

# NORTHWOODS ACADEMY PBIS SCHOOL-WIDE BEHAVIOR EXPECTATION MATRIX

## Bibb County School District

	CAFETERIA	HALLWAY	RESTROOM	ARRIVAL/DISMISSAL	PLAYGROUND	WHEN I FEEL UPSET...
<b>BE A S.T.A.R.</b>						
<b>O Obey Rules</b>	Sit in your seat Whisper voice 	Calm body 	Flush toilet Wash hands 	Quiet mouth/Temp check 	Slide on your bottom 	When I need a break, I can go to my Safe Place to Calm Down 
<b>W Work Together</b>	Keep your area clean 	Stay with your group 	Keep bathrooms clean 	Remain seated with Class Social Distance 6 Feet 	Show Kindness <b>Be a Buddy</b> <b>Not a Bully</b> 	Let's Calm Down How do you want to calm down? 
<b>L Look, Listen, Learn</b>	Learn to eat healthy foods 	Eyes forward, hands behind your back, quiet mouth 	I wait my turn to use the bathroom. 	<b>A Good Listener</b> 	Looking eyes/listening ears 	How to Calm Down Put your hands on your tummy. Say "Stop." Name your feeling. Take belly breaths. 
<b>S Safety First</b>	Wash Hands Before You Eat 	Always Mask Up 	Walking feet Calm body 	Walking feet Hold a hand 	Safe hands and feet 	<b>I NEED A CALM BODY</b> I will use my words Hands to self Feet on Floor Take deep breaths Stay in my area Express my feelings calmly 

