



Richard Woods, Georgia's School Superintendent
 "Educating Georgia's Future"
 gadoe.org

USING MOVIES AND MUSIC IN YOUR SCHOOL COUNSELING PROGRAM

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Understanding Copyright



- [Performance of or Showing Films in the Classroom](#)
- [Copyright and Fair Use in the UMUC Online or Face-to-Face Classroom](#)
- [Educational Uses of Non-coursepack Materials](#)
- [Copyright Crash Course](#)
- **NOTE:** Check with your media specialist regarding school and/or district policies related to using copyrighted material.

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Copyright Tidbits



- Educators may incorporate portions of lawfully acquired copyrighted works when producing their own educational multimedia programs for their own teaching tools in support of curriculum-based instructional activities at educational institutions.
- Motion media, e.g., movies, film clips, excerpts from television shows, etc.:
 - Up to 10 percent of the total or three minutes, whichever is less.
- Music, lyrics, and music video:
 - Up to 10 percent of the work but no more than 30 seconds of the music or lyrics from an individual musical work.
- Educators and students are advised to exercise caution in using digital material downloaded from the Internet in producing their own educational multimedia projects, because there is a mix of works protected by copyright and works in the public domain on the network.

Using Music in Your
Counseling Program

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Activities Using Music



Lyrics for Discussion

- Many songs deal with behavior and consequences.
- Have the students listen for the song's message, while it is being played.
- When the song ends, discuss what the students heard and what they felt the song meant.
- Then, relate the behavior and consequences to familiar situations.

Listening & Concentration Skills

- Young students will practice listening and concentrating if given a task to perform using music.
- Select a song with a steady beat. Tell the students to listen to the song you are going to play.
- Play the song through and tell the students they will be playing a game using the song.
- Have them practice clapping to the beat of the music. Have the students listen and clap to the entire song.
- When song is over, relate the students' ability to listen and pay attention to the music to their power to listen and pay attention to the teacher in class.

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Lyrics Discussion

SONG: Stronger (What Doesn't Kill You)

ARTIST: Kelly Clarkson

WHAT THE LYRICS SAY: "What doesn't kill makes you stronger, stand a little taller. Doesn't mean I'm lonely when I'm alone. What doesn't kill makes you fighter. Footsteps even lighter."

WHAT STUDENT HEARS: Life (read high-school) isn't always easy, but each adversity truly does make us stronger for the next time around.

SONG: Unwritten

ARTIST: Natasha Bedingfield

WHAT THE LYRICS SAY: "Live your life with arms wide open. Today is where your book begins. The rest is still unwritten."

WHAT STUDENT HEARS: Your life will be what you make it – make it count; nothing that has happened yet has determined your future.

SONG: Corner of the Sky

ARTIST: Jackson 5

MUSICAL: Pippin

WHAT THE LYRICS

SAY: "So many men seem destined to settle for something small, but I won't rest until I know I'll have it all. So don't ask where I'm going, just listen when I'm gone, and far away you'll hear me singing softly to the dawn."

WHAT STUDENT

HEARS: Never settle. Dream big, set goals and then go for it – no matter where the road may take you.

- In a group session, have empowering song playing while the participants are waiting to begin session.
- Have participants listen and discuss song lyrics.
- Participants discuss how the chosen song relates to them.

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Lyrics Discussion



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SONG: Defying Gravity

MUSICAL: Wicked

WHAT THE LYRICS SAY: "I'm through accepting limits, 'cause someone says they're so. Some things I cannot change, but till I try, I'll never know!"

WHAT STUDENT HEARS: There are no limits to what you can accomplish when you realize that there is no such thing as failure, only feedback on what doesn't work. Get up, brush yourself off and start again.

SONG: Free To Be Me

ARTIST: Francesca Battistelli

WHAT THE LYRICS SAY: "'Cause I got a couple dents in my fender, Got a couple rips in my jeans. Try to fit the pieces together but perfection is my enemy. On my own I'm so clumsy, but on your shoulders I can see... I'm free to be me."

WHAT STUDENT HEARS: It's not always going to be smooth sailing, but you are free to be who you were created to be even with a few mistakes along the way.

