



WINGS
helping kids soar®

**Georgia DOE
21st Century
CCLC**

Ready, SET, Go!
Building a Culture of SEL

Goals of Today:

- Develop an understanding for the 5 competencies of SEL
- Learn the fundamentals of an SEL culture
- Gather tips to infuse SE skill building in your program or classroom

Social and Emotional



SEL Skill Sets

- Self-Awareness
- Self-Management
- Responsible Decision Making
- Social Awareness
- Relationship Skills

Social and Emotional Learning: Skills for Life



- Improved academics & behavior
- Higher educational attainment
- Positive social behaviors



S-E-T to build
SE Skills

Support
Engage
Teach

Be Supportive



Fair
Trusting
Encouraging
Empathetic
Positive
Trustworthy
Good Listener



Be Engaging

Creative
Energetic
Relatable

Be a Teacher



Observant
Role Model
Thoughtful



How to Teach Thoughtfully

Use conversation
prompts
Assign tasks
Acknowledge behaviors

Let's Practice



Conversation prompts

- Focus on a task despite distractions
- Stay calm when faced with a challenge



Let's Practice

Assigning Tasks

- Use available resources to solve a problem
- Offer to help someone

Let's Practice



Acknowledging Behaviors

- Describe how he/she is feeling
- Attracting positive attention from adults



How to Teach Thoughtfully

Use conversation prompts

Assign tasks

Acknowledge behaviors

Questions?

Contact info:

Jessica Lovins jessica@wingsforkids.org