



March National Health

- [Bleeding Disorders Awareness Month](#)
- [Multiple Sclerosis Education and Awareness Month](#)
- [Multiple Myeloma Awareness Month](#)
- [National Colorectal Cancer Awareness Month](#)
- [National Developmental Disabilities Awareness Month](#)
- [National Kidney Month](#)
- [National Nutrition Month](#)
- [National Traumatic Brain Injury Awareness Month](#)
- [Save Your Vision Month](#)
- [Trisomy Awareness Month](#)
- [Workplace Eye Wellness Month](#)

The articles and hyperlinks to external websites appearing in this newsletter are intended to be informational and do not represent an endorsement by the Georgia Department of Education.

Upcoming Workshops

Stewards of Children - Join **Children's Healthcare of Atlanta** as Stewards of Children demonstrates how to prevent, recognize and react responsibly to child sexual abuse and teaches five proactive steps to protecting children.

Children's Healthcare of Atlanta
Office Park Learning Center
1680 Tullie Circle NE
Atlanta, GA 30329

Contact: Angie Boy- 404-785-5004

cpctraining@choa.org

On-Demand Child Sex Trafficking Trainings

Counseling & Social Services

CDC Vital Signs Report

The Centers for Disease Control and Prevention (CDC) recently released a **new Vital Signs report** examining the types of violence experienced by teens age 14 to 18 years old in the U.S. It is important to note that as teens experience more violence, their involvement in risky behaviors increases.

Read Guide on Social and Emotional Learning and Health Education

SHAPE America recently released **Health Education/ Social and Emotional Learning (SEL) Crosswalk**. This resource gives teachers a pathway for planning a skills-based health education curriculum for social and emotional learning.

Webinar Addressing Creating Safe and Supportive Learning Environments with Trauma-Conscious Approach

Action for Healthy Kids is hosting the **Environments through a Trauma-Informed Conscious Approach** webinar on Thursday, April 22, from 4:00 PM to 5:00 PM EST. Participants will learn about what makes a safe and supporting learning environment and how to build and maintain a supportive environment through a trauma-conscious approach.

COVID-19 Resources

In case you missed it, CDC recently released new resources that add to existing guidance for K-12 schools in opening for in-person instruction and remaining open. Also available now are new resources to support school nutrition professionals preparing and serving school meals during the COVID-19 pandemic.

[Operational Strategy for K-12 Schools through Phased Mitigation](#)

[The Science Brief: Transmission of SARS-CoV-2 in K-12 Schools Safely Distributing School Meals during COVID-19](#)

[Checklist for School Nutrition Professionals Serving Meals Eaten at School](#)

Healthy School Environment

[COVID-19 Vaccine Toolkit for School Settings and Childcare Programs](#)

The Centers for Disease Control and Prevention released a [COVID-19 Vaccine Toolkit for School Settings and Childcare Programs](#). School and childcare program leaders can use this toolkit to communicate with their staff about COVID-19 vaccination. It provides ready-made materials, including posters, flyers, letters to staff, social media messages, newsletter articles, and stickers to offer staff after they have been vaccinated. This is another resource districts may use to promote vaccination of educators and child care workers.

CDC Healthy Schools and the Society for Public Health Education will offer a digital professional development opportunity, [WSCC Team Training Modules Digital Workshop: Supporting Professional Development for States and Schools](#), for CDC grantees and school health professionals. The training will be held March 24, 2021.

Community Involvement

[Promote Fitness for Kids Who Don't Like Sports](#)

Not every child wants to play sports, but it's important that every child is physically active. Kids Health from Nemours has information for parents of children who don't like sports. [Read the article for more information.](#)

School Health Services

[School Nurses: Keeping School Children, Families, and Communities Healthy](#)

The COVID-19 pandemic has highlighted the work of school nurses, who play a critical role in maintaining the health and wellbeing of children, families, and communities. They're particularly integral to healthcare access for children whose health is impacted by social determinants. In fact, many consider school nurses the hidden healthcare system for vulnerable youth. Widespread understanding of the breadth and depth of professional school nursing is needed to ensure the growth of this critically important nursing specialty and to protect children's health.

