



Georgia Department of Education

# Georgia Student Wellness- Supporting the Whole Child

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EDUCATING GEORGIA'S FUTURE

OCTOBER 2018

# OCTOBER



BREAST CANCER AWARENESS MONTH

## OCTOBER NATIONAL HEALTH OBSERVANCES

- ⇒ [National Breast Cancer Awareness Month](#)
- ⇒ [National Bullying Prevention Month](#)
- ⇒ [National Down Syndrome Awareness Month](#)
- ⇒ [Sudden Cardiac Arrest Awareness Month](#)
- ⇒ [National Protect Your Hearing Month](#)
- ⇒ [Sudden Infant Death Syndrome \(SIDS\) Awareness Month](#)
- ⇒ 7 - 13 [Mental Illness Awareness Week](#)
- ⇒ 11 [National Depression Screening Day](#)
- ⇒ 14 - 20 [International Infection Prevention Week](#)
- ⇒ 16 - 20 [National Health Education Week](#)
- ⇒ 23 - 31 [Red Ribbon Week](#)

*The articles and hyperlinks to external websites appearing in this newsletter are intended to be informational and do not represent an endorsement by the Georgia Department of Education.*

## EVERY STUDENT SUCCEEDS ACT

Did you know that Georgia's state plan for the Every Student Succeeds Act focuses on the **WHOLE CHILD**? Georgia recognizes that by focusing on the whole child schools are building a strong foundation, expanding educational opportunities, and preparing our students for life.



## UPCOMING WORKSHOPS

### Workshops...

- **Stewards of Children**- Join CHOA as Stewards of Children demonstrates how to prevent, recognize and react responsibly to child sexual abuse and teaches five proactive steps to protecting children.
  - ⇒ October 16th- 1:00pm-3:30pm
  - ⇒ November 13th- 1:00pm-3:30pm
  - ⇒ December 6- 1:00pm-3:30pm

*You Make a Difference*  
Thank You for all you do!



# CELEBRATE Farm to School Month

Ideas and resources for celebrating National Farm to School Month in October

**OCTOBER IS NATIONAL FARM TO SCHOOL MONTH**, a time to celebrate the connections happening all over the country between children and local food!

From taste tests in the cafeteria and nutrition education activities in the classroom, to farm visits and school garden harvest parties, schools, farms, communities and organizations in all 50 states, Washington, D.C. and U.S. Territories take part in the celebrations.

The **National Farm to School Network** advocated for the creation of National Farm to School Month by Congress in 2010 and now organizes the annual celebration with dozens of partners across the country.

## GET STARTED

National Farm to School Month is a great opportunity to plan a new farm to school activity, organize a special celebration of your current efforts, or initiate a new partnership.

The second page of this fact sheet contains ideas for how teachers, food service professionals, farmers and families can get involved. Visit [farmtoschool.org](http://farmtoschool.org) for more resources and activities to get started.

## LEARN MORE ABOUT THE MOVEMENT

Throughout October, we'll share stories and information on our blog about how farm to school contributes to vibrant communities and empowers children and their families to make informed food choices. Our resource database is home to even more information on the benefits of farm to school and includes searchable tags for National Farm to School Month as well as topics like school gardens, procurement and farm to early care and education.



Visit [farmtoschool.org](http://farmtoschool.org) for a complete list of National Farm to School Month resources and activities.

## GET INVOLVED AND TAKE ACTION

National Farm to School Month provides exciting opportunities for everyone - from students, parents and food enthusiasts to food producers and nutrition professionals - to get informed, get involved and take action to grow farm to school in their own communities and across the country.

Tell us how you're celebrating National Farm to School Month and you'll be entered to win support for farm to school activities at a school or early care and education site of your choice!

Sign up for the National Farm to School Network e-newsletter to receive updates about National Farm to School Month, new resources, advocacy opportunities and more. Sign up at [farmtoschool.org](http://farmtoschool.org)

**NATIONAL  
FARM to  
SCHOOL  
MONTH**



There are many ways to get involved with farm to school in your community!

