

Educating Georgia's Future

April 2020



April National Health Observances

[Alcohol Awareness Month](#)

[National Autism Awareness Month](#)

[National Cancer Control Month](#)

[National Donate Life Month](#)

[National Minority Health Month](#)

[National Parkinson's Awareness Month](#)

[Occupational Therapy Month](#)

[Oral Cancer Awareness Month](#)

[Sexual Assault Awareness and Prevention Month](#)

[Sexually Transmitted Infections Awareness Month](#)

[Stress Awareness Month](#)

[Testicular Cancer Awareness Month](#)

The articles and hyperlinks to external websites appearing in this newsletter are intended to be informational and do not represent an endorsement by the Georgia Department of Education.

Upcoming Workshops

Stewards of Children - Join **Children's Healthcare of Atlanta** as

Stewards of Children demonstrates how to prevent, recognize and react responsibly to child sexual abuse and teaches five proactive steps to protecting children.

June 2— 1:00 to 3:30 p.m.

August 19— 1:00 to 3:30 p.m.

Children's Healthcare of Atlanta | Office Park Learning Center

1680 Tullie Circle NE

Atlanta, GA 30329

Contact: Angie Boy- 404-785-5004

Counseling & Social Services

The Injury Prevention Research Center at Emory (IPRCE) Presents

**A Panel Discussion:
The Impact of COVID 19 on the Provision of Behavioral Health Services**

**Wednesday, April 29, 2020
11AM - 12PM**

Join us to discuss the impact of COVID-19 on behavioral health. Our panel of health professionals will describe their experiences and perspectives tackling behavioral health cases during the COVID-19 pandemic. [Click Here To Register](#)

Resource Addresses Key Considerations for Virtual Counseling

The American School Counselor Association created a resource to provide guidance and key considerations for delivering virtual counseling services to students during school closures. [Download a PDF copy of the resource.](#)

Physical Education

[View Virtual Resources for Health and Physical Education](#)

The Society of Health and Physical Educators (SHAPE America) has online resources for health and physical education for distance learning. [Go to SHAPE America to view tips and resources.](#)

[Task Force Recommends Digital Health Interventions for Overweight and Obesity](#)

The Community Preventive Services Task Force recently released a report recommending digital health interventions to help adolescents with overweight or obesity with weight management. The interventions include self-monitoring and goal setting to increase adolescents' awareness of healthy behaviors. [Read the report for more information.](#)

Healthy School Environment

[Promote Sun Safety at School](#)

As the weather gets warmer, more kids are playing outside. Whether they are home or at school, it's important to practice sun safety. Children should go outside and play, but they should also dress the part. [Visit the Centers for Disease Control and Prevention's Sun Safety webpage for more information.](#)

Health Education

[Explore When and How to Wash Your Hands](#)

The Centers for Disease Control and Prevention (CDC) has five easy steps to follow when washing your hands. You can use hand sanitizer when soap and water aren't available. Make sure the hand sanitizer contains at least 60% alcohol. [Visit the CDC BAM! Body and Mind online resources.](#)

[Comic Book Explores Germs and Getting Sick](#)

The Centers for Disease Control and Prevention has a comic book for students addressing how people become infected with germs. [Download a PDF copy of the Ask a Scientist comic book and let the journey begin!](#)

School Health Services

[Free Webinar Addresses COVID-19 and Protecting the Nurse](#)

The American Nurses Association (ANA) is hosting a free on-demand webinar for ANA members and non-members. The webinar addresses current Personal Protective Equipment guidelines for supply optimization and personnel safety. [Take the course today!](#)

Community Involvement

[Watch Animal Cameras at San Diego Zoo](#)

The San Diego Zoo has many [live cameras](#) running on some of their most popular animals. A favorite to watch is the [baboon cam!](#)

[Watch Panda Cameras While You're Inside](#)

Looking for ideas to keep your children entertained if you're staying inside? The Smithsonian's National Zoo's Panda Cams are still running while the National Zoo is temporarily closed. [See cute pandas chomping on bamboo and playing in trees.](#)

[Promote Physical Activity While You're Home](#)

[Action for Healthy Kids](#) has a list of healthy activities you and your children can do while at home. Jumping rope, scavenger hunts, and yoga are just a few of the activities.

Nutrition Services

[Teach Your Students about Farm to Table Food Safety](#)

Did you know that each year approximately one sixth of the U.S. population has mild to severe illnesses caused by pathogens in food – and more than 3,000 people die from them? The Food and Drug Administration has a food safety curriculum to help students understand the importance of healthy food decisions and practices that affect their personal health. [Download PDF copies of the middle school and high school teacher's guides.](#)

Employee Wellness

April Is Stress Awareness Month

It's important to take care of yourself during stressful times. The American Psychological Association has information for employees who may be facing stress at work. View [APA's managing stress tips](#).

