

Solution Kit Instructions

- ▶ Print and cut the Solution Kit pictures or save to your phone/device photos. You can make the cards sturdy by laminating, gluing the cards to cardboard, or covering them with clear contact paper.
- ▶ Read the *We Can Be Problem Solvers at Home!* story with your child to teach the problem solving steps.
- ▶ Introduce the Solution Kit with a few solutions at a time.
- ▶ Place the solutions in a place where your child will see and use them (e.g., hanging on the wall, saved to a tablet).
- ▶ Remind children to use the Solution Kit when solving problems at home.
- ▶ Offer lots of encouragement when your child tries to use the Solution Kit.
- ▶ Comment positively when your child uses the Solution Kit (e.g., “Look at you. You are using the Solution Kit to solve your problem”).



Wait and take turns



Get a timer



Share



Say, "Will you play with me?"



Say, "Please, stop."



Ask for help



Ask for a hug



Use kind words



Take a break



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