## Celebrate

Many farm to school programs begin with a small activity that generates interest and engages the whole community. Use these ideas for celebrating National Farm to School Month as a small step to establish a new farm to school project or strengthen an existing program.

### Teachers

- Plan nutrition education activities, such as Harvest of the Month, and feature a local food product that is in season.
- Connect instructional school gardens and garden-based learning activities to curriculum.
- Organize a farm tour or trip to the local farmers' market.

### School food service professionals

- Promote National Farm to School Month on the school menu and in the cafeteria. Find logos, posters and more at [farmtoschool.org](http://farmtoschool.org).
- Do a taste test of local products or feature a special local item for lunch, breakfast or snacks.
- Create a farm to school salad bar using local produce.

### Families

- Visit your local farmers' market. Buy something you've never tried before, cook it and share with your family and friends.
- Cook with seasonal products as much as possible. Most state departments of agriculture or Buy Fresh Buy Local chapters offer a regional crop calendar.
- Volunteer at your local school to support a school garden or classroom educational activity.

### Farmers

- Connect with your local school and offer to conduct a classroom session during October or offer to host a visit to your farm.
- Become a classroom pen pal. Farm field trips are great, but stories and photos from the farm are the next best thing.
- Promote National Farm to School Month on your farm or at your farmers' market booth with posters and other materials, which can be downloaded at [farmtoschool.org](http://farmtoschool.org).

### Organizations and businesses

- Show your support for National Farm to School Month by becoming an official sponsor! Contact: [info@farmtoschool.org](mailto:info@farmtoschool.org)
- Become an official National Farm to School Month partner! Partners commit to spreading the word about National Farm to School Month. Suggested messaging and weekly updates will be provided. Sign up by emailing [info@farmtoschool.org](mailto:info@farmtoschool.org).



## Spread the Word

- Highlight your farm to school activities in your newsletters, on your website or blog, and in materials that go home to parents like school lunch menus.
- Download and print National Farm to School Month materials like posters, stickers, bookmarks and more at [farmtoschool.org](http://farmtoschool.org).
- Invite local media and policymakers to visit your school, farm or other farm to school sites and participate in National Farm to School Month events.
- Share our campaign content on your social media channels using the hashtags **#F2SMonth** and **#farmtoschool**. Follow the National Farm to School Network on Facebook, Twitter and Instagram to see highlights of National Farm to School Month celebrations across the country throughout October.

*The National Farm to School Network is an information, advocacy and networking hub for communities working to bring local food sourcing, school gardens and food and agriculture education into school systems and early care and education settings.*



**NATIONAL  
FARM to SCHOOL  
NETWORK**

# Sudden Cardiac Awareness Month

Dear School Health Professionals:



We have had 5 cardiac arrests in Georgia schools this school year.

In recognition of Sudden Cardiac Arrest Awareness Month Project S.A.V.E., and [Project ADAM](#) affiliates across the country want to make sure you are READY in the event of a SCA.

Please share our All Staff Awareness video with your school staff, faculty and coaches.

<https://choasoftware.wistia.com/medias/o60mt1p78r>



Here is how you can help –

1. Follow the Project ADAM Facebook page. Follow the link below and like our page: <https://www.facebook.com/SupportProjectADAM/>  
[Visit this guide](#) for support with liking or following a Facebook page.
2. Post our social media messages to raise awareness on Sudden Cardiac Arrest and the mission of Project ADAM. From October 1<sup>st</sup> – 31<sup>st</sup>, we want you to help us spread the word by posting and sharing Project ADAM content from your personal Facebook account.
3. Don't have Facebook? We will compile social media content into a weekly newsletter during the month of October that can be shared with your local partners and contacts. Not subscribed? It's easy, click here and add your email: <https://www.projectadam.com/Utility-Nav/Newsletter>
4. Lastly, we want our schools to be involved so the teachers, parents, and children can be informed! Feel free to forward this instructional email to your local community and school partners.

