# Georgia Health Performance Standards

**Grades K & 1**

<table>
<thead>
<tr>
<th>Lesson Organizer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample Performance Task</td>
</tr>
</tbody>
</table>

### Overview
This unit teaches about the practices of safe bus riding and emergency bus evacuation.

### Pacing
This unit can be taught as three lessons. The power point is segmented into three sections.

### Standards and Elements Addressed

<table>
<thead>
<tr>
<th>HEK.3:</th>
<th>Students will demonstrate the ability to access valid information and products and services to enhance health.</th>
</tr>
</thead>
<tbody>
<tr>
<td>a.</td>
<td>Discuss the role of trusted adults and health professionals as sources of health information.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HEK.4:</th>
<th>Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</th>
</tr>
</thead>
<tbody>
<tr>
<td>b.</td>
<td>Develop listening skills to enhance health.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HEK.5:</th>
<th>Students will demonstrate the ability to use decision-making skills to enhance health.</th>
</tr>
</thead>
<tbody>
<tr>
<td>a.</td>
<td>Identify health-related situations.</td>
</tr>
<tr>
<td>b.</td>
<td>Discuss when and what assistance is needed for health-related situations.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HEK.7:</th>
<th>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</th>
</tr>
</thead>
<tbody>
<tr>
<td>b.</td>
<td>Demonstrate healthy behaviors that prevent injuries.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HEK.8:</th>
<th>Students will demonstrate the ability to advocate for personal, family, and community health.</th>
</tr>
</thead>
<tbody>
<tr>
<td>a.</td>
<td>Seek assistance to promote personal health.</td>
</tr>
<tr>
<td>b.</td>
<td>Encourage peers to make positive health choices.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HE1.3:</th>
<th>Students will demonstrate the ability to access valid information and products and services to enhance health.</th>
</tr>
</thead>
<tbody>
<tr>
<td>a.</td>
<td>List the roles and responsibilities of professionals who assist with enhancing health.</td>
</tr>
</tbody>
</table>

| HE1.4: | Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health |

---

Georgia Department of Education
Georgia Health Performance Standards

Grades K & 1

risks.
  a. **Recognize ways to respond when in an unwanted, threatening, or dangerous situation.**

**HE1.5:** Students will demonstrate the ability to use decision-making skills to enhance health.
  a. List health-related situations.
  b. Identify people who can help solve problems and make decisions.

**HE1.7:** Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
  a. Practice health behaviors to maintain personal health and wellness.
  b. Model behaviors that reduce health risks.

**HE1.8:** Students will demonstrate the ability to advocate for personal, family, and community health.
  a. Obtain assistance to promote health and wellness.
  b. Make requests to promote personal health.

**Enduring Understanding**

My behavior while at the bus stop and while riding a school bus affects my health and the well-being of others.

**Essential Questions**

What can I do at the bus stop to be safe?
Why should you stay out of the danger zone around the school bus?
How should you safely load the school bus?
How should you safely unload from the school bus?
How can you safely cross the road when loading & unloading?

<table>
<thead>
<tr>
<th>Concepts</th>
<th>Know and Do</th>
<th>Language</th>
<th>Evidence of Learning</th>
</tr>
</thead>
<tbody>
<tr>
<td>The students have a basic knowledge of the safety procedures while waiting at school bus stops.</td>
<td>There is a safe way to wait at the school bus stop.</td>
<td>Bus Stop</td>
<td>Students will:</td>
</tr>
<tr>
<td>The students will have a basic knowledge of the danger zones around the school bus.</td>
<td>There are unsafe acts that a student should not do at a bus stop.</td>
<td>School Bus</td>
<td>Explain the safe way to wait at a school bus stop.</td>
</tr>
<tr>
<td>The students have a basic knowledge of the danger zones around a school bus.</td>
<td>Where the danger zone is around a school bus.</td>
<td>Traffic</td>
<td>Explain unsafe acts that a student should not do at a bus stop.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Evacuation</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Danger Zone</td>
<td></td>
</tr>
</tbody>
</table>
**Georgia Health Performance Standards**