SONG: I Hope You Dance

ARTIST: Lee Ann Womack

WHAT THE LYRICS SAY: "I hope you still feel small when you stand beside the ocean. Whenever one door closes, I hope one more opens. Promise me that you'll give fate a fighting chance. And when you get the choice to sit it out or dance. I hope you dance."

WHAT STUDENT HEARS: Keep perspective on where your life/problems fit into the bigger picture. Keep your eyes open for new opportunities/stay optimistic, and ALWAYS stay in the game.

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Activities Using Music



Music is what feelings sound like.



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Feelings Mural

- Tape mural of bulletin board paper to a wall. Give each student a box of crayons.
- Assign each student to a portion of the mural paper.
- Tell the students to listen to the music and on the paper draw a picture that shows the emotions they are feeling to the music.
- When the song ends, have the students stop drawing and describe what they felt as they listened to the music.
- Compare the pictures' similarities and differences.

This Is Me

- This activity can be used in the small-group or individual counseling for older students.
- Ask the students to bring in a song with which they identify and play it during the session.
- After the song is played, have the student who brought it in explain what in the song relates to him/her and how he/she feels about the lyrics. Continue in this manner until every student has had an opportunity to share the song and comments.
- Conclude the session by having the students relate these same feelings to themselves and their behavior.
- This is a good way to encourage students to think about themselves and some changes they might like to make in their behavior.

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Stage Play

- Drama can be incorporated into lessons by having the students act out either their emotions or the words to a song.
- If you choose to have the students act out the words to a song, have them first listen to the song.
- They should look for songs with expressible lyrics. If the song lends itself to different parts, break the lyrics into small sections and assign a different section to each student.
- Playing songs without words is an effective technique to encourage students to express the emotions that the music brings out in them.
- This activity works well with nonverbal students because they are not forced to say anything but can express themselves through gestures.
- If older students are permitted to pick their own music, counselors can learn a great deal from the songs they select and their reactions to them.

Using Music in Groups

- Music is a very effective tool to employ in a group at the beginning or end.
- Select music can help set an upbeat or tranquil tone when students first enter the group room.
- Beginning a group by clapping, snapping fingers, drumming is a unique way to jump start conversations in group, and their roles in it.
- In termination, certain music or activities will give students a sense of closure and promote integration.