*During the month of October, Project ADAM has teamed up with our friends at Parent Heart Watch and the Sudden Cardiac Arrest Foundation to be part of the **[Call, Push, Shock Campaign](#)**. Throughout our October READY Campaign we will reference Call, Push, Shock messaging as well!*

Thank you, and we are excited to spread the awareness and knowledge of our program's mission!

Sincerely,

Project ADAM Education Committee & Awareness Campaign Task Force:

Angel, Melody, Zane, Sarah, Ryan, Gwen, Ryan and Alli

# Sudden Cardiac Awareness Month

## You Can Save a Life from Sudden Cardiac Arrest

CALL • PUSH • SHOCK

SUDDEN CARDIAC ARREST (SCA) IS A NATIONAL PUBLIC HEALTH CRISIS AFFECTING OVER 356,000 PEOPLE EACH YEAR, INCLUDING 7,000 YOUTH UNDER AGE 18.

**Sudden cardiac arrest is a life-threatening emergency that occurs when the heart suddenly stops beating. When SCA happens, the person collapses and doesn't respond or breathe normally. They may gasp or shake as if having a seizure.**

Survival depends on the quick actions of people nearby calling 911, starting CPR and using an AED, if available, as soon as possible.



**Every second counts!**  
SCA leads to death in minutes, if the person does not get help right away.



**You can triple a person's chance of survival from SCA by starting CPR immediately.**

Push hard and fast in the center of the chest, 100 to 120 compressions per minute.

AEDs are meant for anyone to use. Follow the step-by-step audio/visual instructions and remember that an AED cannot hurt the person, it can only help.

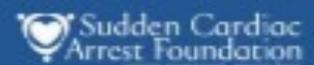
Today only 1 in 10 survives SCA. But with immediate CPR and use of an AED, 5 in 10 victims could survive.



7 in 10 SCAs happen at home... You could save the life of someone you love by starting CPR.

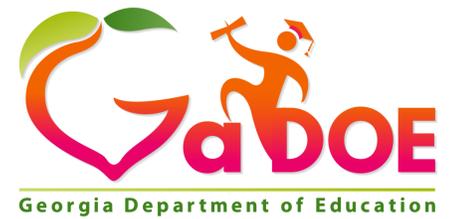


Join our national movement to increase survival rates and save lives from sudden cardiac arrest.



Learn more at [CallPushShock.org](http://CallPushShock.org)

# Georgia Student Wellness- Supporting the Whole Child



## RESOURCES/WEBINARS

### ⇒ University Offers Online Behavioral Health Training

The University of Maryland School of Medicine is offering online training, downloadable materials and tips on a variety of behavioral health topics. One course, “Mental Health to Support Student Learning,” is designed for educators and school-based staff. To review these resources, visit the [website](#).

### ⇒ Join Webinar on Coping with Workplace Stress, Depression

Families for Depression Awareness is hosting a webinar for anyone with excessive workplace stress. The webinar will be held Nov. 1 at 7 p.m. EDT and will provide tools and strategies on managing stress and staying focused on the job.

[Register for the webinar.](#)



### ⇒ Hurricane Season Continues Through November

It's not too late to prepare for hurricane season, which runs through Nov. 30. The Centers for Disease Control and Prevention (CDC) has created resources to help you prepare before and after a hurricane strikes. To learn about hurricane preparedness, [visit the CDC website](#).



## FUNDING OPPORTUNITIES

### ⇒ Firehouse Subs Public Safety Foundation [AED Grants](#)

**Thursday, November 29, 2018 at 5:00 PM EST for Quarter 1 2019 Grants**

What are the Foundation funding guidelines? Life-saving equipment, prevention education, scholarships and continued education, disaster relief and military support.