Fueling Georgia's Future

April Harvest of the Month

Strawberries

Strawberry marketing, promotion and food based learning activities are available.

<http://gafarmtoschool.org/harvest-of-the-month-marketing-materials/>

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| <p>JULY Peaches</p>  | <p>AUGUST Watermelon</p>  | <p>SEPTEMBER Apples</p>  |
| <p>OCTOBER Zucchini</p>  | <p>NOVEMBER Sweet Potatoes</p>  | <p>DECEMBER Lettuce</p>  |
| <p>JANUARY Greens (COLLARD, MUSTARD, TURNIP)</p>  | <p>FEBRUARY Cabbage</p>  | <p>MARCH Root Vegetables (CARROTS, BEETS, RADISHES)</p>  |
| <p>APRIL Strawberries</p>  | <p>MAY Blueberries</p>  | <p>JUNE Tomatoes</p>  |

Funding Opportunities

Get a Salad Bar in Your School

Does your school have a salad bar? If not, apply for a grant from [Salad Bars to Schools](#). Applications are accepted year-round and are reviewed in the order they are received. It may take up to 12-14 months to fund a school salad bar. To qualify, the salad bar must be part of the reimbursable meal served in your district.

Apply for ALDI Smart Kids Grants

ALDI is partnering with local organizations to make a positive impact on kids' health and wellness. Grant funds can be used to support children through education, arts, or other activities that help kids stay active and healthy. Applicants can request either cash or ALDI gift cards ranging in value from \$100 to \$5,000. The application deadline is December 15, 2020. **For more information on the program, visit the [Aldi Smart Kids webpage](#).**

Target Field Trip Grants

Since 2007, the [Target Company](#) has donated more than \$16 million in grants to the improvement of education. Each Target store in the United States will award three Target Field Trip Grants, enabling one in 25 schools throughout the country to send a classroom on a field trip.

Firehouse Subs Public Safety Foundation AED Grants

- May 13, 2020 at 5 p.m. for Quarter 3 2020 Grants
- August 19, 2020 at 5 p.m. for Quarter 4 2020 Grants
- November 11, 2020 at 5 p.m. for Quarter 1 2021 Grants

[Click here to learn more.](#)

Apply for a Community Grant

Do you have an idea for an after-school program that would benefit an underserved community? Apply for a Community Grant from the Walmart Foundation. **[Click here for more information.](#)**

Helpful Links from NASN

- ⇒ [ASTHMA](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [COVID-19](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

Resources obtained from the

[National Association of School Nurses Website](#)

School Health Resources

Department of Public Health– School Health Program

The GA Department of Public Health employs a Deputy Chief Nurse for School Health to provide leadership, training, and consultation to all health districts, school districts, and nurses serving children in the school setting.

For more information contact:

Sara Kroening, RN, MSN, FNP-BC, AE-C
schoolhealth@dph.ga.gov



Children's Healthcare of Atlanta – School Health Program

CHOA's School Health Program offers [school nurse updates](#) and webinars on clinical pediatric topics; staff education for school districts in metro Atlanta; reviews and revisions of the [school health manual](#); serves as a contact for school nurses to call to discuss programmatic needs and difficult cases; and provides the CHOADPH [Common Infectious Illness poster](#), [Behavioral Health resources](#), and [Educational Videos](#). CHOA also provides nutritional and wellness resources through the [Strong 4 Life Program](#).

For questions or requests, call 404-785-7202, or email schoolhealth@choa.org

Click [here](#) for more information or [here](#) to opt-in to receive School Health news.

CHOA Events and Trainings

[Supply and Demand: The Roles of Traffickers, Buyers and Gangs in CSEC](#) Webinar-Thursday, May 14, 1:00p.m. to 2:30 p.m.

[The Medical Evaluation of Victims of Child Sex Trafficking](#) Webinar-Thursday, May 21, 1:00p.m. to 2:30 p.m.

[Diabetes Caregiver Class](#) Tuesday, May 26, 8:30 a.m. to 1:00 p.m.

[Alternative Justice for Victims: The CEASE Clinic](#) Thursday, May 28, 1:00 p.m. to 2:30 p.m.

[Stewards of Children](#) Tuesday, June 2, 1:00 p.m. to 3:30 p.m.

Visit the [school health events calendar](#) to learn more and register.

Not on the CHOA School Health mailing list? Go to this link to subscribe: <http://pages.choa.org/School-Nurse-OptIn.html>



Children's
Healthcare of Atlanta