



### June National Health Observances

- [Alzheimer's and Brain Awareness Month](#)
- [Men's Health Month](#)
- [Myasthenia Gravis Awareness Month](#)
- [National Aphasia Awareness Month](#)
- [National Safety Month](#)
- [Scoliosis Awareness Month](#)
- [National Cancer Survivors Day \(June 7\)](#)
- [Men's Health Week \(June 10–16\)](#)
- [Family Health and Fitness Day \(June 13\)](#)
- [World Sickle Cell Day \(June 19\)](#)
- [PTSD Awareness Day \(June 27\)](#)
- [Helen Keller Deaf-Blind Awareness Week \(June 28–July 4\)](#)

**The articles and hyperlinks to external websites appearing in this newsletter are intended to be informational and do not represent an endorsement by the Georgia Department of Education.**

### Upcoming Workshops

#### **Stewards of Children** - Join **Children's Healthcare of Atlanta** as

Stewards of Children demonstrates how to prevent, recognize and react responsibly to child sexual abuse and teaches five proactive steps to protecting children.

**August 19— 1:00 to 3:30 p.m.**

Children's Healthcare of Atlanta | Office Park Learning Center  
1680 Tullie Circle NE  
Atlanta, GA 30329

**Contact:** Angie Boy- 404-785-5004

[cpctraining@choa.org](mailto:cpctraining@choa.org).

### Counseling & Social Services

#### **Attend School Mental Health Conference**

The 2020 Annual Conference on Advancing School Mental Health will take place Oct. 29-31 in Baltimore, Maryland. This year's theme is *Equitable and Effective School Mental Health*. Grab your school mental health colleagues and register! **Learn more about the conference.**

#### **Locating and Understanding Data for Suicide Prevention**

The Suicide Prevention Resource Center is offering the free online course **Locating and Understanding Data for Suicide Prevention**. The course explores a variety of commonly used data sources for information on suicide deaths and attempts, suicidal ideation, and related factors—as well as new frontiers in suicide surveillance, such as interactive dashboards and real-time data collection.

## COVID-19 Resources

### [Georgia Department of Public Health COVID-19 Resources](#)

Materials and resources, including updated Department of Public Health guidance on **Return to School Guidance After COVID-19 Illness or Exposure**, can be found on this webpage: <https://dph.georgia.gov/covid-19-materials-and-resources>.

### [Children's Healthcare of Atlanta COVID-19 Resources](#)

Children's Reopening Hub resources may be found at <https://www.choa.org/reopening>

## Healthy School Environment

### [View Health and the Environment Toolkit for Parents and Educators](#)

The Children's Environmental Health Committee of the American Public Health Association developed a [new toolkit for parents and educators](#). It provides a list of educational resources that can be used to inform and engage youth in environmental public health—specifically about how the environment affects human health. Many activities in the toolkit can be performed at home.

## Health Education

### [Teach Your Students About the Dangers of Opioid Misuse](#)

Did you know that when opioids are misused, they can slow down a person's breathing? Slowed breathing can lead to coma, brain damage, and death. The National Institute on Drug Abuse has a student article called "Opioids: What You Need to Know" and activity sheet called "What Causes Addiction?" that are great resources for distance learning. [View the resources](#).

### [Understand the Importance of Health Literacy](#)

Health literacy skills start early in life! Teaching these skills is part of the process of caring for and educating children, adolescents and young adults. [View resources from the Centers for Disease Control and Prevention](#) that can help health care providers and educators recognize and address children's (and family members') health information and communication needs.

## School Health Services

### [Register for National Association of School Nurses Virtual Conference](#)

The National Association of School Nurses (NASN) has decided to move the NASN2020 Conference and NASN2020 Livestream to a virtual conference. It's taking place June 30-July 3, 2020. Learn more about the [Virtual NASN2020](#) event and information about registration.

## Community Involvement

### [How to Talk to Your Children About COVID-19](#)

Are your children asking you tough questions about COVID-19? The Centers for Disease Control and Prevention has helpful tips for parents and caregivers for talking to children about the coronavirus. View information on [how to talk with young children about COVID-19](#).

### [Watch Koala Cams at Home](#)

Do you love koalas as much as I do? If the answer is yes, check out the koala cameras at the Lone Pine Koala Sanctuary in Australia. [Watch the excitement with your children](#).

### [Watch Dolphin Camera from the Clearwater Marine Aquarium](#)

Many of us may not live near the ocean, but we can enjoy beautiful dolphins thanks to the [Clearwater Marine Aquarium](#).

### [View Parent and Caregiver Statistics in Schools Toolkits](#)

The United States Census Bureau wants to support parents and caregivers with distance learning. While you're home, view the Statistics in Schools toolkits for [pre-k, elementary, middle](#) and [high](#) school students. Have fun using statistics and census data and teach your children the importance of the 2020 Census. [View all the parent and caregiver toolkits](#) and more information.

## Nutrition Services

### [Turn Your Kitchen into a Laboratory](#)

Looking for fun science experiments to do with your kids? [Action for Healthy Kids](#) has several fun activities you can do in your kitchen with your children. Get ready to have some fun.