### ⇒ Federal Grants Aim to Improve School Meals

Does your school need new equipment for its National School Lunch Program? The U.S. Department of Agriculture is offering grants to state agencies that want to competitively award equipment assistance grants to eligible participants in the National School Lunch Program. [For information on how to be considered, visit the website.](#)

### ⇒ Fuel Up to Play 60

Do you want to improve the physical activity and healthy eating opportunities in your local school? Fuel Up to Play 60 is offering grants to eligible schools who enroll in Fuel Up to Play 60, participate in the National School Lunch Program and have a registered Program Advisor. The application deadline is Nov. 7. [Visit the website for more information.](#)



# Georgia Student Wellness- Supporting the Whole Child



## COUNSELING AND SOCIAL SERVICES

### ⇒ **Mental Health Training for School-Based Health Providers**

If you are a school-based health care provider, the University of Maryland has some online training to help you. "Mental Health Training Intervention for Health Providers in Schools" includes a series of modules aimed at promoting student mental health and managing the needs of students who have, or are at risk for, emotional and behavioral difficulties. [Take the course.](#)

### ⇒ **Study Links Severe Selective Eating to Depression, Anxiety**

A study analyzing the eating behaviors of young children found that children with severe, selective eating habits are twice as likely to be diagnosed with depression or social anxiety than children without food issues. For more information about the study, [visit the website.](#)

## PHYSICAL EDUCATION

### ⇒ **Studies Encourage Physical Activity in the Classroom**

Incorporating short bursts of physical activity into classroom routines increased students' daily exercise without disrupting learning. That's according to a series of studies conducted by the University of Michigan. To learn more about these studies, [read the article.](#)

### ⇒ **Even mild physical activity immediately improves memory function**

University of California-Irvine via Science Daily  
People who include a little yoga or tai chi in their day may be more likely to remember where they put their keys. Researchers at the University of California, Irvine and Japan's University of Tsukuba found that even very light workouts can increase the connectivity between parts of the brain responsible for memory formation and storage. [READ MORE](#)

## HEALTHY SCHOOL ENVIRONMENT

### ⇒ **Website Promotes Healthy Teen Relationships**

The Centers for Disease Control and Prevention has a new website that aims to prevent dating violence. [Visit the Dating Matters website](#), and [take the Understanding Teen Dating Violence Prevention online course](#).

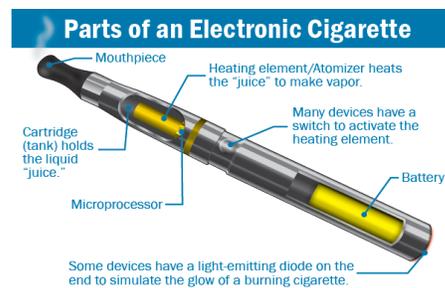
### We Celebrate Red Ribbon Week® (October 23-31)



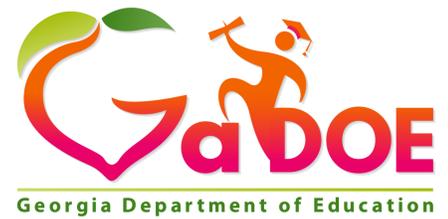
## HEALTH EDUCATION

### ⇒ **Increasing Use of Flavored E-Cigarettes in Adolescence**

A recent study from the Centers for Disease Control and Prevention revealed increases in sales of flavored e-cigarettes from 2012 to 2016. Flavored tobacco is a public health concern because flavored e-cigarette use is associated with higher levels of intention to initiate cigarette smoking among never-smoking adolescents, lower levels of intention to quit among adolescent smokers and decreased perceptions of harm, compared with nonusers of e-cigs. To learn more about e-cigs use among adolescents, [review the research.](#)



# Georgia Student Wellness- Supporting the Whole Child



## SCHOOL HEALTH SERVICES

### ⇒ Spreading the Word about Insurance

As children return to school, it is important to let guardians know that their children may be eligible for free low-cost health insurance through Medicaid and the Children Health Insurance Program (CHIP). Schools are great partners to help reach and enroll families with children who are eligible for Medicaid and CHIP. InsuranceKidsNow.gov has developed resources to help implement school-based outreach. [Review the resources online.](#)

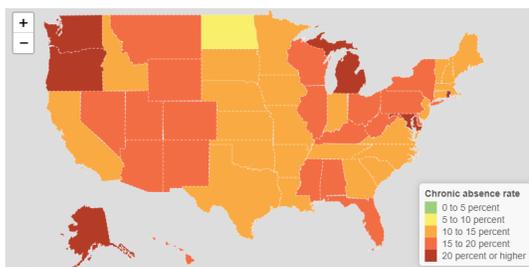
### ⇒ Read New Guidelines for Students with Seizures, Epilepsy

The National Association of School Nurses has released a new guideline for students with seizures and epilepsy. It's a decision-making tool that reflects the most current evidence on the topic. [Read the guideline.](#)

## COMMUNITY INVOLVEMENT

### ⇒ [New Chronic Absenteeism Mapping Tool](#)

Click on GA for a visual of chronic absenteeism. You can drill down to the school level.



