Sensory Integration Issues

Sensory Strategies for Focus & Alertness

IDEAS Conference: June 2014

Auditory

- Responds negatively to unexpected or loud noises
- Holds hands over ears
- Cannot filter out background noise
- Seems oblivious within an active environment

Visual

- Prefers to be in the dark
- Hesitates going up and down steps
- Avoids bright lights
- Stares intently at people or objects
- Avoids eye contact

Taste: Smell

- Avoids certain tastes/smells that are typically part of children’s diets
- Routinely smells nonfood objects
- Seeks out certain tastes or smells
- Does not seem to smell strong odors

Body Position

- Continually seeks out all kinds of movement activities
- Hangs on other people, furniture, objects, even in familiar situations

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