



Georgia Department of Education

Georgia School Nurse NEWS

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EDUCATING GEORGIA'S FUTURE

APRIL 2017

April is Alcohol Awareness Month

For the Health of It:
Early Education on
Alcoholism and Addiction

FACT: Alcohol is the country's most widely used legal drug, and most widely used substance among American Youth

MARCH NATIONAL HEALTH OBSERVANCES

- ⇒ [Alcohol Awareness Month](#)
- ⇒ [National Autism Awareness Month](#)
- ⇒ [National Child Abuse Prevention Month](#)
- ⇒ [National Distracted Driving Awareness Month](#)
- ⇒ [Sexual Assault Awareness and Prevention Month](#)
- ⇒ [Sports Eye Safety Awareness Month](#)
- ⇒ [STI Awareness Month](#)
- ⇒ [2 - 8 National Youth Violence Prevention Week](#)
- ⇒ [3 - 9 National Public Health Week](#)
- ⇒ [7 World Health Day](#)
- ⇒ [23 - 29 World Immunization Week](#)
- ⇒ [24 - 28 Every Kid Healthy™ Week](#)



The articles and hyperlinks to external web-sites appearing in the School Nurse News are intended to be informational and do not represent an endorsement by the Georgia Department of Education.

DEFINITION OF SCHOOL NURSING

School nursing, a specialized practice of public health nursing, protects and promotes student health, facilitates normal development, and advances academic success. School nurses, grounded in ethical and evidence-based practice, are the leaders that bridge health care and education, provide care coordination, advocate for quality student-centered care, and collaborate to design systems that allow individuals and communities to develop their full potentials. **Approved by the NASN Board of Directors June 2016.**



UPCOMING SCHOOL NURSE WORKSHOPS

Regional School Nurse Updates...

- ⇒ **April 12, 2017** from 9:00 AM-12:00 PM
Pioneer RESA 1342 GA-254 Cleveland, GA
- ⇒ **May 24, 2017** from 9:00 AM-1:00 PM
NEGA RESA Boardroom 375 Winter Street
Winterville, GA



NATIONAL CHILD ABUSE PREVENTION MONTH

The 2017 [NCAPM website](#) is live and brimming with resources! The English/Spanish [activity calendars](#) outline ways that parents, programs, and community partners can build hope during April by engaging in activities related to the six protective factors (listed across the top of calendars). On April 5, 2017, at 1:00-1:30 p.m. CDT, the Children's Bureau, Office on Child Abuse & Neglect (CB/OCAN) will host the third [Digital Dialogue](#) in a series of six to support NCAPM.



NATIONAL YOUTH VIOLENCE PREVENTION

Everyone can help stop youth violence before it starts. Effective prevention strategies promote awareness of youth violence as a public health problem that can be prevented. The Center for Disease Control and Prevention (CDC) offers numerous [resources](#), including the Youth Violence Prevention Technical Package. Refer to the [Appendix](#) on pages 60-61 for the six evidence-based strategies and associated approaches for preventing youth violence.



FUNDING OPPORTUNITIES

⇒ Improving Diabetes and Obesity Prevention and Care

[Independent school districts are eligible for this funding through the National Institute of Diabetes and Digestive and Kidney Diseases \(NIDDK\)](#). The purpose of the grants are to improve the care and health outcomes of individuals with diabetes or at risk for diabetes and/or at risk for overweight or obesity by improving healthcare delivery. Applications are due by May 1, 2017.

⇒ Regional Telehealth Resource Center (RTRC) Program Grants

[The Health Resources and Services Administration \(HRSA\) is offering funding to support 12 RTRCs that focus on statewide and regional telehealth activities](#). RTRCs assist health care organizations, health care networks, and health care providers in the implementation of cost-effective telehealth programs to serve rural and medically underserved areas and populations. Independent school districts are eligible to serve as RTRCs that advance the effective use of telehealth technologies in their communities. Grant applications are due by May 2, 2017.

⇒ Firehouse Subs Public Safety Foundation [AED Grants](#)

- Friday, **June 2, 2017** at 5:00 PM for 3rd Quarter Grants
- Thursday, **September 7, 2017** at 5:00 PM for 4th Quarter Grants
- Friday, **December 1, 2017** at 5:00 PM for 1st Quarter Grants (Q1 2018)

BEHAVIORAL HEALTH

⇒ **Suicide Prevention Resource Center**

Adolescence is a time of change, when young people may experience stress from many sources, including relationships with friends and family members and problems at school. Many high school students report thinking about suicide, and in 2014, suicide was the second leading cause of death among young people ages 13 to 19 years. The [Suicide Prevention Resource Center](#) has many resources and programs to assist you with suicide prevention in your school.