### ⇒ Engage Parents to Promote Healthy Schools

Do you want to increase parent involvement in your school? According to the Centers for Disease Control and Prevention (CDC), students get better grades, choose healthier behaviors and have better social skills when parents are involved in their school lives. [Visit the CDC webpage to learn how to promote parent engagement.](#)



## NUTRITION SERVICES

### ⇒ How Hungry is America?

The Food Research Action Center has released a new report. The report discusses national, state and local measures of food hardship in 2016 and 2017. Over 300,000 households were surveyed for the report.

[Download the report online.](#)

### ⇒ Menu Planner for Schools

The United States Department of Agriculture has released the Menu Planner for School Meals: School Year 2018 – 2019 (Menu Planner) to equip school nutrition professionals with skills and knowledge to create healthy, affordable and appealing school snacks and meals for students. To learn about menu planning, [read the guide.](#)

## STAFF HEALTH PROMOTION

### ⇒ Learn About Emotional Wellness

Are you interested in learning about emotional wellness? Emotional wellness is the ability to handle life's stresses successfully and to adapt to changing and difficult situations. [Access the National Institutes of Health's Emotional Wellness Toolkit today.](#)

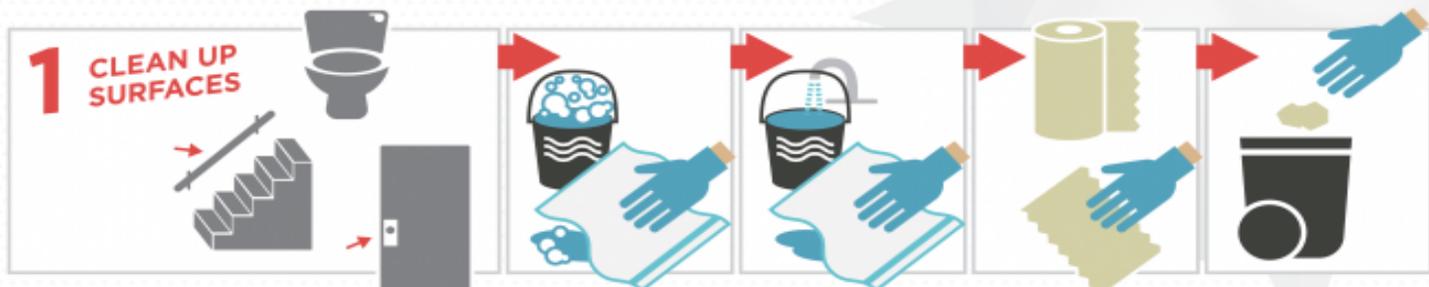
### ⇒ Join Webinar on Coping with Workplace Stress, Depression

Families for Depression Awareness is hosting a webinar for anyone with excessive workplace stress. The webinar will be held Nov. 1 at 7 p.m. EDT and will provide tools and strategies on managing stress and staying focused on the job. [Register for the webinar.](#)



# Help Prevent the Spread of **NOROVIRUS** A STOMACH BUG

Stop norovirus! Clean surfaces that are touched a lot.



\*If using regular strength bleach (5.25%), increase the amount of bleach to 1 cup.



Norovirus spreads by contact with an infected person or by touching a contaminated surface or eating contaminated food or drinking contaminated water.

El norovirus se propaga por el contacto con una persona infectada o al tocar una superficie contaminada o comiendo alimentos contaminados o beber agua contaminada.

