



## Social and Emotional Learning: skills to soar through school and life



Self-  
Awareness

Self-  
Management

Responsible  
Decision  
Making

Social  
Awareness

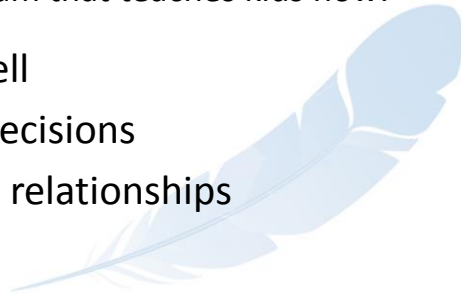
Relationship  
Skills

# How WINGS Works



WINGS is an education program that teaches kids how:

- To behave well
- Make good decisions
- Build healthy relationships



[www.wingsforkids.org](http://www.wingsforkids.org)

# Managing Behavioral Issues the WINGS Way



- Be as proactive as possible
- Be consistent
- Don't punish
- Stay positive



[www.wingsforkids.org](http://www.wingsforkids.org)

## Proactive Behavioral Methods for infusing SEL



### Plan Ahead to Avoid a **MESS**

- Make it Fun
- Expectations
- Stay busy
- Show how to help



[www.wingsforkids.org](http://www.wingsforkids.org)

## Proactive Behavioral Methods for infusing SEL



D

- Describe the activity

D

- Demonstrate the activity

A

- Ask Questions

D

- Do It

A

- Adapt

[www.wingsforkids.org](http://www.wingsforkids.org)

Developed by Bill Michaelis

## Proactive Behavioral Methods for infusing SEL



### Positive Feedback

- Describe the situation
- Describe the behavior
- Describe the effect



[www.wingsforkids.org](http://www.wingsforkids.org)

## Proactive Behavioral Methods for infusing SEL



<b>Disregard &amp; Divert</b>	<b>Disregard</b> - the negative behavior the child is displaying
	<b>Divert</b> - the child's attention from negative behavior back to something that the child should be doing

[www.wingsforkids.org](http://www.wingsforkids.org)

## Corrective Methods for infusing SEL



Problem Behavior, Let's **GET PAST** It!

- Give Choices
- Experience Consequences
- Take Away
- Problem, State it
- Amends
- State Feelings Strongly
- Tell it in a word



[www.wingsforkids.org](http://www.wingsforkids.org)

## Corrective Methods for infusing SEL



### **Corrective Feedback**

- Describe the situation
- Describe the behavior
- Describe the effect



[www.wingsforkids.org](http://www.wingsforkids.org)

# Corrective Methods for infusing SEL



## Dialoguing

Mirroring	Validation	Empathy
<ul style="list-style-type: none"><li>• Reflect back the content of the message, paraphrase without adding your perspective or feelings</li></ul>	<ul style="list-style-type: none"><li>• Communicate that what the child is saying is being received and makes sense</li></ul>	<ul style="list-style-type: none"><li>• Participate in the feelings the child is experiencing</li></ul>

[www.wingsforkids.org](http://www.wingsforkids.org)

## Questions?



Feel free to reach out!

Jessica Lovins

[Jessica@wingsforkids.org](mailto:Jessica@wingsforkids.org)

For more info check us out at  
[www.wingsforkids.org](http://www.wingsforkids.org)



[www.wingsforkids.org](http://www.wingsforkids.org)