**Grades K & 1**

| Knowledge of the safety procedures for loading and unloading the school bus. | There is a specific safety procedure to cross the road to and from the school bus and school bus stop. | Loading  
Unloading  
Safety  
Cars  
Hand Rail  
Bus Driver  
Horn  
Hazard  
Exit  
Crossing Gate | Explain where the danger zone is around a school bus.  
Know the safe procedure to cross the road to and from the school bus and the school bus stop.  
Demonstrate the safe way to load the school bus at school.  
Explain the unsafe way to unload the school bus at school.  
Know the safe school bus riding practices.  
Demonstrate/Know the emergency school bus evacuation procedure. |
|---|---|---|---|
| The students have a basic understanding of the safety procedures for crossing the road to and from the school bus and school bus stop. | There is a specific safety procedure for loading the school bus at school. | There is a specific safety procedure for unloading the school bus at school. | There is safe school bus riding practices.  
There is an emergency school bus evacuation procedure. |
| The students will have a basic understanding of safety procedures for unloading and loading the school bus at school. | There is a specific safety procedure for unloading the school bus at school. | There is a specific safety procedure for unloading the school bus at school. | |
| The students will have a basic knowledge of safe school bus riding practices. | There is safe school bus riding practices. | There is safe school bus riding practices. | |
| The students will have a basic understanding of emergency school bus evacuation procedures. | There is an emergency school bus evacuation procedure. | There is an emergency school bus evacuation procedure. | |

**Materials Needed**

- School Bus Safety Power Point
- School Bus Safety Power Point Narrative
- Georgia School Bus Health & Safety Curriculum Handouts:
Georgia Health Performance Standards

Grades K & 1

School Bus Danger Zone
How to Get ON the School Bus Safely, if NOT Required to Cross the Road
How to Get ON the School Bus Safely, if REQUIRED to Cross the Road
How to Get OFF the School Bus Safely, if NOT Required to Cross the Road
How to Get OFF the School Bus Safely, if REQUIRED to Cross the Road

Georgia School Bus Safety K & 1 Assessment Sheet or Plain Sheets of Paper
Crayons, Markers, Pencils

Sample Performance Task

The students have a basic knowledge of the safety procedures while waiting at school bus stops.

Description:
Each student will express in some manner a picture of students waiting at a school bus stop (i.e. drawings, collages, writings, etc) There will be 2 columns – one with a YES (or smiley face) and the other with a NO (or a frown face).

Step One: Brainstorm with the students, all the things that a student should and should not do while waiting at a school bus stop.
Step Two: Print out the sheet “Georgia School Bus Safety K & 1 Assessment” for each student, or have students create their own sheets.
Step Three: Allow students to fill out/create their sheets for assessment.
Step Four: Allow students to share their creations for the class, or have them share in small groups.

Modifications:
Allow students to share their project with the teacher in private.
Allow students to do their projects with a partner.

Assessment

Content Rubric for Performance Task:

CRITERIA: Explain some safe ways to wait at a school bus stop.

DOES NOT MEET
Student is not able to provide a drawing/project with safe ways to wait at a school bus stop.

NEEDS IMPROVEMENT
Student only provides 1 safe way to wait at a school bus stop.

MEETS STANDARD
Student provides 2 safe ways to wait at a school bus stop.

EXCEEDS STANDARD
Student provides 3 or more safe ways to wait at a school bus stop.
Georgia Health Performance Standards

Grades K & 1

| Explain some unsafe ways to wait at a school bus stop. | Student is not able to provide a drawing/project with unsafe ways to wait at a school bus stop. | Student only provides 1 unsafe way to wait at a school bus stop. | Student provides 2 unsafe ways to wait at a school bus stop. | Student provides 3 or more unsafe ways to wait at a school bus stop. |

**Teacher Resources**

School Bus Safety Power Point (The power point can be shown as three separate segments)

School Bus Safety Power Point Narrative

Georgia School Bus Health and Safety Curriculum

Handouts:
- School Bus Danger Zone
- How to Get **ON** the School Bus Safely, if **NOT** Required to Cross the Road
- How to Get **ON** the School Bus Safely, if **REQUIRED** to Cross the Road
- How to Get **OFF** the School Bus Safely, if **NOT** Required to Cross the Road
- How to Get **OFF** the School Bus Safely, if **REQUIRED** to Cross the Road

Georgia School Bus Safety K & 1 Assessment
Georgia School Bus Safety K & 1 Assessment

There are specific safe student behaviors that can enhance the safety of students when waiting at a school bus stop. In the 2 columns below write or draw safe and unsafe acts that a student should remember when waiting at a school bus stop.

<table>
<thead>
<tr>
<th>SAFE</th>
<th>UNSAFE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

HEK.4 & HE1.4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
HEK.7 & HE1.7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.