# Health Science Career Cluster Clinical Lab I

**Course Number: 25.57600** 

# **Course Description:**

The goal of this course is to provide fundamental clinical laboratory assistant skills and knowledge that includes the use of laboratory equipment, safety in the lab, quality control and quality assurance, chemistry, and microbiology. Students will have the opportunity to explore careers in the clinical lab industry and the education required at each level.

The ultimate goal of the Clinical Lab pathway is to prepare students to continue their education at a post-secondary institution, and/or take the external medical lab assistant assessment resulting in an industry credential. In order to be eligible to take the assessment, a student must successfully complete Introduction to Healthcare Science, Essentials of Healthcare, Clinical Lab I, and Clinical Lab II, and any other required clinical experiences mandated by the certifying body. State laws and certifying agency regulations govern which tests can be performed by a clinical lab assistant in each state. Even though certain topics are covered on the national assessment, it should be understood that Lab Assistants must follow Georgia State regulations concerning laboratory testing, and simulation of those components may be required in a classroom setting.

The prerequisites for this course include Introduction to Healthcare Science, Essentials of Healthcare, and Clinical Lab I.

# **Course Standard 1**

#### HS-CLI-1

The following standard is included in all CTAE courses adopted for the Career Cluster/Pathways. Teachers should incorporate the elements of this standard into lesson plans during the course. The topics listed for each element of the standard may be addressed in differentiated instruction matching the content of each course. These elements may also be addressed with specific lessons from a variety of resources. This content is not to be treated as a unit or separate body of knowledge but rather integrated into class activities as applications of the concept.

# Standard: Demonstrate employability skills required by business and industry.

The following elements should be integrated throughout the content of this course.

1.1 Communicate effectively through writing, speaking, listening, reading, and interpersonal abilities.

Person-to-Person	Telephone and	Cell Phone and	Communicating At	Listening
Etiquette	<b>Email Etiquette</b>	Internet Etiquette	Work	
Interacting with	Telephone	Using Blogs	Improving	Reasons, Benefits,
Your Boss	Conversations		Communication Skills	and Barriers
Interacting with	Barriers to Phone	Using Social Media	Effective Oral	Listening Strategies
Subordinates	conversations		Communication	
Interacting with	Making and		Effective Written	Ways We Filter
Co-workers	Returning Calls		Communication	What We Hear
Interacting with	Making Cold Calls		Effective Nonverbal	Developing a
Suppliers			Skills	Listening Attitude
	Handling		Effective Word Use	Show You Are
	Conference Calls			Listening
	Handling		Giving and Receiving	Asking Questions
	Unsolicited Calls		Feedback	
				Obtaining Feedback

		Getting Others to
		Listen

Nonverbal Communication	Written Communication	Speaking	Applications and Effective Résumés
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Communicating Nonverbally	Writing Documents	Using Language Carefully	Completing a Job Application
Reading Body Language	Constructive	One-on-One	Writing a Cover Letter
and mixed Messages	Criticism in Writing	Conversations	-
Matching Verbal and		Small Group	Things to Include in a Résumé
Nonverbal communication		Communication	
Improving Nonverbal		Large Group	Selling Yourself in a Résumé
Indicators		Communication	-
Nonverbal Feedback		Making Speeches	Terms to Use in a Résumé
Showing Confidence		Involving the	Describing Your Job Strengths
Nonverbally		Audience	
Showing Assertiveness		Answering Questions	Organizing Your Résumé
		Visual and Media Aids	Writing an Electronic Résumé
		Errors in Presentation	Dressing Up Your Résumé

# 1.2 Demonstrate creativity by asking challenging questions and applying innovative procedures and methods.

Teamwork and Problem Solving	Meeting Etiquette	
Thinking Creatively	Preparation and Participation in Meetings	
Taking Risks	Conducting Two-Person or Large Group Meetings	
Building Team Communication	Inviting and Introducing Speakers	
	Facilitating Discussions and Closing	
	Preparing Visual Aids	
	Virtual Meetings	

1.3 Exhibit critical thinking and problem solving skills to locate, analyze and apply information in career planning and employment situations.

