

SELDA Adapted PE

Division for Special Education Services and Supports
September 15, 2021



What is Adapted PE?

- Adapted Physical Education is physical education which has been adapted or modified to be as appropriate for the person with a disability as it is for a person without a disability.
- Adapted Physical Education may also be referred to as specially designed physical education, special physical education, or developmental physical education.

Additional Information:

- Physical education is not a related service; therefore, Adapted PE is not a related service.
- Related services (services that may be provided to help the student benefit from special education services) such as physical therapy, occupational therapy, and recreational therapy cannot be substituted for physical education services.

OSEP Letter to Garth Tymeson (May 12, 2021)

OSEP Letter, May 12, 2021

- *IDEA section 602(29). The IDEA regulations define physical education to mean “[t]he development of – (A) [p]hysical and motor fitness; (B) [f]undamental motor skills and patterns; and (C) [s]kills in aquatics, dance, and individual and group games and sports (including intramural and lifetime sports).” 34 C.F.R. § 300.39(b)(2)(i). Physical education “[i]ncludes special physical education, adapted physical education, movement education, and motor development.” 34 C.F.R. § 300.39(b)(2)(ii).*
 - **Physical Education includes special physical education, adapted physical education, movement education, and motor development.**
- *Each child with a disability must be afforded the opportunity to participate in the regular physical education program available to nondisabled children unless - (1) the child is enrolled full time in a separate facility; or (2) the child needs specially designed physical education, as prescribed in the child’s IEP. 34 C.F.R. § 300.108(b). If specially designed physical education is prescribed in a child’s IEP, the public agency responsible for the education of that child must provide the services directly or make arrangements for those services to be provided through other public or private programs. 34 C.F.R. § 300.108(c).*
 - **All children with a disability MUST be afforded the opportunity to participate in regular PE. If Specially Designed Instruction (SDI) for PE is in the IEP, the LEA must provide the service directly or make arrangements for those services.**

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- *When the IEP Team determines a child requires physical education as specially designed instruction to meet the unique needs of a child with a disability, the service is considered special education and not a related service. As with other services in the IEP, the IEP Team determines the frequency, location, and duration of the service based on the needs of the child. See 34 C.F.R. § 300.320(a)(7).*
 - **When PE is SDI to meet the needs of the student, the service is considered special education and is NOT a related service. As with any direct service, the IEP determined the frequency, location, and duration of the service.**
- *While Part B of the IDEA does not mandate any particular personnel standards, each State’s policies and procedures must provide for the establishment and maintenance of standards to ensure that personnel necessary to carry out the purposes of Part B are appropriately and adequately prepared and trained. See 34 C.F.R. § 300.156(a).*
 - **Personnel standards: Each States’s policies and procedures MUST provide for the establishment and maintenance of standards to ensure that personnel necessary to carry out SDI for PE are appropriately and adequately prepared and trained. The determination of who is qualified to provide PE as SDI, including Adapted PE, is dependent upon the State’s policies and procedures.**

OSEP Letter – continued

OSEP Letter, May 12, 2021

The determination of who is qualified to provide PE as specially designed instruction, including Adapted PE, is dependent upon the State's policies and procedures.

Georgia Specific Information:

8.q.1 Adaptive Physical Education (P.E.)

Teacher Qualifications:

- In accordance with GaPSC CAPS In-Field alignment, teachers holding Health and PE Certification (P-12) are in-field to teach the content required for Adaptive PE.
- In accordance with GaPSC Elementary Education Certification Rule 505-2-.55, in a P-5 class an educator certified in Elementary Education is in-field to teach specialized areas such as health and physical education.

Resources

[GaDOE Adapted Physical Education Webpage](#)

- [IDEA and Adapted PE](#) – GaDOE one pager
- [Adapted PE](#) – GaDOE one pager
- The Adapted Physical Education National Standards <http://apens.org/>
- Center on Health, Physical Activity The National and Disability (NCHPAD) <http://www.nchpad.org/>
- PE Central Adapted Physical Education Resource Page <http://www.pecentral.org/adapted/adaptedmenu.html>

Adapted Physical Education



What is Physical Education?

- Physical and motor fitness
- Fundamental motor skills and patterns
- Skills in aquatics, dance, and individual and group games and sports (including intramural and lifetime sports)
- Includes special physical education, adapted physical education, movement education, and motor development

Georgia State Board of Education Rule Health and Physical Education Program Plan
GaDOE Health and Physical Education webpage

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Adapted Physical Education may also be referred to as **specially designed physical education**, **special physical education**, or **developmental physical education**.



General Information

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Health and Physical Education
(ga DOE.org)

WEB Resources

**The Adapted Physical Education
National Standards**
<http://apens.org/>

**The National Center on Health, Physical
Activity and Disability (NCHPAD)**
<http://www.nchpad.org/>

**PE Central Adapted Physical Education
Resource Page**
<http://www.pecentral.org/adapted/adaptedmenu.html>

Questions



Contact Information

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