Le norovirus se propage par contact avec une personne infectée, en touchant une surface contaminée, en mangeant des aliments contaminés ou en buvant de l'eau contaminée.

诺如病毒的传播途径是与感染者接触或接触污染的表面或食用被污染的食物或饮用受污染的水。

Scientific experts from the U.S. Centers for Disease Control and Prevention (CDC) helped to develop this poster. For more information on norovirus prevention, please see <http://www.cdc.gov/norovirus/preventing-infection.html>.



# Clean Up & Disinfect For **NOROVIRUS** A STOMACH BUG

Act fast! Clean up any vomit or diarrhea immediately.

**1 WIPE UP SURFACES**

Only use hot water & bleach if fabric laundering directions permit

**2 CLEAN UP SURFACES**

**3 DISINFECT SURFACES**

3/4 CUP CHLORINE BLEACH\* + 1 GALLON WATER

\*If using regular strength bleach (5.25%), increase the amount of bleach to 1 cup.

**4 WASH YOUR HANDS**

Any vomit or diarrhea may contain norovirus and should be treated as though it does.

Cualquier vomito o diarrea puede contener norovirus y debe ser tratado como si lo hiciera.

Toute vomissure ou diarrhée peut contenir un norovirus et doit être traitée comme si elle en contenait.

任何呕吐或腹泻都可能含有诺如病毒，治疗时应视为含有诺如病毒处理。

Scientific experts from the U.S. Centers for Disease Control and Prevention (CDC) helped to develop this poster. For more information on norovirus prevention, please see <http://www.cdc.gov/norovirus/preventing-infection.html>.



# National Protect Your Hearing Month

## Protect Your Hearing!

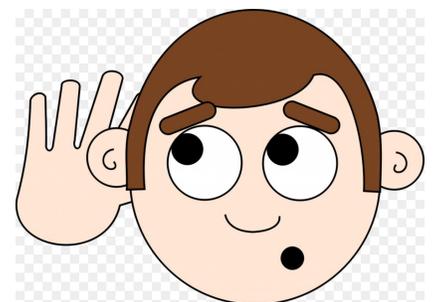
During October's National Protect Your Hearing Month, encourage your family and friends to listen to the sounds they love safely by using hearing protection all year long. Recognize the importance of hearing health with the National Institute on Deafness and Other Communication Disorders (NIDCD) and its [Noisy Planet educational program](#).



## Vision and Hearing Screening Preparation Resource from Truman University

Here are videos school staff can show students before screening to prepare them for the screenings.

- **Vision Screening Preparation ENGLISH**  
<http://ccox.sites.truman.edu/2018/02/01/vision-screeningpreparation1/>
- **School Vision Screening Prep SPANISH**  
<http://ccox.sites.truman.edu/2018/08/28/vision-screeningprep-spanish/>
- **Hearing Screening Preparation ENGLISH**  
<http://ccox.sites.truman.edu/2018/01/30/hearingscreening-preparation/>
- **School Hearing Screening Prep: SPANISH**  
<http://ccox.sites.truman.edu/2018/08/28/hearingscreening-prep-spanish/>



**STUDENT BULLYING**

# Report Ranks States on Bullying Victimization

The Children's Safety Network says South Dakota reports the most bullying victimization among U.S. youth, and Alaska reports the least. Those findings and more are outlined in [a new report](#) that examines different types of bullying, its prevalence and the harmful effects it can have on youth development. To find out [where Georgia ranks](#), download the pdf.



## STUDENT BULLYING



**STATES WITHOUT BULLYING LAWS**

**FIRST STATE WITH BULLYING LAW**

### bul·ly·ing

Physical, verbal, or psychological attacks or intimidation against a person who cannot properly defend himself or herself. It includes two key components: 1. Repeated harmful acts 2. Imbalance of power



**WORST STATES TO LIVE IN FOR BULLYING K-12**

**280,000**  
STUDENTS ARE PHYSICALLY ATTACKED IN SECONDARY SCHOOLS EACH MONTH

**160,000**  
STUDENTS MISS SCHOOL EACH DAY FOR FEAR OF BEING BULLIED

**77%**  
OF STUDENTS ARE BULLIED MENTALLY, VERBALLY, & PHYSICALLY. CYBER BULLYING STATISTICS ARE RAPIDLY APPROACHING SIMILAR NUMBERS