[Read more.](#)

[Learn About Connecting Kids to Coverage National Campaign](#)

Do you want to help connect kids to Medicaid and the Children's Health Insurance Program (CHIP)? School nurses play an important role encouraging parents to enroll eligible children and teens in Medicaid and CHIP. [InsureKidsNow.gov](#) has a new outreach campaign called [Connecting Kids to Coverage National Campaign](#) to help enroll eligible families in Medicaid and CHIP.

Nutrition Services

[Watch Video Addressing Preschoolers, TV and Snacks](#)

With many people staying home because of the pandemic and colder weather, children may be in front of the TV more than ever. Make sure your child isn't consuming too many sweets and empty calories in front of the TV. Positive Parenting has a short video addressing preschoolers, TV, and snacks. [Watch the video to learn more.](#)

[National Nutrition Month](#)

National Nutrition Month® is an annual campaign in March created by the Academy of Nutrition and Dietetics. Making informed food choices and developing healthful eating and physical activity habits is key to improving overall health. [Learn more.](#)

Employee Wellness

5 ways to overcome compassion fatigue in K-12 education

As the world continues to experience rising levels of COVID cases, healthcare workers, teachers, parents, administrators and others are feeling the heavy weight of burnout and compassion fatigue. While we don't normally think of K-12 educators as the most susceptible to compassion fatigue, the demands of the field often lead to similar outcomes as those in healthcare. [Read more.](#)

Fueling Georgia's Future

March Harvest of the Month

ROOT VEGETABLES

Georgia Grown Resources

Classroom Resources: Resources include downloadable activity books, bulletin board kits, commodity fun facts, Georgia Grown videos and more, from Georgia Grown.

<p>JULY Peaches</p> 	<p>AUGUST Watermelon</p> 	<p>SEPTEMBER Apples</p> 
<p>OCTOBER Zucchini</p> 	<p>NOVEMBER Sweet Potatoes</p> 	<p>DECEMBER Lettuce</p> 
<p>JANUARY Greens (COLLARD, MUSTARD, TURNIP)</p> 	<p>FEBRUARY Cabbage</p> 	<p>MARCH Root Vegetables (CARROTS, BEETS, RADISHES)</p> 
<p>APRIL Strawberries</p> 	<p>MAY Blueberries</p> 	<p>JUNE Tomatoes</p> 

Funding Opportunities

Get a Salad Bar in Your School

Does your school have a salad bar? If not, apply for a grant from [Salad Bars to Schools](#). Applications are accepted year-round and are reviewed in the order they are received. It may take up to 12-14 months to fund a school salad bar. To qualify, the salad bar must be part of the reimbursable meal served in your district.

Target Field Trip Grants

Since 2007, the [Target Company](#) has donated more than \$16 million in grants to the improvement of education. Each Target store in the United States will award three Target Field Trip Grants, enabling one in 25 schools throughout the country to send a classroom on a field trip.

Firehouse Subs Public Safety Foundation AED Grants

- Portal reopens January 1, 2021

[Click here to learn more.](#)

Apply for a Grant to Improve Your Community

If you have a plan for helping your community but need some money to get started, Walmart may be able to help. Walmart's Local Community Grant Program awards grants to eligible kindergarten-through-12th grade public, private or charter schools. Proposed projects could be a soup kitchen, food pantry, clothing closet or other activities that benefit the community at large. The deadline to apply is December 31, 2021. Visit the [Local Community Grant Program](#) for a complete list of eligibility requirements and areas of funding.

NASN Research Grants

Purpose: To encourage and support research regarding school nursing and health of school aged children.

To advance and fund quality school nursing practice and school-affiliated delivery of healthcare.

Program Donates Equipment & Apparel for Sports

Does your school need help getting sports equipment and apparel? If it does, [apply for a donation from Good Sports](#). The application process will open in January. If selected, your school will gain access to the Good Sports catalog for available inventory. Schools must serve young people between ages 3-18 years old. More than half of the student body must be eligible for free or reduced lunches.