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25 Inspirational Songs*

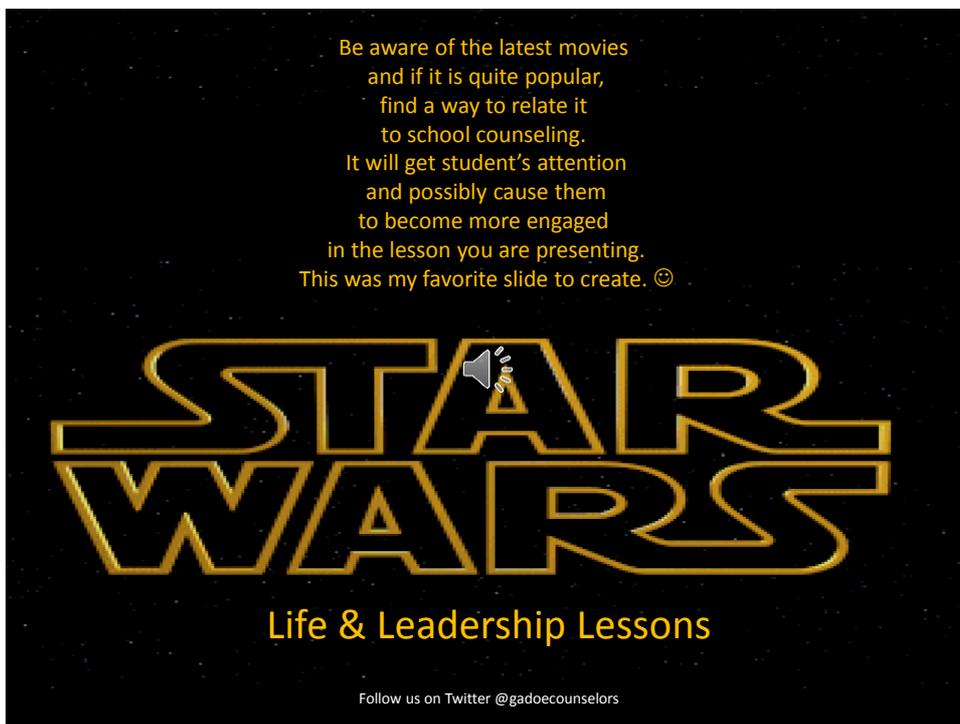
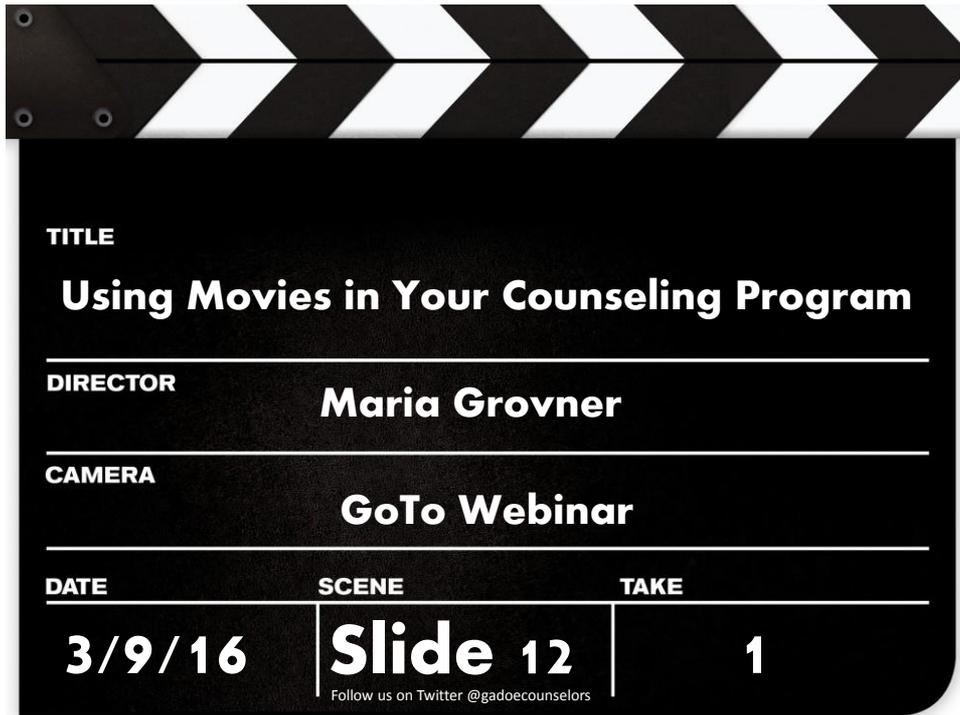


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- [Eye of the Tiger](#)
- [I Believe I Can Fly](#)
- [Somewhere Over the Rainbow](#)
- [Chariots of Fire](#)
- [It's A Beautiful Day](#)
- [Walking On Sunshine](#)
- [It's My Life](#)
- [That's What Friends Are For](#)
- [Hero](#)
- [Reach](#)
- [You Gotta Want It](#)
- [Never Surrender](#)
- To see full list of songs and themes, click on the title of the song*
- Check out the site for accompanying themes

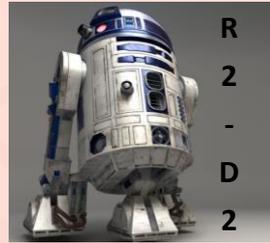
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- A wise guide at your side.
- Imparts wisdom and insights into your life and work.
- Choose people who excel in specific areas, rather than expecting one person to be brilliant at everything.



- The person who's always there to lend a hand, helping you reach a goal
- Has an interest in helping others achieve their mission.



