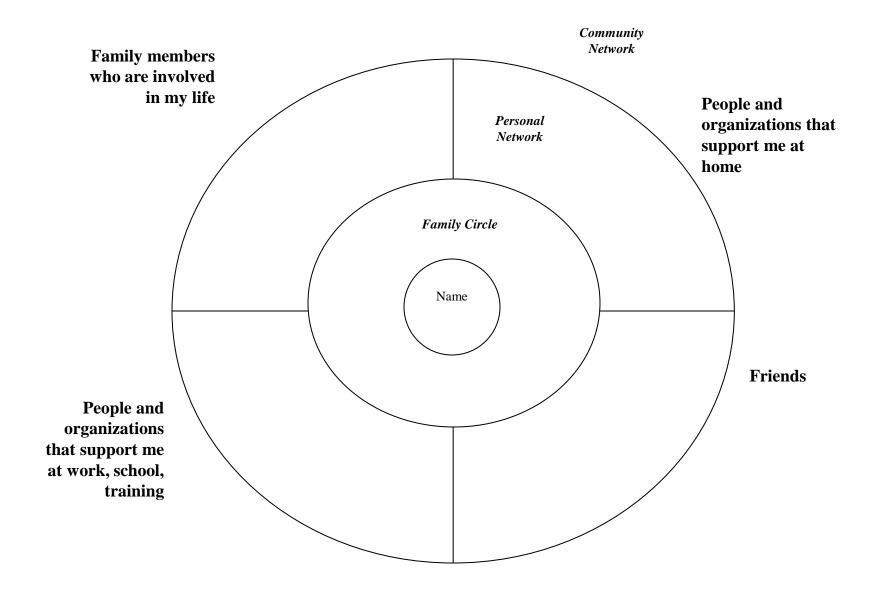
Person-Centered Planning Relationship Map



✓ FAMILY CIRCLE

Name the people you love most and who love you most in the center circle, the place of family life - people you trust the most, who know you best, who love and care about you.

✓ PERSONAL NETWORK

Family, friends, neighbors, classmates, co-workers, church members, helpful teachers (or other paid people).

People you rely on, with whom you exchange friendship and concern, triumphs, struggles, mutual interests.

✓ COMMUNITY NETWORK

Acquaintances, friends from the past, people who you mostly greet or acknowledge as part of your community life.

Instructions for Completing your Relationship Map:

- 1. Write each person's name you know and care about on the map. Indicate the nature of the relationship by your placement. ie: family, home support, work/school support, or friends
- 2. Indicate intensity & strength of the relationship by writing the name closer to the center. Highlight people in yellow who might be involved in your support circle.
- 3. Look at your map. What do you notice? Do you see any patterns or themes?

Credit: adapted from training developed by Georgia State University's Center for Leadership In Disability