School nursing, a specialized practice of public health nursing, protects and promotes student health, facilitates normal development, and advances academic success. School nurses, grounded in ethical and evidence-based practice, are the leaders that bridge health care and education, provide care coordination, advocate for quality student-centered care, and collaborate to design systems that allow individuals and communities to develop their full potentials. Approved by the NASN Board of Directors June 2016.

DEFINITION OF SCHOOL NURSING

DECEMBER 2017

DECEMBER NATIONAL HEALTH OBSERVANCES

⇒ Safe Toys and Gifts Month
⇒ National Impaired Driving Prevention Month
⇒ December 1 - World AIDS Day
⇒ December 3 - 9-National Handwashing Awareness Week
⇒ December 4 - 11-National Influenza Vaccination Week

The articles and hyperlinks to external websites appearing in the School Nurse News are intended to be informational and do not represent an endorsement.

School Nurse Updates...

- December 6th from 9:00 AM-12:00 PM
  Pioneer RESA 1342 GA-254 Cleveland, GA

You Make a Difference
Thank you for all you do!

“Elves and nurses do have something in common. We do all the work and one guy in an over-sized coat gets all the credit.”

FACEBOOK.COM/GADOWE
@GADOENews
@GEORGIADEPTOFED
Mercy Med Officially Opens a School-Based Health Center at Fox Elementary

By Jasmine Agyemang, Digital Content Manager
Wednesday, November 15th 2017, 3:57 pm EST

COLUMBUS, GA (WTVM) – Mercy Med of Columbus has officially opened its School-Based Health Center on Wednesday morning.

The local clinic shared the great news on its Facebook page, “It has been a long time coming, but we finally opened to see students today!”

Mercy Med at Fox Elementary is an extension of Mercy Med and the School-Based Health Center is at the elementary school.

Fox Elementary School is just three blocks away from the clinic’s office on 2nd Avenue.

“We are providing a clinician in an office in the school so that if a child is sick, he or she can be seen quickly by a provider,” Mercy Med says on its Facebook post.

Their objective is to reduce barriers of accessing healthcare and to help reduce excessive absences.

The clinic credited Pierce Chapel, Trinity Episcopal Church, Fox Elementary, Yvette Scarborough, Sarah Crider and Dr. Joe Zanga for their help in opening this center.
“Stop the Bleed” – A call to action: Georgia’s School Response Program

The fourth leading cause of death in the United States derives from unintentional injuries or trauma. The most useful care the general public can provide to help curb this rate is to provide immediate bleeding control. With a few life-saving techniques, it could be ‘you’ that needs to be called to action.

The Georgia Trauma Care Network Commission (GTCNC) in collaboration with the Georgia Trauma Foundation and the American College of Surgeons – Georgia Chapter and Georgia Committee on Trauma are committed to the nationwide initiative, ‘Stop the Bleed’. Our statewide initiative is designed to teach individuals how to control bleeding by properly applying a tourniquet and or packing a wound until first responders arrive on scene. As a mother of two young children myself, I have a special interest in protecting our children in our schools, as you do.

Phase One of our program was to submit a budget for approval and design of an individual bleeding control kit (herein referred to as “kit”) with non-expiring materials, develop a training model and purchase training supplies. We express special recognition to Wyatt Newton from Loganville, Georgia and his Boy Scout Troup for assembling over 600 training arms for his Eagle Scout project for this initiative. With the budget secure, we were able to negotiate a price to purchase approximately 12 kits per each Georgia Public School. Phase One has been completed.

Phase Two of Georgia’s School Response Program is to provide training statewide to the schools. Each EMS Region has a project coordinator, who is responsible for scheduling all training and delivering the kits upon arrival. We are relying on the trauma community, which includes EMS agencies, EMA departments, trauma centers, community hospitals, air ambulance services, fire departments, police departments, and several state entity partnerships to provide all training on a voluntary basis to teachers, administrators, and staff. As healthcare providers, your credentials allow you to become Stop the Bleed instructors and in most areas have been instrumental in our statewide initiative.

