Some elements of Universal Design for Learning (UDL) are easy to implement and are readily available in most districts. They are depicted in the diagram below as the "low hanging fruit" and provide access to curriculum. **Low hanging fruit:** Providing access to gather and respond to information differently, e.g., providing alternative input formats like braille or text-to-speech or output such as special keyboards or speech-to-text applications. Additionally, providing choice of activities to recruit interest in learning is easily implemented.

Other elements of UDL create expert-learners who are strategic, goal-oriented, and resourceful. These are represented as "high hanging fruit" and require district commitment and system-level change. **High hanging fruit:** These center around supporting goal-setting, high expectation at all levels, focus on the learning process not the outcome, and guide learner self-reflection.