



ASPIRE Innovative Practices Forum 2013

Session Name Lunch Bunch

Presenters: Tonya Plant – Coordinator

Target Group: High School Student

Focus: Students participate in a weekly 30 minute session during their lunch period over 10 – 12 weeks. During each session, students engage in ASPIRE activities.

Steps of Implementation	Materials Needed
Train Administration	<ul style="list-style-type: none"> • A one-page document was created, distributed and discussed during an administrative meeting
<p style="text-align: center;">Team Meeting –</p> <ul style="list-style-type: none"> • Establish Goals • Work Out Logistics • Identify each lesson’s focus that will target goals • Create Timeline • Construct “Lunch Bunch” binder for each student and team member which consist of lesson plans and all lesson materials & student’s IEP 	<ul style="list-style-type: none"> • School Improvement Plan • District Improvement Plan • Indicators Identified for Improvement • ASPIRE lesson plans • School calendar and lunch schedule • 3 ring binders • Tabs • Copy of student IEP • Copies of each lesson (1 per person)
<p style="text-align: center;">Lunch Bunch Meetings 30 minutes for 10-12 weeks</p> <ul style="list-style-type: none"> • Teacher rotation – who will facilitate during each lunch period • Conduct lessons • Students eat lunch 	<ul style="list-style-type: none"> • Lunch • Binders



Polk County Lunch Bunch – Polk School District

Sample Schedule

“Lunch Bunch” Timeline and Lessons	
Lesson 1 – “Overview of ASPIRE” <ul style="list-style-type: none"> ○ Pre-Survey ○ Overview of Program ○ Show Video of Student Led IEP ○ Traditional vs. Student led IEP - (worksheet) ○ Ideas for Student Participation - (worksheet) ○ Review IEP Agenda 	February 19 – 22
Lesson 2 – “Intro to Self-Determination” <ul style="list-style-type: none"> ○ List of Famous People with a disability ○ Knowing Yourself Worksheet 	Feb 25 – March 1
Lesson 3 – “Get to Know Me” <ul style="list-style-type: none"> ○ Practice Summary Report 	March 4 – March 8
Lesson 4 – “Present at IEP” <ul style="list-style-type: none"> ○ Info on who has to be present ○ Create Invitations ○ Discuss Thank you Notes ○ Practice Introductions 	March 11 – March 15
Lesson 5 – “I’m in Charge” <ul style="list-style-type: none"> ○ Complete Learning Inventory ○ Accommodations 	March 25 – March 29
Lesson 6 – “Go After Your Goal”	April 8 – April 12
Lesson 7 – “Important Words Used in My IEP” <ul style="list-style-type: none"> ○ Student will review their current IEP and highlight/discuss words they don’t understand ○ Post Survey 	April 15 – April 19
2 to 3 Students a week will conduct their Mock IEP meeting during “Lunch Bunch” Session	April 22 – April 26 April 29 – May 3 May 6 – May 10 May 13 – May 17 May 20 – May 24