The Power of Positivity in the Classroom

Questions to ask yourself throughout this presentation:

1. What kind of teacher do I want to be to my students?

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2. Who am I to my students?

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____________________________________________________________________________
____________________________________________________________________________

3. What do I want to look like to my students?

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____________________________________________________________________________
____________________________________________________________________________
4. **What do I look like** to my students?

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________________________________________________________________________
________________________________________________________________________

5. Can my students tell when I am having a good/bad day?

________________________________________________________________________

6. How is my mood and attitude perceived?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

3-2-1 Method

Things I am Thankful For:

1.

2.

3.
Compliments for my Colleagues:

1.

2.

What can I do today to improve my mood?

1.

What does mindful praise mean?

________________________________________________________________________________
________________________________________________________________________________
________________________________________________________________________________
________________________________________________________________________________

What is one example of mindful praise?

1.

Positive Praise Statements Activity:

Write down 1 Target Behavior:

1.

Write 3 praise statements addressing the target behavior:
1.

2.

3.

A person who feels ___________________will always do __________ than what is expected.

What are some ways my family, administration, support system, etc. shows me I matter?

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________________________________________________________________________
________________________________________________________________________
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What are some ways I can show my students that they matter?

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________________________________________________________________________
Why are Brain Breaks so important?

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Why are Behavior Contingency Maps helpful?

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More tools for my Positivity Toolbox:

What do I want my students to take away from their very brief time with me?

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