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Chewbacca

- Comrades
- Loyalty
- Trustworthy



Counseling Related Resources:

- [Counseling Themes from Star Wars](#) (After checking link, it appears it's no longer operable. I've emailed the creator of the document to share broken link. If I hear back from her, I will let you know.)
- [Life Lessons for Kids and Teens](#)
- [Growth Mindset](#)

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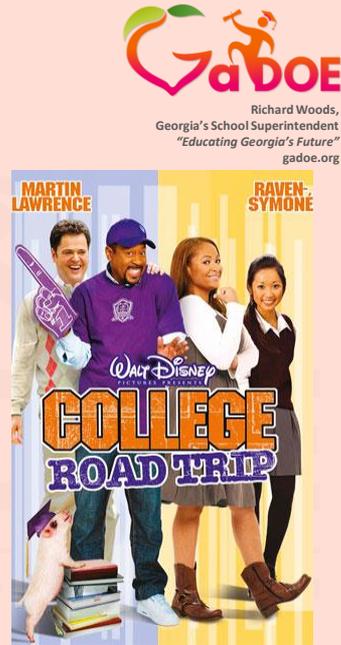
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THEMES:

- Getting involved in extra curricular activities
- Reach School (Georgetown) vs. Safety School (Northwestern)
- College Visitation
- Parent Involvement in College Planning

How to Use:

- Use in a small group as a culminating activity
- Entertainment on a field trip to a local college/university
- Show snippets when doing a lesson based on the themes above



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Finding Curriculum for Movies

- [Teach With Movies](#)
 - [DISCUSSION QUESTIONS](#)
 - [ASSIGNMENTS, PROJECTS AND ACTIVITIES](#)
- [Film Education](#) (no new content)
- [Wingclips](#)
- [Common Sense Media](#)



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Films for the Teens



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- [Best High School Movies](#)
- [Teen Film Themes](#)
- [50 Best High School Movies](#)
- [25 Best Movies About Education](#)
- [Inspirational Movies](#)
- [Great Leadership Movies](#)
- [10 Inspirational Movies for Teens](#)

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Movies to Inspire Girls

		<p>Host a movie each month or per quarter.</p> <p>Discussion Pointers</p>		
			<p>Any girl who signs up in advance can attend.</p> <p>Self-Reflection: Create a movie plotline about you. List cast members.</p>	

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Best Animated Features

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- 2001: Shrek
 - [Themes](#)
 - [Character Education/Stereotypes](#)
- 2003: Finding Nemo
 - [Discussion Questions](#)
- 2006: Happy Feet
 - [Conversation Starters](#)
- 2007: Ratatouille
 - [Realize Your Dreams](#)
- 2009: Up
 - [Value of relationships](#)
- 2010: Toy Story
 - [Loyalty](#)
 - [More Loyalty](#)
- 2011: Rango
 - [Standing up to bullies](#)
- 2012: Brave
 - [Writing Prompts](#)
 - [Extras](#)
- 2013: Frozen
 - [Life Lessons](#)
- 2014: Big Hero 6
 - [Themes](#)
- *And....*

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2015 Best Animated Feature

Goes to...



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INSIDE Out




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- [Inside Out Art Interventions](#)
- ★ [Inside Out Counseling Center Resources](#)
- [Emotional Intelligence](#)
- [Understanding Emotions Study Guide related to movie*](#)
- [Inside Out Clips \(see comment for Star Wars\)](#)
- [TEENAGERS: Emotional Brains*](#)
- [Ways to use Inside Out to Teach SEL, STEM, and Life's Ups & Downs](#)
- [Takeaways for college students good for high school students as well*](#)
- [Parenting Opportunity for ALL age levels*](#)
- [Five Teaching Ideas](#)
- ★ [Program Activities](#)
- [Inside My Head](#)



For Teens*

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In a Nutshell



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- Small Group Counseling
 - Snippets/Mini Clips related to session topic
 - Watch Movies as culminating activity
 - Discussion Guides
- Core Curriculum Lessons
 - Discussion Guides
- Individual Counseling
 - Relate to character

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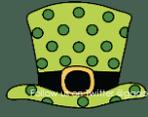
	<p>Theme: Putting aside differences; Doing what's right</p> <p>March 25th</p>	
<h1>COMING SOON</h1>		
		<p>Theme: Growing Up; Following Dreams</p> <p>March 18th</p>
<p>Follow us on Twitter @gadoecounselors 24</p>		

Elementary	Middle	High
		
<p><u>Understanding the Counselor's Role in Crisis Situations</u> 2:00 PM</p>	<p><u>Early College Awareness Initiatives</u> 11:00 AM</p>	<p><u>Academic Achievement Initiatives</u> 11:00 AM</p>
 <p><u>5th Grade Portfolios Best Practices</u> 2:00 PM</p>		<p>MOWR Course Numbers Updates Tuesday, March 22 10:00 AM</p> <p>Articulation: A Great Option for Offering MOWR to Students Thursday, March 24 10:00 AM</p>

MARCH WEBINARS

REGISTER TODAY!! DON'T DELAY!!

