

Anticipation Guide Characteristics of Effective Coaching



Directions:

Read each statement carefully. Use an X to indicate whether you mostly agree with or mostly disagree with each statement. Be prepared to defend and/or support your opinions with specific examples. (1 minute)

When you have finished responding to each statement, find a partner, share your thinking with him/her, and try to reach consensus. (1-2 minutes)

Revisit your responses and consider whether you think any differently about specific items on this anticipation guide as a result of this professional learning.

	AGREE	DISAGREE
1. Effective coaches must have experience or technical knowledge in the area in which they coach.		
2. Building rapport and trust requires being sympathetic to the needs of the coachee.		
3. Effective coaches share examples from their experiences with their coachees.		
4. The more input the coachee receives from the coach, the more likely s/he is to improve his/her professional practice.		