Individual Bleeding Control Kits will include:
2 – Pair of Nitrile Gloves
1 – C-A-T Tourniquet
2 – Compressed Gauze
1 – 6” Emergency Trauma Dressing
1 – Trauma Shears
1 – 5”x9” Trauma Pad
1 – 2” Roll of Tape
1 – English/Spanish Instruction Card
We have trained over 12,000 Georgia citizens, including healthcare providers, police departments, and community members. A majority of the citizens have been trained through the School Response Program, which have primarily been Georgia public school representatives. Phase Two is in process and projected to be completed by June 2018. (Below are pictures from Barrow County training events)

Map of Georgia below shows where each county is in progress of Stop the Bleed training through the School Response Program

If your county is colored white on the map, this means training has yet to be scheduled. We received our first truckload of kits last week and will be delivering them to the counties in green over the next couple of weeks. At that time, they will become red and considered completed.

**Phase Three** will be the physical delivery of kits and a statewide effort to disperse them to individual schools.

If your county is colored white on the map, this means training has yet to be scheduled. We received our first truckload of kits last week and will be delivering them to the counties in green over the next couple of weeks. At that time, they will become red and considered completed.

The goal of the School Response Program is for all Georgia public schools to receive bleeding control and wound packing training and to equip schools with individual bleeding control kits.

**HOW CAN I PURCHASE THE GTC INDIVIDUAL BLEEDING CONTROL KITS?**

GTC has negotiated locked in pricing for a one-year period expiring June 2018.

**Vendor and Ordering Information:**
North American Rescue  
Cost per kit: $39.98  
Item #: 85-1563  
Phone: 888.689.6277  
Email: info@NARescue.com

Please contact Dena Abston with any questions you may have concerning the program, 706-841-2800 or dena@gtenc.org and visit our website at georgiatraumacommission.org for additional details.
Greetings,

The Georgia Department of Human Services (DHS) has identified your organization as one with which we share a common goal. Like DHS, you are concerned about improving the lives of vulnerable children and adults. You may or may not be aware that:

1. As of November 2017, there are over 13,000 children in foster care; 350 who are adoption-ready and need forever families (permanent homes).
2. A great number of older Georgians live alone with inadequate access to food, health care, transportation and other vital needs.
3. Numerous households with dependent children rely on the support of one parent because the other parent is not providing assistance which may be due to unemployment or underemployment, incarceration, or addiction.

These are all vulnerable Georgians who need assistance. You may ask yourself: “What can I do? How can we help?” The good news is there are ways to assist in your community. DHS has developed a manual with helpful suggestions. It can be accessed at https://dhs.georgia.gov/volunteer-service-opportunities-guide.

DHS also hosts meetings across the state to engage those interested in volunteering. We are asking you to participate in these meetings and discussions to address the needs of vulnerable children and adults in your community. Our goal is to have representatives from education, government, faith, corporate, nonprofit, and social and civic organizations in attendance to develop plans that improve the lives of vulnerable Georgians.

DHS is comprised of -- Aging Services, Child Support Services, and Family and Children Services. DHS delivers and administers a wide range of programs, services and initiatives designed to promote self-sufficiency, safety and well-being for all Georgians. We are asking for your support in our efforts to build stronger families for a stronger Georgia.

If you would like to donate goods or services, please contact DHS Corporate and Community Partnerships’ Statewide Coordinator, Dr. Willie Myles, at willie.myles@dhs.ga.gov or 404-232-1640. Together we can make a difference!
**FoodFinderGA** is a free smartphone app developed by a Georgia Public Schools graduate. It’s available on the Apple App Store or Google Play right now (search: foodfinder), or online at www.foodfinderga.org.

The app creates a 100% anonymous, direct connection between students & families who need food and their closest free food providers.