Click on the session's topic to register.




COME EXPERIENCE THE MAGIC

SUMMER PROFESSIONAL LEARNING FOR SCHOOL COUNSELORS

May 31, June 1, June 2

Macon Centreplex – Macon, GA - 8:15 AM – 3:00 PM

Lunch will be provided.

Hotel block available at Macon Marriott for \$109 per night. (Reference School Counselors when booking.)

Professional Learning Opportunities for School Counselors are provided on page 2.

To REGISTER:

1. Visit www.ctaern.org Login info: First three letters of last name and last four digits of SSN
2. Workshop Catalog
3. Workshop Categories (upper right)
4. Guidance/Career Development
5. Click "Register" tab to register for the desired summer workshop(s) you would like to attend.
6. An email confirmation will be sent to you after successfully registering for each the workshop.

Get ready for a Top Hat Magical Summer....
Abracadabra...Ayla kazoo

This summer will be magical because of all the great updates the Georgia Department of Education

has in store for you!

Each show will leave you wanting more because each show is filled with

MAGIC!

Continued on page 2.

Appearing June 1 & June 2
8:15 AM – 3:00 PM
(CHOOSE ONE DAY)



DAVE WEBER

"Sticks & Stones exposed: The Truth Behind Words & Relationships" (Culture & Climate)

This hilarious presentation zeroes in on the power of our words and the impact they have on the culture and climate of a school. What kind of atmosphere are our words creating? One in which education professionals strive to work as a strong team for the sake of the children...or one that is breeding an inability to trust and work together. Discover how to transform your classroom and your relationships and how to build a great "community" within your school and your family.
***Additional sessions by Dave Weber scheduled throughout the summer through CTAERN.**

**Intended Audience:
Elementary, Middle, High
8:15 AM—3:00 PM**

Appearing May 31, June 1 & June 2
8:15 AM – 12:00 PM
(CHOOSE ONE DAY)



GREG MANNING

Career Exploration for Young Champs

This interactive workshop packed full of energy, motivation, information, and fun exercises will discuss and assist with strategies and exercises that will encourage young students to dream about a future career. It's never too early to dream of becoming that chef. We all dream and it's common for middle and high school students to begin thinking about a productive career. Elementary students should also have the same opportunity to dream about their future, they just need you, their school counselor to be there to open up a whole new world of career opportunities.

**Intended Audience:
Elementary
8:15 AM—12:00 PM
Participate in Main Event from 12-3**

Appearing May 31, June 1, & June 2
8:15 AM – 3:00 PM
(CHOOSE ONE DAY)



LYNN ANDERSON

Counseling and Economic Development

This full-day workshop offers Georgia middle and high school counselors what they need to know about the 21st century workforce development and education. This professional learning begins by describing the "new economy" and what education and skills are now needed by high school graduates and in their postsecondary training. The workshop then moves into how counselors can work with workforce development agencies. Counselors are encouraged to invite their building administrator to participate in this session.

**Intended Audience:
Middle and High
8:15 AM—3:00 PM**

The *Main Event* will happen on May 31, June 1, and June 2. Counselors are encouraged to choose the day that works best for them. Lunch will be provided for all sessions. A few of the highlights for the *Main Event* are:

- "Move On When Ready" Updates
- Updates from Various State Agencies
- Legislative Updates that Impact School Counselors
- The Future of Career Planning in Georgia

Intended Audience:

Middle and High School Counselors (8:15AM - 3:00 PM) & Elementary School Counselors (12:00 PM — 3:00 PM)





Incorporating Clips into Your Lesson

- Keepvid.com
- Using only the top part of the site as pictured below
- Copy a video clip's URL from a site like YouTube by clicking "share" and paste into the box on keepvid and then click download.
- Select the type of download you would like (MP4...MAX 480p works just fine)
- Your video will be saved as a .wmv file which is compatible with most computers. This will also eliminate the issue of accessing YouTube doing class lessons and it can be incorporated into presentation.



- Do not bother with other sections of the site.