**43%**  
FEAR HARASSMENT IN THE BATHROOM AT SCHOOL

**EFFECTS OF BULLYING**

Bullying can have a significant impact on both child and teenage students. Students who are bullied often suffer from anxiety, fear, withdrawal, low self-esteem, and poor concentration. A bullied student will often avoid school, have lower grades, and become socially isolated. There have been numerous reports of suicide due to bullying.

**EFFECTS ON BULLIES**

Bullying is often a warning sign that children and teens are heading for trouble and are at risk for serious violence. Teens (particularly boys) who bully are more likely to engage in other antisocial/delinquent behavior (e.g., vandalism, shoplifting, truancy, and drug use) into adulthood. They are four times more likely than nonbullies to be convicted of crimes by age 24, with 60 percent of bullies having at least one criminal conviction.

**MOST COMMON TYPES OF BULLYING:**

HITTING, THREATENING, INTIMIDATING, MALICIOUSLY TEASING AND TAUNTING, NAME-CALLING, MAKING SEXUAL REMARKS, AND STEALING OR DAMAGING BELONGINGS OR MORE SUBTLE, INDIRECT ATTACKS (SUCH AS SPREADING RUMORS OR ENCOURAGING OTHERS TO REJECT OR EXCLUDE SOMEONE).

**1 OUT OF 4**  
STUDENTS WILL BE ABUSED BY ANOTHER YOUTH



**1 OUT OF 5**  
ADMIT TO BEING A BULLY, OR DOING SOME "BULLYING"



**PLAYGROUND SCHOOL BULLYING STATISTICS**

**EVERY 7 MINUTES A CHILD IS BULLIED**

MORE YOUTH VIOLENCE OCCURS ON SCHOOL GROUNDS AS OPPOSED TO ON THE WAY TO SCHOOL



ADULT INTERVENTION: 11% PEER INTERVENTION: 4% NO INTERVENTION: 85%

**SOURCES:**

HTTP://WWW.COPS.USDOJ.GOV  
WWW.KEEPSCHOOLSSAFE.ORG  
WWW.BULLYPOLICE.ORG

PRODUCED BY:  
BUCKFIRE & BUCKFIRE PC  
WWW.BUCKFIRELAW.COM

<http://bit.ly/studentbullyingfacts> ©

# Does Your School Staff Need Mental Health Resources?

## Online Trauma/Brain 101: Understanding the Impact of Trauma on Children/Youth and Brain Development

Directions for accessing the training [Online Trauma/Brain 101](#)

**Instructional Hours: 3**

**CEUs: 3 hours** MSW (core), LPC & LMFT (related), and DECAL

### **Course Description**

This online course will provide participants with foundational knowledge about child trauma, child traumatic stress and how adversity and trauma can impact children and youth and their brain development. Participants will also be introduced to brain architecture and early brain development in children and youth.

### **Topics and Learning Objectives**

#### **Child Trauma and Child Traumatic Stress**

- Explain the term child traumatic stress
- Describe the three types of trauma, and the types of experiences that constitute childhood trauma
- Recognize role in responding to child traumatic stress

#### **How Trauma Affects Children**

- Explain the relationship between a child's lifetime trauma history and his/her behaviors and responses
- Describe the effects of adversity and child traumatic stress on brain development
- Identify the impact of trauma on child development

#### **Brain Systems**

- Describe the basic architecture of the brain
- Explain the term brain health
- Describe the process of brain development in young children and adolescents
- Identify the types of experiences and situations that can impact brain development
- Describe the impact of toxic stress and complex trauma on the developing brain

#### **Adverse Childhood Experiences and Brain Development**

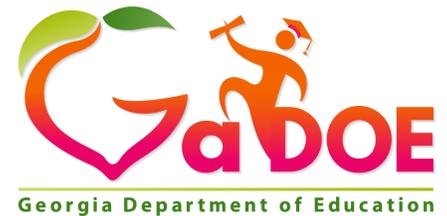
- Describe the relationships between ACEs (adverse childhood experiences) and brain development in children and adolescents
- Describe the relationship between ACEs and lifetime health risks