Problem	Customer Service	The Application Process	Interviewing	Finding the Right
Solving		**	Skills	Job
Transferable	Gaining Trust and	Providing Information,	Preparing for an	Locating Jobs and
Job Skills	Interacting with	Accuracy and Double	Interview	Networking
	Customers	Checking		
Becoming a	Learning and	Online Application	Questions to Ask in	Job Shopping
Problem Solver	Giving Customers	Process	an Interview	Online
	What They Want			
Identifying a	Keeping Customers	Following Up After	Things to Include in	Job Search
Problem	Coming Back	Submitting an Application	a Career Portfolio	Websites
Becoming a	Seeing the	Effective Résumés:	Traits Employers	Participation in Job
Critical Thinker	Customer's Point		are Seeking	Fairs
Managing	Selling Yourself and	Matching Your Talents to	Considerations	Searching the
	the Company	a Job	Before Taking a Job	Classified Ads
	Handling Customer	When a Résumé Should		Using Employment
	Complaints	be Used		Agencies
	Strategies for			Landing an
	Customer Service			Internship
				Staying Motivated
				to Search

1.4 Model work readiness traits required for success in the workplace including integrity, honesty, accountability, punctuality, time management, and respect for diversity.

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Workplace Ethics	Personal	Employer	<b>Business Etiquette</b>	Communicating at	
	Characteristics	Expectations		Work	
Demonstrating	Demonstrating a	Behaviors	Language and	Handling Anger	
Good Work Ethic	Good Attitude	Employers Expect	Behavior		
Behaving	Gaining and	Objectionable	Keeping Information	Dealing with	
Appropriately	Showing Respect	Behaviors	Confidential	Difficult Coworkers	
Maintaining	Demonstrating	Establishing	Avoiding Gossip	Dealing with a	
Honesty	Responsibility	Credibility		Difficult Boss	
Playing Fair	Showing	Demonstrating Your	Appropriate Work	Dealing with	
	Dependability	Skills	Email	Difficult Customers	
Using Ethical	Being Courteous	Building Work	Cell Phone Etiquette	Dealing with Conflict	
Language		Relationships			
Showing	Gaining		Appropriate Work		
Responsibility	Coworkers' Trust		Texting		
Reducing	Persevering		Understanding		
Harassment			Copyright		
Respecting	Handling		Social Networking		
Diversity	Criticism				
Making	Showing				
Truthfulness a Habit	Professionalism				
Leaving a Job					
Ethically					

1.5 Apply the appropriate skill sets to be productive in a changing, technological, diverse workplace to be able to work independently and apply team work skills.

Expected Work Traits	Teamwork	Time Management
Demonstrating Responsibility	Teamwork Skills	Managing Time
Dealing with Information Overload	Reasons Companies Use Teams	Putting First Things First
Transferable Job Skills	Decisions Teams Make	Juggling Many Priorities
Managing Change	Team Responsibilities	Overcoming Procrastination
Adopting a New Technology	Problems That Affect Teams	Organizing Workspace and Tasks
	Expressing Yourself on a Team	Staying Organized
	Giving and Receiving Constructive	Finding More Time
	Criticism	·
		Managing Projects
		Prioritizing Personal and Work Life

1.6 Present a professional image through appearance, behavior and language.

On-the-Job Etiquette	Person-to-Person Etiquette	<b>Communication Etiquette</b>	<b>Presenting Yourself</b>
Using Professional	Meeting Business	Creating a Good Impression	Looking Professional
Manners	Acquaintances		
Introducing People	Meeting People for the First	Keeping Phone Calls	Dressing for Success
	Time	Professional	
Appropriate Dress	Showing Politeness	Proper Use of Work Email	Showing a
			Professional Attitude
Business Meal Functions		Proper Use of Cell Phone	Using Good Posture
Behavior at Work		Proper Use in Texting	Presenting Yourself to
Parties			Associates
Behavior at Conventions			Accepting Criticism
International Etiquette			Demonstrating
			Leadership

Cross-Cultural Etiquette		
Working in a Cubicle		

# Support of CTAE Foundation Course Standards and Georgia Standards of Excellence L9-10RST 1-10 and L9-10WHST 1-10:

Georgia Standards of Excellence ELA/Literacy standards have been written specifically for technical subjects and have been adopted as part of the official standards for all CTAE courses.