## Employee Wellness

### Take Care of Your Mental Health

It is natural to feel stress, anxiety, grief, and worry during and after a disaster, like the COVID-19 outbreak. Everyone reacts differently and feelings change over time. Visit the Centers for Disease Control and Prevention's [Taking Care of Your Emotional Health](#) and learn ways to promote positive mental health.

## Fueling Georgia's Future

### June Harvest of the Month

# TOMATOES

#### Georgia Grown Resources

[Classroom Resources](#): Resources include downloadable activity books, bulletin board kits, commodity fun facts, Georgia Grown videos and more, from Georgia Grown.

<p><b>JULY</b> Peaches</p> 	<p><b>AUGUST</b> Watermelon</p> 	<p><b>SEPTEMBER</b> Apples</p> 
<p><b>OCTOBER</b> Zucchini</p> 	<p><b>NOVEMBER</b> Sweet Potatoes</p> 	<p><b>DECEMBER</b> Lettuce</p> 
<p><b>JANUARY</b> Greens (COLLARD, MUSTARD, TURNIP)</p> 	<p><b>FEBRUARY</b> Cabbage</p> 	<p><b>MARCH</b> Root Vegetables (CARROTS, BEETS, RADISHES)</p> 
<p><b>APRIL</b> Strawberries</p> 	<p><b>MAY</b> Blueberries</p> 	<p><b>JUNE</b> Tomatoes</p> 

## Funding Opportunities

### Apply for Parent-Led Program Funding

Act now, parents! [Apply for a Parent for Healthy Kids grant](#) that will provide funds and support to increase physical activity or nutrition initiatives while promoting students' social emotional learning. The application deadline has been extended to August 31, 2020.

### Get a Salad Bar in Your School

Does your school have a salad bar? If not, apply for a grant from [Salad Bars to Schools](#). Applications are accepted year-round and are reviewed in the order they are received. It may take up to 12-14 months to fund a school salad bar. To qualify, the salad bar must be part of the reimbursable meal served in your district.

### Apply for ALDI Smart Kids Grants

ALDI is partnering with local organizations to make a positive impact on kids' health and wellness. Grant funds can be used to support children through education, arts, or other activities that help kids stay active and healthy. Applicants can request either cash or ALDI gift cards ranging in value from \$100 to \$5,000. The application deadline is December 15, 2020. [For more information on the program, visit the Aldi Smart Kids webpage.](#)

### Target Field Trip Grants

Since 2007, the [Target Company](#) has donated more than \$16 million in grants to the improvement of education. Each Target store in the United States will award three Target Field Trip Grants, enabling one in 25 schools throughout the country to send a classroom on a field trip.

### Firehouse Subs Public Safety Foundation AED Grants

- August 19, 2020 at 5 p.m. for Quarter 4 2020 Grants
- November 11, 2020 at 5 p.m. for Quarter 1 2021 Grants
- Portal reopens January 1, 2021

[Click here to learn more.](#)

### Apply for a Community Grant

Do you have an idea for an after-school program that would benefit an underserved community? Apply for a Community Grant from the Walmart Foundation. [Click here for more information.](#)

## Helpful Links from NASN

- ⇒ [ASTHMA](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [COVID-19](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

*Resources obtained from the*

[\*National Association of School Nurses Website\*](#)

## School Health Resources

### Department of Public Health– School Health Program

The GA Department of Public Health employs a Deputy Chief Nurse for School Health to provide leadership, training, and consultation to all health districts, school districts, and nurses serving children in the school setting.

For more information contact:

Sara Kroening, RN, MSN, FNP-BC, AE-C  
[schoolhealth@dph.ga.gov](mailto:schoolhealth@dph.ga.gov)



### Children's Healthcare of Atlanta – School Health Program

CHOA's School Health Program offers [school nurse updates](#) and webinars on clinical pediatric topics; staff education for school districts in metro Atlanta; reviews and revisions of the [school health manual](#); serves as a contact for school nurses to call to discuss programmatic needs and difficult cases; and provides the CHOA/DPH [Common Infectious Illness poster](#), [Behavioral Health resources](#), and [Educational Videos](#) . CHOA also provides nutritional and wellness resources through the [Strong 4 Life Program](#).

For questions or requests, call 404-785-7202, or email [schoolhealth@choa.org](mailto:schoolhealth@choa.org)

Click [here](#) for more information or [here](#) to opt-in to receive School Health news.

## CHOA Events and Trainings

[Diabetes Caregiver Class](#) Tuesday, June 23, 8:30 a.m. to 1:00 p.m.

[Cobb CME Virtual Meeting](#) Thursday, July 15, 6:00 p.m. to 8:00 p.m.

[Diabetes Caregiver Class](#) Tuesday, July 28, 8:30 a.m. to 1:00 p.m.

[Diabetes Caregiver Class](#) Thursday, August 13, 8:30 a.m. to 1:00 p.m.

[Diabetes Caregiver Class](#) Tuesday, August 25, 8:30 a.m. to 1:00 p.m.

Visit the [school health events calendar](#) to learn more and register.

Not on the CHOA School Health mailing list? Go to this link to subscribe: <http://pages.choa.org/School-Nurse-OptIn.html>



**Children's**  
 Healthcare of Atlanta