Both the FoodFinderGA app and the website showed a dramatic increase in use over the Thanksgiving break:
- Thanksgiving week visits to FoodFinder = +496% vs. weekly average during this school year-to-date.
- Average Daily use during Thanksgiving week = +500% v. the daily avg this school year.
- Peak usage was Monday 11/21, the 1st full week without school lunch this school year = +1,269% daily average.

Please download the app today, and tell your students about it before the Christmas break.

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**Funding Opportunities**

- **Firehouse Subs Public Safety Foundation AED Grants**
  - What are the Foundation funding guidelines?
  - Life-saving equipment, prevention education, scholarships and continued education, disaster relief and military support.

- **Farm to School Grant Request for Applications (RFA)**
  - This is a reminder that the fiscal year 2018 Farm to School Grant RFA is open until December 8, 2017. The purpose of this grant program is to assist eligible entities in implementing farm to school programs that improve access to local foods in eligible schools. More information is available on the U.S. Department of Agriculture website, including links to the prerecorded Grant RFA Webinar and associated webinar slides, which provide an overview of the application process.

- **Saucony Run for Good Grants**
  - Applications Due: December 15, 2017. The Saucony Run for Good Foundation is accepting applications for grants to help run down the childhood obesity epidemic. The grants are open to community nonprofit organizations that initiate and support running programs for kids. See this guide to determine if your organization qualifies for a grant.
⇒ America’s Promise Healthy Schools Fund

America’s Promise will select three to five existing districts and/or community-level organizations to receive up to $150,000 each per year for two years. The recipients must demonstrate cross-sector collaboration that accelerates positive change for youth in schools and their communities. It is highly recommended that those interested in applying attend the informational webinar on December 6, 2017, at 3:00-4:00 p.m. EST. Applications are due by January 22.

⇒ CDC Webpage: Health and Academics

The Centers for Disease Control and Prevention (CDC) recently updated its Healthy Schools website to include new information that supports the link between student health behaviors and academic grades. Research is based on the September 2017 Morbidity and Mortality Weekly Report (MMWR) Health-Related Behaviors and Academic Achievement Among High School Students — United States, 2015. This report confirms the association between health and academics found in an earlier, systematic review of CDC research. The new webpage includes fact sheets, data tables, and other resources.

⇒ Continuing Education: Influenza Prevention with Vaccines

The Centers for Disease Control and Prevention highlighting a new continuing education (CE) opportunity provided by Medscape, LLC, which utilizes the CDC’s August 2017 Morbidity and Mortality Weekly Report (MMWR) Prevention and Control of Seasonal Influenza with Vaccines. Medscape will award 1.75 contact hours of CE credit for nurses. You can register free of charge or log in without a password.

⇒ Webinar: Introducing the Youth Compendium of Physical Activities

At 3:00-4:00 p.m. EST on December 6, 2017, the National Collaborative on Childhood Obesity Research (NCCOR) will host A Breakthrough Resource for Childhood Obesity Research. Presenters will discuss development of the Youth Compendium, which estimates the associated energy expenditure of a variety of activities in which youth participate, and ways the new tool can be used.

⇒ Preparing Youth to Thrive: Promising Practices for SEL

The Social and Emotional Learning (SEL) Challenge was designed to identify promising practices for building skills in six areas: emotion management, empathy, teamwork, initiative, responsibility, and problem solving. The Field Guide, a product of the SEL Challenge, shares best practices and collective expertise for equipping the rising generation with the SEL skills they need to thrive. Educators and out-of-school staff may download the Field Guide for use in developing SEL programming.

