

# Georgia Health Performance Standards



## Grades 4 & 5

<b>Lesson Organizer</b> <b>Sample Performance Task</b>
Overview: This unit teaches about the practices of safe bus riding and emergency bus evacuation. Pacing: This unit can be taught as one lesson or up to three shorter lessons. The power point is segmented into three sections.
<b>Standards and Elements Addressed</b>
<b>HE4.3:</b> Students will demonstrate the ability to access valid information and products and services to enhance health. <b>a. Recognize the characteristics of valid health information, products, and services.</b> <b>b. Summarize the services that school, family, and community provide concerning personal health</b>
<b>HE4.4:</b> Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks. <b>a. Describe effective negotiation skills to manage or resolve conflict.</b>
<b>HE4.5:</b> Students will demonstrate the ability to use decision-making skills to enhance health. <b>a. Explain a situation that may require a thoughtful health-related decision.</b> <b>b. Determine when help is needed to make a health-related decision.</b> <b>d. Describe the possible consequences of each option when making a health-related decision.</b> <b>e. Determine a healthy choice when making a decision.</b>
<b>HE4.7:</b> Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks. <b>a. Practice beneficial health behaviors.</b> <b>b. Demonstrate a healthy behavior to improve personal health and wellness.</b> <b>c. Demonstrate behaviors to reduce health risks.</b>

Georgia Department of Education

Dr. John D. Barge, State School Superintendent

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**HE4.8:** Students will demonstrate the ability to advocate for personal, family, and community health.

- a. Provide valid health information about a health issue.**
- b. Help others make positive choices.**

**HE5.3:** Students will demonstrate the ability to access valid information and products and services to enhance health.

- a. Help others make positive choices.**
- b. Locate resources from home, school, and community that provide valid health information.**

**HE5.4:** Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

- a. Apply effective verbal and nonverbal communication skills to enhance health.**
- c. Demonstrate how to ask for assistance to enhance personal health and the health of others.**

**HE5.5:** Students will demonstrate the ability to use decision-making skills to enhance health.

- a. Identify health-related situations that might require a thoughtful decision.**
- b. Analyze when assistance is needed in making a health-related decision.**
- c. List healthy options to a health-related issue or problem.**
- d. Predict the potential outcomes of each option when making a health-related decision.**
- e. Choose a healthy option when making a decision.**
- f. Describe the outcomes of a health-related decision.**

**HE5.7:** Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

- a. Practice responsible personal health choices.**
- b. Demonstrate a variety of healthy practices and behaviors to preserve or enhance personal health.**
- c. Perform a variety of behaviors that prevent or decrease health risks.**

**HE5.8:** Students will demonstrate the ability to advocate for personal, family, and community health.

- a. Review accurate information and develop an opinion about a health issue.**
- b. Illustrate how to assist others to make positive health choices.**

#### **Enduring Understanding**

My behavior while at the bus stop and while riding a school bus affects my health and the well-being of others.

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<b>Essential Questions</b>			
<p>How can you encourage your friends to be safe at the school bus stop?</p> <p>What should you do when you see someone in the danger zone around the school bus?</p> <p>How can you model safe behavior when loading/unloading the school bus?</p> <p>What can you do when you see someone not being safe on the school bus?</p>			
<b>Concepts</b>	<b>Know and Do</b>	<b>Language</b>	<b>Evidence of Learning</b>
<p>The students will know the safety procedures while waiting at school bus stops.</p> <p>The students will know how to encourage others to practice health-enhancing behaviors at the school bus stop.</p> <p>The students will know of the danger zones around the school bus.</p> <p>The students will know the safety procedures for loading and unloading the school bus.</p> <p>The students will know how to encourage others to practice health-enhancing behaviors when loading and unloading the school bus.</p>	<p>There is a safe way to wait at the school bus stop.</p> <p>There are ways to use interpersonal skills to encourage others to practice health enhancing behaviors at the school bus stop.</p> <p>There are unsafe acts that a student should not do at a bus stop.</p> <p>Where the danger zone is around a school bus.</p> <p>There is a specific safety procedure to cross the road to and from the school bus and school bus stop.</p>	<p>Bus Stop</p> <p>School Bus</p> <p>Traffic</p> <p>Evacuation</p> <p>Danger Zone</p> <p>Loading</p> <p>Unloading</p> <p>Safety</p> <p>Cars</p> <p>Hand Rail</p> <p>Bus Driver</p> <p>Horn</p> <p>Interpersonal Skills</p>	<p>Students will:</p> <p>Explain the safe way to wait at a school bus stop.</p> <p>Demonstrate interpersonal skills to encourage others to follow safety procedures at the school bus stop.</p> <p>Explain unsafe acts that a student should not do at a bus stop.</p> <p>Explain where the danger zone is around a school bus.</p> <p>Know the safe procedure to cross the road to and from the school bus and the school bus stop.</p> <p>Demonstrate interpersonal skills to encourage others to follow safety procedures when crossing the road to and from the school bus and school bus stop.</p>