# **Course Standard 2**

#### HS-CLI-2

Explore options in the Clinical Lab Industry, including medical lab assistant and the organizational structure.

- 2.1 Identify current employment options in the clinical lab profession, and the necessary education and training required.
- 2.2 Differentiate between state and federal licensure laws.
- 2.3 Identify members of the clinical lab team; differentiate between roles, department and responsibilities of team members, and place all members in appropriate positions on the organizational chart.

# **Course Standard 3**

#### HS-CLI-3

Abide by regulations governing workplace safety, infection control, operational standards, patient confidentiality, and facility protocol.

- 3.1 Demonstrate adhering to regulations regarding workplace safety (e.g., OSHA, NIOSH).
- 3.2 Demonstrate abiding by regulations regarding operational standards (e.g., JCAHO, CLSI).
- 3.3 Demonstrate an understanding of patient privacy (protected health information), as outlined in HIPAA (Health Insurance Portability and Accountability Act) regulations.
- 3.4 Demonstrate accessing SDS (safety data sheets) when chemicals are being used.
- 3.5 Demonstrate following exposure control plans in the event of occupational exposure.
- 3.6 Demonstrate exhibiting appropriate infection control standards and safety equipment, to include biohazards set forth by OSHA and CDC.
- 3.7 Implement infection control procedures to break the chain of infection; transmission via direct and indirect contact, droplets, airborne, and hospital acquired infections.
- 3.8 Demonstrate initiating first aid and Basic Life Support techniques when necessary.
- 3.9 Demonstrate showing the appropriate use of PPE (personal protective equipment) and effective hand sanitization procedures.
- 3.10 Demonstrate reacting to emergency situations following agency procedures and facility protocol.

#### Course Standard 4

#### HS-CLI-4

Maintain quality control measures within the medical/lab facility to prevent medical errors and provide appropriate patient care.

- 4.1 Compare quality assurance and quality control.
- 4.2 Identify and describe the national regulatory agencies for quality assurance and healthcare, including JC (Joint Commission), CLIA (Clinical Laboratory Improvement Act), CAP (College of American Pathologists), NAACLS (National Accrediting Agency for Clinical Laboratory Sciences), and CLSI (Clinical and Laboratory Standards Institute).

- 4.3 Describe quality assurance program components and quality control related to medical lab.
- 4.4 Recognize quality control measurements, including risk management, and demonstrate methods of performance improvement.
- 4.5 Perform outcome measurements through the collection of data to improve quality processes.
- 4.6 Demonstrate the usage of information management components, including bar code systems and documentation in the electronic health records.
- 4.7 Design a basic sample analysis flow chart for routine lab testing.
- 4.8 Demonstrate adhering to regulations regarding confidentiality and appropriate record release.

# **Course Standard 5**

# HS-CLI-5

Utilize appropriate laboratory and medical terminology, medical lab equipment and apply the use of the metric system.

- 5.1 Demonstrate the appropriate use of clinical lab nomenclature to include medical terminology related to clinical lab testing and requisitions.
- 5.2 Demonstrate the basic use and maintenance of the following instruments, including microscope, centrifuge, spectrophotometer, and balances.
- 5.3 Demonstrate using appropriate units of measurement.
- 5.4 Demonstrate measuring volume using appropriate glassware and pipettes.
- 5.5 Demonstrate accurate pipetting technique.
- 5.6 Perform math calculations for metric system conversions, temperature conversions, simple dilutions, total magnification, and Beer's Law.

# **Course Standard 6**

#### HS-CLI-6

Discuss and evaluate clinical techniques in the identification of microbes in a simulated classroom setting.

