The following curriculum map is part of a GaDOE collection of instructional resources for Physical Education.

| **Unit/**  **Themes** | **Fall Themes (9 weeks)** | **Fitness Themes (9 weeks)** | **Winter Themes (9 weeks)** | **Spring Themes (9 weeks)** |
| --- | --- | --- | --- | --- |
| **GSE for Physical Education** | P.E. 5.1 (d,e,f,i)  P.E. 5.2 (a,b,c)  P.E. 5.4 (a,b,c,d)  P.E. 5.5 (a,b,c) | P.E. 5.1 (a,b,c,p)  P.E. 5.2 b  P.E. 5.3 (a,b,c,d,e,f,g,h)  P.E. 5.4 (a,b,c,d)  P.E. 5.5 (a,b,c) | P.E. 5.1 (a,b,c,g,k,l,m,o)  P.E. 5.2 (a,b,c)  P.E. 5.4 (a,b,c,d)  P.E. 5.5 (a,b,c) | P.E. 5.1 (d,e,f,h,i,j,n,o)  P.E. 5.2 (a,b,c)  P.E. 5.4 (a,b,c,d)  P.E. 5.5 (a,b,c) |
| **SAMPLE**  **Activities and Strategies** | * Tossing/Catching * Flag Football * Chasing/Fleeing/Dodging * Playground Games | * Fitness Testing * Jump Rope * Dance * Scooter boards | * Tumbling * Paddle Games * Volleyball * Basketball | * Fitness Post-Test * Field Day |
| **Sport Related Activities** |  |  | * Gymnastics * Tennis * Volleyball * Basketball | * Hockey * Soccer * Baseball |
| **Key Concepts** | Throws overhand and underhand with a mature form and a variety of objects with accuracy.  Throws accurately while both partners are in motion.  Catches an object with both partners moving.  Demonstrate mature form of kicking and punting in a small-sided game.  Applies concepts of open and closed spaces in a practice or game setting.  Analyze moment and applies movement concepts in practice or games. (force, direction, speed, pathways, shapes and levels)  Applies basic offensive and defensive tactics and strategies in game settings (invasion, chasing/fleeing, net/wall, and field).  Engage in responsible behavior through adherence to rules and procedures.  Participates in independent and cooperative responsibility.  Gives and accepts corrective feedback.  Applies safety principles with peers and equipment.  Compares health benefits of participating in physical activity.  Analyze enjoyment or challenges of various physical activities.  Describe social benefits of participating in physical activities. | Demonstrate mature patterns of locomotor skills in a variety of small-sided games, dance, and educational gymnastics.  Creates repeatable dances, gymnastic routines or jump rope routines.  Combine balance and weight transfer in gymnastics and/or dance sequences.  Creates and/or performs a jump rope routine with a partner or group.  Analyze moment and applies movement concepts in practice or games. (force, direction, speed, pathways, shapes and levels)  Summarize the effects of physical activity on body systems.  Design a plan to use physical activity to enhance fitness.  Participate in the Georgia Fitness Assessment Program with Teacher supervision.  Compare Georgia Fitness Assessment results to Health Fitness Zones (HFZ).  Identify strategies to improve areas of need based upon Fitness results.  Analyze opportunities to participate in physical activity outside of physical education class for fitness benefits.  Engage in responsible behavior through adherence to rules and procedures.  Participates in independent and cooperative responsibility.  Gives and accepts corrective feedback.  Applies safety principles with peers and equipment.  Compares health benefits of participating in physical activity.  Analyze enjoyment or challenges of various physical activities.  Describe social benefits of participating in physical activities. | Demonstrate mature patterns of locomotor skills in a variety of small-sided games, dance, and educational gymnastics.  Creates repeatable dances, gymnastic routines or jump rope routines.  Combine balance and weight transfer in gymnastics and/or dance sequences.  Combine hand-dribbling with other skills during a game.  Volley underhand using a mature form in a small-sided game.  Volley a ball overhead using a mature form correctly.  Consecutively strikes an object with a partner using a short-handled implement over a net, line, or against a wall.  Combine traveling with manipulative skills (soccer kick into a goal, hit into hockey goal, shoot into a basketball goal)  Applies concepts of open and closed spaces in a practice or game setting.  Analyze moment and applies movement concepts in practice or games. (force, direction, speed, pathways, shapes and levels)  Applies basic offensive and defensive tactics and strategies in game settings (invasion, chasing/fleeing, net/wall, and field).  Engage in responsible behavior through adherence to rules and procedures.  Participates in independent and cooperative responsibility.  Gives and accepts corrective feedback.  Applies safety principles with peers and equipment.  Compares health benefits of participating in physical activity.  Analyze enjoyment or challenges of various physical activities.  Describe social benefits of participating in physical activities. | Throws overhand and underhand with a mature form and a variety of objects with accuracy.  Throws accurately while both partners are in motion.  Catches an object with both partners moving.  Combines dribbling with feet and other skills in small-sided games.  Demonstrate mature form of kicking and punting in a small-sided game.  Passes accurately and receives with the feet from a partner while traveling.  Strike an object with a long-handle implement demonstrating mature form.  Combine traveling with manipulative skills (soccer kick into a goal, hit into hockey goal, shoot into a basketball goal)  Applies concepts of open and closed spaces in a practice or game setting.  Analyze moment and applies movement concepts in practice or games. (force, direction, speed, pathways, shapes and levels)  Applies basic offensive and defensive tactics and strategies in game settings (invasion, chasing/fleeing, net/wall, and field).  Engage in responsible behavior through adherence to rules and procedures.  Participates in independent and cooperative responsibility.  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