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<p>The students have a basic understanding of the safety procedures for crossing the road to and from the school bus and school bus stop.</p> <p>The students will know how to encourage others to practice health-enhancing behaviors when crossing the road to and from the school bus and school bus stop.</p> <p>The students will have a basic understanding of safety procedures for unloading and loading the school bus at school.</p> <p>The students will know how to encourage others to practice health-enhancing behaviors loading and unloading the school bus at school.</p> <p>The students will know the safe school bus riding practices.</p> <p>The students will know how to encourage others to practice health-enhancing behaviors on the school bus.</p> <p>The students will understand the emergency school bus evacuation procedures.</p>	<p>There are ways to use interpersonal skills to encourage others to practice health enhancing behaviors when crossing the road to and from the school bus and school bus stop.</p> <p>There is a specific safety procedure for loading the school bus at school.</p> <p>There is a specific safety procedure for unloading the school bus at school.</p> <p>There are ways to use interpersonal skills to encourage others to practice health enhancing behaviors when loading/unloading the bus at school.</p> <p>There are safe school bus riding practices.</p> <p>There are ways to use interpersonal skills to encourage others to practice health enhancing behaviors when riding the school bus.</p> <p>There is an emergency school bus evacuation procedure.</p>	<p>Hazard</p> <p>Exit</p> <p>Crossing Gate</p> <p>Persuade/Persuasive</p>	<p>Demonstrate the safe way to load the school bus at school.</p> <p>Explain the unsafe way to unload the school bus at school.</p> <p>Demonstrate interpersonal skills to encourage others to follow safety procedures when loading/unloading the bus at school.</p> <p>Know the safe school bus riding practices.</p> <p>Demonstrate interpersonal skills to encourage others to follow safety procedures when riding the school bus.</p> <p>Demonstrate/Know the emergency school bus evacuation procedure.</p> <p>Demonstrate how to use interpersonal skills to encourage others to follow safety procedures during an emergency bus evacuation.</p>
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The students will know how to encourage others to practice health-enhancing behaviors during an emergency bus evacuation.	There are ways to use interpersonal skills to encourage others to practice health enhancing behaviors during an emergency bus evacuation.		
<b>Materials Needed</b>			
<p>School Bus Safety Power Point School Bus Safety Power Point Narrative Georgia School Bus Health &amp; Safety Curriculum Handouts:     School Bus Danger Zone     How to Get <u>ON</u> the School Bus Safely, if <u>NOT</u> Required to Cross the Road     How to Get <u>ON</u> the School Bus Safely, if <u>REQUIRED</u> to Cross the Road     How to Get <u>OFF</u> the School Bus Safely, if <u>NOT</u> Required to Cross the Road     How to Get <u>OFF</u> the School Bus Safely, if <u>REQUIRED</u> to Cross the Road</p> <p>Music – CD player Video Camera Recordable DVD Pencil &amp; paper</p>			
<b>Sample Performance Task</b>			
<p>The students will have a knowledge of the importance of following the school bus safety procedures, AND be able to use their interpersonal communication skills to encourage others to enhance their health and avoid risks.</p> <p><b>Description:</b> Students can work in a group, with a partner or alone to create a song/rap or video about the importance of following the school bus safety procedures. Or students can write a persuasive letter to a younger (kindergarten perhaps) student about the importance of following the school bus safety procedures.</p>			

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The student must demonstrate the ability to use interpersonal communication skills to encourage others to enhance health and avoid risks.

Students can choose from the following topics:

- Safety procedures at the school bus stop
- Safety procedures in the danger zone around the school bus stop.
- Safety procedures loading and unloading the school bus.
- Safety procedures crossing the road to/from the school bus.
- Safety procedures loading/unloading the school bus.
- Safety procedures while riding the bus.
- Safety procedures during an emergency evacuation.

Students will share their projects with their class, and the younger students in the school.

Modifications:

Allow students to share their project with the teacher as the audience.

Allow students to do individual projects.

#### Assessment

##### Content Rubric for Performance Task:

CRITERIA	DOES NOT MEET	NEEDS IMPROVEMENT	MEETS STANDARD	EXCEEDS STANDARD
<i>Explain school bus safety procedures and the importance of those procedures.</i>	Student is not able to provide a rap/song/video or persuasive letter about the importance of following school bus safety procedures.	Rap/song/video or persuasive letter is incomplete. Students are not able to explain why it is important to follow school bus safety procedures.	Rap/song/video or persuasive letter describes why it is important to follow school bus safety procedures.	Rap/song/video or persuasive letter describes the importance of following school bus safety procedures AND shows how to use interpersonal skills to encourage others to be safe.

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#### Teacher Resources

School Bus Safety Power Point

School Bus Safety Power Point Narrative

Georgia School Bus Health and Safety Curriculum

Handouts:

School Bus Danger Zone

How to Get ON the School Bus Safely, if NOT Required to Cross the Road

How to Get ON the School Bus Safely, if REQUIRED to Cross the Road

How to Get OFF the School Bus Safely, if NOT Required to Cross the Road

How to Get OFF the School Bus Safely, if REQUIRED to Cross the Road