Solution Kit Instructions

► Print and cut the Solution Kit pictures or save to your phone/device photos. You can make the cards sturdy by laminating, gluing the cards to cardboard, or covering them with clear contact paper.

► Read the *We Can Be Problem Solvers at Home!* story with your child to teach the problem solving steps.

► Introduce the Solution Kit with a few solutions at a time.

► Place the solutions in a place where your child will see and use them (e.g., hanging on the wall, saved to a tablet).

► Remind children to use the Solution Kit when solving problems at home.

► Offer lots of encouragement when your child tries to use the Solution Kit.

► Comment positively when your child uses the Solution Kit (e.g., “Look at you. You are using the Solution Kit to solve your problem”).
Wait and take turns

Get a timer

Share

Say, “Will you play with me?”

Say, “Please, stop.”

Ask for help

Ask for a hug

Use kind words

Take a break
Wait and take turns

Say, “Will you play with me?”
Get a timer

Say, “Please, stop.”
Ask for a hug

Use kind words
Take a break