⇒ **Mental Health America Toolkit**

The [Back to School Toolkit](#) is designed for MHA Affiliates, advocates, and organizations of all types to use with parents, youth and school personnel to raise awareness of the importance of mental health issues that start during the adolescent and teen years. By using the toolkit materials, you will help members of your community:

- Be aware of the risk factors and early warning signs for mental health disorders in youth
- Access resources for finding treatment and help in times of crisis
- Learn strategies for addressing common teen struggles and mental health concerns; and increase understanding of next steps and treatment options available to help young people address their mental health



GEORGIA ASSOCIATION OF SCHOOL NURSES

Dear Georgia School Nurses,

Greetings! I hope you received your Save the Date Card for the [25th annual GASN conference this summer June 19th-21st, 2017 at the lovely Savannah Riverfront Hyatt!](#) We are all very excited and have a great line-up of speakers and exhibitors. Please click the hyperlink above to get more information and register!

You will meet new “School Nurse” friends and enjoy talking with school nurses that have been in the field for 25+ years. All of us “seasoned” School Nurses know how much we have to rely on each other to work in this very specialized profession of School Health. You don’t have to do it alone!

This brings me to a few of the reasons why you should attend conference:

- ◆ **To equip yourself with best practice for school nurses**
- ◆ **Network with other school nurses**
- ◆ **Continuing education credits**
- ◆ **Have fun while learning and interacting**
- ◆ **To motivate you for the next school year**

Please join us as we learn and celebrate 25 years of Georgia School Nurses and the contributions you make each and everyday!

Lisa Morrison, President Elect

Georgia Association of School Nurses

SAVE THE DATE

Georgia Association of School Nurses
**25th Annual Statewide
Educational Conference**

▲ Hyatt Regency, Savannah, GA • June 19-21, 2017

CHOA RESOURCES

Eighteen percent of children in the United States have a chronic medical condition. A well-trained school health professional can help these children manage their health and stay in school. Children's Healthcare of Atlanta (CHOA) works closely with school health personnel throughout the state to provide them with educational materials, training and support.

The Children's Regional School Health Coordinator, Gail Smith, provides the following services:

- ◆ [School nurse updates](#) and webinars on clinical pediatric topics
- ◆ Staff education for school districts in metro Atlanta
- ◆ Reviews and revisions of the [school health manual](#)
- ◆ Serve as prime contact for school nurses to call to discuss programmatic needs and difficult cases
- ◆ Provide the CHOA/DPH [Common Infectious Illness poster](#)
- ◆ [Behavioral Health resources](#)

Children's Healthcare of Atlanta also provides nutritional and wellness resources through the [Strong 4 Life Program](#). Please click the hyperlink for more information.

For questions or requests, please contact:

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Web Page: <http://www.choa.org/schoolhealth>

Want to receive School Health News:
<http://pages.choa.org/School-Nurse-OptIn.html>



HELPFUL LINKS

- ⇒ [ASTHMA](#)
- ⇒ [BACK TO SCHOOL TOOLKIT](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DELEGATION](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [ORAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

***Resources obtained from the
[National Association of School Nurses Website](#)



HEALTH EDUCATION /RESOURCES

⇒ **Strategies for Addressing Asthma in Schools**

This Centers for Disease Control and Prevention (CDC) [publication](#) is a compilation of information and resources for implementing programs in schools. The 12-page document divides asthma management in schools into the following 3 categories: providing asthma education, linking students to medical care, and improving Indoor Air Quality (IAQ) in schools. There is also a Policies section, where readers are referred to [American Lung Association](#) for asthma medication resources.

⇒ **Sexual Assault: Acute Care and Prevention**

The American Academy of Pediatrics (AAP) just published the clinical report [Care of the Adolescent After an Acute Sexual Assault](#), based on input from the AAP Committees on Adolescence and Child Abuse and Neglect. Although the report contains clinical guidance for pediatricians, it also addresses sexual assault prevention as well as mental health consequences and follow-up care.

⇒ **Operation Prevention**

The U.S. Drug Enforcement Administration (DEA) and Discovery Education teamed up to develop Operation Prevention. This [national initiative](#) for middle and high school students, parents, and educators aims to combat America's rapidly growing opioid and heroin epidemic. [Operation Prevention](#) offers free science-based lesson plans, interactive student resources, and a downloadable Parent Toolkit.

⇒ **National Rx Drug Abuse and Heroin Summit**

The [Summit](#) will be held in Atlanta, Georgia, on April 17-20, 2017. By attending, you can be part of the international discussion on addressing the opioid crisis and formulating solutions. Featured speakers include Dr. Vivek Murthy, U.S. Surgeon General, and Newt Gingrich, Advocates for Opioid Recovery Founding Advisor. Experts from the Center for Disease Control and Prevention (CDC) will present on Teens and Substance Use, among other topics. See Summit [Agenda](#) for details.

