## Sexual Assault Awareness & Prevention Month

[Sexual Assault Awareness Month](#)

[Sexual Assault Awareness Resources](#)

## Child Abuse Prevention Month

[Resource Guide](#)

[Toolkit](#)



## Medicaid Awareness Month

[InsureKidsNow.gov has an Outreach Tool Library](#) filled with various print and online materials and toolkits with resources to reach children and teens eligible for Medicaid and CHIP.

## National Public Health Week

The theme for [National Public Health Week 2021 is "Building Bridges to Better Health."](#) The American Public Health Association (APHA) has social media graphics and fact sheets to share for each of the days themes.

## Every Kid Healthy Week

[Action for Healthy Kids is encouraging schools to participate in Every Kid Healthy Week](#), with a 5 day schedule of activities, ideas, and resources. You can sign up to register your school to share your activities with others and stay connected!

## American Lung Association

Facilitator training opportunity available through the American Lung Association (ALA) for the [Kickin' Asthma Program](#), which teaches children and teens how to recognize and manage their asthma. For more information, contact Simone Davis at the Georgia Department of Public Health - [simone.davis@dph.ga.gov](mailto:simone.davis@dph.ga.gov).