⇒ Disaster Relief Resources

The Healthy Schools Campaign (HSC) points out that when disaster strikes, schools become even more important as a stabilizing force in students’ lives. In addition to maintaining a healthy and safe environment, schools can make sure that needed services are provided. The HSC promotes the Hurricane Relief Resources compiled by The School Superintendents Association (AASA).
**WORKSHOP: WHAT YOU HAVEN'T HEARD YET ABOUT 'MEDICAL' MARIJUANA**

This is a 2-hour workshop led by Let's Be Clear Georgia's Executive Director, Dr. Gregg Raduka. The workshop will inform participants on ways to prevent and reduce marijuana use among youth, current medical marijuana laws, proposed legislation, and its implications for prevention.

Click Here for a PDF flyer that can be distributed.

**REGISTRATION:**
Registration is FREE! To register, please email Charlotte Spell at charlottes@nctv.com.

**WHEN?**
Thursday, December 7th
1pm - 3pm

**WHERE?**
GA Southern University, Jiann-Ping Hsu College of Public Health
Hendricks Hall, Room #3001
501 Forest Drive
Statesboro, GA 30458

**PARKING:**
Someone will be distributing 'Visitor' Parking Passes as you arrive between 12:15pm-1:00pm

**PARTNERS:**
Let’s Be Clear Georgia
Bulloch DFC
Bulloch Alcohol & Drug Council
GA Southern Jiann-Ping Hsu College of Public Health &
GA Southern Center for Addiction Recovery

**FOR MORE INFORMATION:**
Contact: Charlotte Spell @ 912-764-6405 or charlottes@nctv.com

Thank you so much for your support in this vital effort.
**Gregg Raduka, Ph.D. LPC, ICPS**
Executive Director/CEO
Let's Be Clear Georgia: A Collaborative to Prevent Marijuana Abuse
Visit: www.ClearGA.org Email: support@clearga.org
225 Parkway 575, #1125, Woodstock, GA 30188
Office Number: 678-506-1572
Eighteen percent of children in the United States have a chronic medical condition. A well-trained school health professional can help these children manage their health and stay in school. Children’s Healthcare of Atlanta (CHOA) works closely with school health personnel throughout the state to provide them with educational materials, training and support.

The Children’s Regional School Health Coordinator, Gail Smith, provides the following services:

- School nurse updates and webinars on clinical pediatric topics
- Staff education for school districts in metro Atlanta
- Reviews and revisions of the school health manual
- Serve as prime contact for school nurses to call to discuss programmatic needs and difficult cases
- Provide the CHOA/DPH Common Infectious Illness poster
- Behavioral Health resources
- Educational Videos

Children’s Healthcare of Atlanta also provides nutritional and wellness resources through the Strong 4 Life Program. Please click the hyperlink for more information.

For questions or requests, please contact:

Gail Smith, B.S.N., R.N.
Regional School Nurse Coordinator
Phone: 404-785-7202
Cell: 404-395-8067
Email: schoolhealth@choa.org
Web Page: http://www.choa.org/schoolhealth


Resources obtained from the National Association of School Nurses Website
Flu Activity in Georgia

Each year from October to mid-May, Georgia's Department of Public Health tracks flu activity throughout the State and reports the findings in the Georgia Weekly Influenza Report. Along with other surveillance components, influenza-like illness is tracked with the help of volunteer sentinel providers (private providers, occupational health providers, student health clinics and emergency departments) as part of CDC's ILINet program. While each individual case of influenza is not reportable to health authorities, we monitor flu activity by watching the percent of doctors' visits that are for "influenza-like illness" (fever >100º F and cough and/or sore throat). When these doctors' visits for "influenza-like illnesses" begin to increase compared to baseline levels, we suspect that influenza is active in an area. Baseline levels are considered to be 0-3%.

After House Bill 198 passed in the 2017 Legislative session, schools are required to provide information to parents and guardians of students in grades 6 through 12 on influenza and its vaccine whenever other health information is provided. Below you will find many resources on Influenza and the flu vaccine.