#### **Resilience and Brain Development**

- Define the term resilience
- Describe the relationship between resilience and brain health
- Describe how establishing trusting and supportive relationships with children and adolescents can impact resilience



# Georgia Student Wellness- Supporting the Whole Child



## CHOA SCHOOL HEALTH RESOURCES

Eighteen percent of children in the United States have a chronic medical condition. A well-trained school health professional can help these children manage their health and stay in school. Children's Healthcare of Atlanta (CHOA) works closely with school health personnel throughout the state to provide them with educational materials, training and support.

The Children's Regional School Health Coordinator, Gail Smith, provides the following services:

- ◆ [School nurse updates](#) and webinars on clinical pediatric topics
- ◆ Staff education for school districts in metro Atlanta
- ◆ Reviews and revisions of the [school health manual](#)
- ◆ Serve as prime contact for school nurses to call to discuss programmatic needs and difficult cases
- ◆ Provide the CHOA/DPH [Common Infectious Illness poster](#)
- ◆ [Behavioral Health resources](#)
- ◆ [Educational Videos](#)

Children's Healthcare of Atlanta also provides nutritional and wellness resources through the [Strong 4 Life Program](#). Please click the hyperlink for more information.

**For questions or requests, please contact:**

**Gail Smith, B.S.N., R.N.**  
Regional School Nurse Coordinator  
Phone: 404-785-7202  
Cell: 404-395-8067  
Email: [schoolhealth@choa.org](mailto:schoolhealth@choa.org)  
Web Page: <http://www.choa.org/schoolhealth>

**Want to receive School Health News:**  
<http://pages.choa.org/School-Nurse-OptIn.html>



## HELPFUL LINKS

- ⇒ [ASTHMA](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [ORAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

\*\*\*Resources obtained from the [National Association of School Nurses Website](#)



# Do You Know Someone Who is Looking for a Career?



Students interested in entering a field in which there are plenty of job openings can choose to enroll in one of **17 programs of study for which FREE TUITION is available!**

The HOPE Career Grant can be the boost a student needs to **get started on a rewarding career in a well-paying job, and without accumulating a lot of student debt.** It also helps Georgia employers by creating a pipeline of skilled workers they can hire well into the future. To learn more, or find out which campuses offer these programs, click on one of the programs below.

To be eligible for the HOPE Career Grant, students must first qualify for and be receiving the [HOPE Grant](#). The two grants together will cover all tuition in these 17 programs of study. Students will still be responsible for student fees and any equipment necessary, although in some cases, financial aid is available for those as well.

- ◆ [Automotive Technology](#)
- ◆ [Aviation Technology](#)
- ◆ [Certified Engineer Assistant](#)
- ◆ [Commercial Truck Driving](#)
- ◆ [Computer Programming](#)
- ◆ [Computer Technology](#)
- ◆ [Construction Technology](#)
- ◆ [Diesel Equipment Technology](#)
- ◆ [Early Childhood Care and](#)
- ◆ [Education](#)
- ◆ [Electrical Lineman Technology](#)
- ◆ [Health Science](#)
- ◆ [Industrial Maintenance](#)
- ◆ [Logistics/Transportation Technology](#)
- ◆ [Movie Production Set Design](#)
- ◆ [Practical Nursing](#)
- ◆ [Precision Manufacturing](#)
- ◆ [Welding and Joining Technology](#)

# FREE TUITION!

If you enroll in one of 46 designated programs, Georgia's NEW **HOPE CAREER GRANT** could pay your tuition!

MRI & CT Specialist	Commercial Truck Driving	Practical Nursing	Film & TV Production	Early Childhood Care & Education	Pharmacy Technology	Welding & Joining Technology
Nurse Aide	Computer Networking	Surgical Technology	Web Site Design	Diesel Equipment Technology	Computer Programming	and many more!