- 6.1 Demonstrate using aseptic technique in accordance with EPA (Environmental Protection Agency) GLPS (good laboratory practice standards).
- 6.2 Describe appropriate sterilization procedures.
- 6.3 Demonstrate executing routine sterile plating and streaking techniques.
- 6.4 Characterize and classify microorganisms.
- 6.5 Identify and describe morphological characteristics and the factors affecting the growth, survival, and death of microorganisms.
- 6.6 Demonstrate performing a Gram stain and differentiate between gram negative and gram positive.
- 6.7 Demonstrate performing isolation and incubation techniques.
- 6.8 Differentiate types of culture media and their appropriate use including: blood agar, SSA agar, chocolate agar, Thayer-Martin chocolate agar, eosin methylene blue (EMB), thioglycollate broth, and MacConkey agar.
- 6.9 Explain the purpose and process for basic antibiotic resistance.
- 6.10 Identify and describe isolates as pathogens or non-pathogens based on specimen sources.
- 6.11 Describe the proper collection and transportation of specimens for culture and proper handling and disposal of biohazardous materials.

- 6.12 Explain basic concepts of parasitology and mycology, along with symptoms.
- 6.13 Demonstrate utilizing terminology related to bacteriology, including bacteria, aerobic, pathogenic, and anaerobic.
- 6.14 Observe special tests; including Group A streptococci, rapid enzyme immunoassay test (or other antigen detection kits) from throat swabs, and collection of cultures for beta hemolysis screening.

# **Course Standard 7**

#### HS-CLI-7

# Discuss and evaluate basic clinical chemistry techniques in a simulated classroom lab setting.

- 7.1 Calculate normal and molar solutions and dilutions and explain serial dilutions, to determine concentrations of unknowns.
- 7.2 Determine pH and identify examples of different substances and how they relate to buffered systems.
- 7.3 Demonstrate testing specific gravity and interpreting results.
- 7.4 Evaluate pCO2 and pO2 concentration and balance as it relates to the human body.
- 7.5 Explain basic concepts of titration and titration curves.
- 7.6 Identify routine chemical tests to include electrolyte, liver, and cardiac panels, and relate normal and abnormal values to disease states.
- 7.7 Explain the use of a spectrophotometer.
- 7.8 Perform Point of Care Testing (POCT) on waived tests, such as cholesterol and hemoglobin.
- 7.9 Demonstrate utilizing general terminology related to clinical chemistry, including liver function testing, carbohydrate metabolism testing, thyroid testing, kidney function testing, and electrolytes.
- 7.10 Collect and handle blood specimens for analysis taking precautions to prevent hemolysis and anticoagulant usage.
- 7.11 Handle, process, and preserve body fluids for chemical analysis.
- 7.12 Demonstrate performing maintenance on POCT analyzers.
- 7.13 Identify automated instrumentation, including the operation and principles of commonly-used special analyzers.
- 7.14 Demonstrate performing POCT tests for glucose and know true glucose tests (glucosespecific).
- 7.15 Explain testing for blood urea nitrogen (BUN) and tests for creatinine.
- 7.16 Identify and explain the procedures for point-of-care testing.

# **Course Standard 8**

# HS-CLI-8

# Ensure proper specimen collection and test management.

- 8.1 Demonstrate performing proper blood film preparation.
- 8.2 Demonstrate collecting and handling specimens while adhering to time and temperature requirements.
- 8.3 Demonstrate processing specimens for shipping.
- 8.4 Demonstrate instructing patient in the collection of specimens.

# **Course Standard 9**

# HS-CLI-9

Maintain appropriate reports and patient data, inventory and supplies, and billing procedures for laboratory tests.

- 9.1 Demonstrate utilizing electronic health records for the reporting and documentation of patient collection data and lab results.
- 9.2 Identify and explain the components of a complete and final report.
- 9.3 Demonstrate maintaining inventory levels, orders, and restocking of supplies.
- 9.4 Demonstrate utilizing electronic billing software.

# **Course Standard 10**

# HS-CLI-10

Discuss proper communication techniques with medical personnel, patients, and families regarding laboratory testing and special requirements for lab tests.

- 10.1 Demonstrate communicating with physician offices and hospital patient units regarding special scheduling and special situations.
- 10.2 Demonstrate informing and explaining special test requirements to patients and/or family members.