Helpful Links from NASN

- ⇒ [ASTHMA](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [COVID-19](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

Resources obtained from the

[National Association of School Nurses Website](#)

Children's Healthcare of Atlanta – School Health Program

CHOA's School Health Program offers [school nurse updates](#) and webinars on clinical pediatric topics; staff education for school districts in metro Atlanta; reviews and revisions of the [school health manual](#); serves as a contact for school nurses to call to discuss programmatic needs and difficult cases; and provides the CHOA/DPH [Common Infectious Illness poster](#), [Behavioral Health resources](#), and [Educational Videos](#). CHOA also provides nutritional and wellness resources through the [Strong 4 Life Program](#).

For questions or requests, call 404-785-7202, or email schoolhealth@choa.org

Click [here](#) for more information or [here](#) to opt-in to receive School Health news.

CHOA Events and Trainings

Diabetes Caregiver Class

Tuesday, March 24 from 8:30 a.m.-1:00 p.m.

Diabetes Caregiver Class

Tuesday, April 27 from 8:30 a.m.-1:00 p.m.

Not on the CHOA School Health mailing list? Go to this link to subscribe: <http://pages.choa.org/School-Nurse-OptIn.html>



Please use the QR Code below to sign up for the *Georgia Student Wellness Educating the Whole Child Newsletter*



School Health Resources

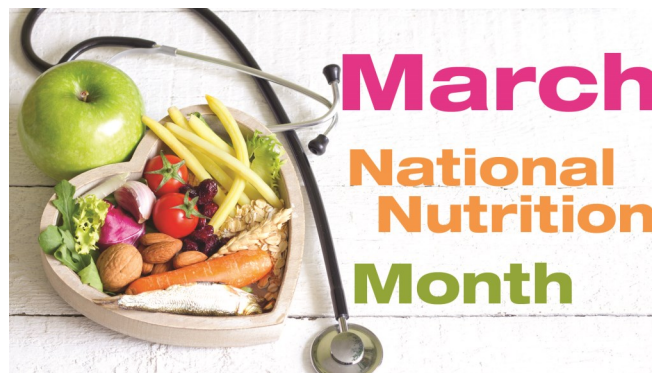
Department of Public Health– School Health Program

The GA Department of Public Health provides leadership, training, and consultation to all health districts, school districts, and nurses serving children in the school setting.

For more information contact:

schoolhealth@dph.ga.gov



National Nutrition Month[Food Based Learning](#)[Engagement Resources](#)[No Kid Hungry Center for Best Practices](#)**National Sleep Awareness Week**[Sleep in Middle and High School Students](#)**Staff Wellness**[Foods to Avoid Before Bed](#)[Sleep Habits](#)**Cinema Drive and Smart Driver**

The Georgia Governor's Office of Highway Safety has granted federal funds to the Children and Parent Resource Group, Inc. for 100 Georgia schools to receive a 3D Interactive Teen Driving Program entitled **Cinema Drive and Smart Driver**. Cinema Drive and Smart Driver are among the most sophisticated 3D multi-sensory, interactive, safe driving experiences available to high schools in the country. More than 700,000 students have participated in this evidence-based experience and it is expected that at least 18% of your students who are at risk in your school will change their intention to behave on the roads after viewing this experience.

Schools are not required to do anything to offer this experience! The program is executed through a team of experts who will arrive at your school's auditorium two hours prior to the first program experience with all needed equipment including a 3D projector, Special 3D screen, surround sound system, interactive remote units and 3D glasses for each student. The program can educate up to 200 students at a time on safe driving techniques and multiple shows can be provided in the same day to cover additional students. The students will receive education on safe driving during the program and they will also be able to download a free mobile app that gives the students 3 weeks of additional education by allowing them access to games that ensure they retain the safety messages.

Booking for the whole school year (October 2020 to June 2021)

Please note that this program is only available to 100 Georgia schools (first come, first serve).

If you're interested, please contact Kenneth Bain by email at projectdirector@LCEcommunityed.org or by phone at (336) 740-0530 to schedule your program.

For more information about Cinema Drive and Smart Driver, please view the following videos:

[What is Cinema Drive?](#)[What is Smart Driver ?](#)