Influenza Resources

- About Influenza
- Influenza Terms
- Influenza Prevention
- Novel Influenza A Infection-H3N2v

Influenza Related Pages

- Influenza: What You Need to Know
- Frequently Asked Questions
- Influenza Surveillance in Georgia
- Vaccine Information Sheet Influenza
- Flu Activity in Georgia
- Novel Influenza A Infections
- Georgia Pandemic Influenza
- Preparedness Information
Introducing the IAQ and Asthma Webinar Collection

EPA Indoor Environments Division sent this bulletin at 11/30/2017 04:00 PM EST Having trouble viewing this email? View it as a Web page.

Introducing Webinar Suites by Topic Area

Topic 2:
Asthma Management in Schools

The IAQ Master Class Professional Training Webinar Series and the IAQ Knowledge-to-Action Professional Training Webinar Series offer a combination of resources aimed at providing the latest technical information on indoor air quality (IAQ) and asthma management in schools. This information is designed to help school districts start, improve or sustain school IAQ management programs and help reduce asthma triggers. These webinars cover different components of asthma and IAQ management and address concepts like improving health, training staff and developing a value proposition.

Check out these free, on-demand webinars covering asthma management and IAQ today!

This suite of webinars features IAQ experts and leaders from—
- Award-winning, model school districts
- Non-governmental organizations from the school and asthma community
- Federal and state government partners
- Universities and research centers

View other webinars in the two IAQ Professional Training Webinar Series:
Learn from technical experts, industry leaders and model school districts during these webinars, which are followed by 30-minute mentoring Q&A sessions.

Gain Recognition for your knowledge acquisition and commitment to action through certificates of completion for each training webinar offered in both the IAQ Master Class Professional Training Webinar Series and the IAQ Knowledge-to-Action Professional Training Webinar Series.

Additionally, when you complete all 10 hours of the IAQ Master Class Professional Training Webinar Series, you will be acknowledged with a certificate that recognizes your efforts toward IAQ mastery as a member of the 2017 IAQ Master Class. CEUs are available.

Spread the word! Forward this email to a colleague.
View other webinars in the two IAQ Professional Training Webinar Series:

What Is the IAQ Master Class Professional Training Webinar Series?
The IAQ Master Class Professional Training Webinar Series comprises ten 1-hour technical, Web-based trainings that focus on building the capacity of a school or school district to start, improve or sustain an IAQ program. Each webinar includes featured speakers and technical experts and shows examples of EPA guidance being used in schools and school districts.

What Is the IAQ Knowledge-to-Action Professional Training Webinar Series?
The ongoing IAQ Knowledge-to-Action Professional Training Webinar Series comprises several 1-hour technical, core-competency, Web-based trainings that demonstrate how the knowledge gained in the IAQ Master Class Professional Training Webinar Series can be translated into actions that improve or sustain an IAQ management program within your school or school district.

**Learn** from technical experts, industry leaders and model school districts during these webinars, which are followed by 30-minute mentoring Q&A sessions.

**Gain Recognition** for your knowledge acquisition and commitment to action through certificates of completion for each training webinar offered in both the IAQ Master Class Professional Training Webinar Series and the IAQ Knowledge-to-Action Professional Training Webinar Series.

Additionally, when you complete all **10 hours of the IAQ Master Class Professional Training Webinar Series**, you will be acknowledged with a certificate that recognizes your efforts toward IAQ mastery as a member of the 2017 IAQ Master Class. CEUs are available.

Spread the word! Forward this email to a colleague.

**Questions?**
EPA offers free IAQ Tools for Schools resources—including the School IAQ Assessment Mobile App—to help schools maintain a healthy indoor environment by identifying, correcting and preventing IAQ problems. Learn more about the IAQ Tools for Schools guidance and access other valuable school environmental health resources at [www.epa.gov/iaq-schools](http://www.epa.gov/iaq-schools).

If you have any questions about the IAQ Tools for Schools guidance, please contact the IAQ Tools for Schools Connector Coordinator at [iaqschools@epa.gov](mailto:iaqschools@epa.gov).