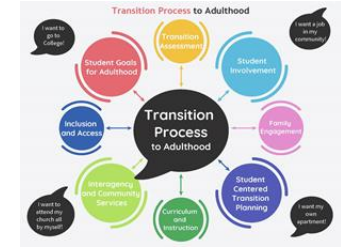




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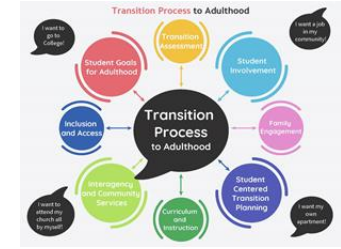
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Sub-Category	Target Population	Activities	Name	Link	Cost
<b>Bird Watching</b>	All students	Study birds in your area and learn how to identify birds by watching training videos.	<b>Merlin Bird App</b>	<a href="http://www.allaboutbirds.org">www.allaboutbirds.org</a>	Free
<b>Exploring Interests Virtually</b>	All students	Explore a variety of interests virtually. Adult guidance is recommended so that the student can learn to initially navigate the site.	<b>Google Arts and Culture</b>	<a href="https://artsandculture.google.com/">https://artsandculture.google.com/</a>	Free
<b>Online Games with Educational Benefits</b>	All students	These online games have options for emphasis in academics, business, problem solving, and more. Teachers and parents are encouraged to review games and assist younger students or students with developmental disabilities in reviewing and selecting the game.	<b>Learn 4 Good</b>	<a href="https://www.learn4good.com/games/index.htm">https://www.learn4good.com/games/index.htm</a>	Free
<b>Puzzles</b>	All students	Selection of puzzles to play that encourages problem solving while adding in recreational activities and leisure fun into the daily schedule.	<b>Jigsaw Planet</b>	<a href="http://www.Jigsawplanet.com">www.Jigsawplanet.com</a>	Free
<b>Recreation and Leisure</b>	All students	Access to audio books using library card.	<b>Libby App</b>	<a href="https://www.overdrive.com/apps/libby/">https://www.overdrive.com/apps/libby/</a>	Free with use of your library Card
<b>Travel and Education</b>	All students	This site provides virtual tours and field trips related to various subject matter.	<b>Area Vibes</b>	<a href="https://www.areavibes.com/library/online-field-trips-for-students/">https://www.areavibes.com/library/online-field-trips-for-students/</a>	Free

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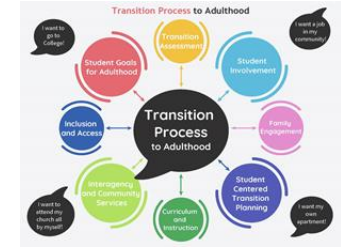
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<b>Travel and Education</b>	All students	Students experience virtual field trips across all 50 states. Teachers and parents can use this in a variety of lessons and research.	<b>Google Slides with links</b>	<a href="https://docs.google.com/presentation/d/1sa3ZNKVrFagVi6mw66pbBmrZnolu02Z2zFjCn68r01M/mobilepresent?slide=id.g8b29d53e3b_0_30">https://docs.google.com/presentation/d/1sa3ZNKVrFagVi6mw66pbBmrZnolu02Z2zFjCn68r01M/mobilepresent?slide=id.g8b29d53e3b_0_30</a>	Free
<b>Travel and Education</b>	All Students	This blogger provides links to virtually tours of each state's local and national parks and tourist areas. Not only can students use this for travel and leisure, but it is a great way to incorporate geography, history and social studies. Guidance from a teacher is suggested for students with intellectual or developmental disabilities.	<b>The TV Traveler</b>	<a href="https://thetvtraveler.com/visit-all-50-states-with-these-virtual-tours/?utm_medium=social&amp;utm_source=pinterest&amp;utm_campaign=tailwind_tribes&amp;utm_content=tribes&amp;utm_term=1022440060_47117348_36749">https://thetvtraveler.com/visit-all-50-states-with-these-virtual-tours/?utm_medium=social&amp;utm_source=pinterest&amp;utm_campaign=tailwind_tribes&amp;utm_content=tribes&amp;utm_term=1022440060_47117348_36749</a>	Free
<b>Exercise</b>		Virtual exercise. Work out with these videos <u>five times a week</u> to help you stay fit and reach your fitness goals. Designed for students with disabilities by Special Olympics.	<b>School of Strength</b>	<a href="https://www.specialolympics.org/school-of-strength">https://www.specialolympics.org/school-of-strength</a>	<b>Free</b>
<b>Exercise</b>		Live-streaming workout classes on Facebook. Weekdays at 7 p.m. ET.	<b>Planet Fitness on Facebook</b>	<a href="https://www.facebook.com/planetfitness/">https://www.facebook.com/planetfitness/</a>	Free
<b>Exercise</b>		These 30-minute, equipment free workouts on YouTube channel.	<b>Planet Fitness on YouTube</b>	<a href="https://www.youtube.com/planetfitness">https://www.youtube.com/planetfitness</a>	Free
<b>Exercise</b>		Fifteen, thirty and forty-five minute workouts designed by Nike trainers. Most of the workouts are equipment-free and	<b>Nike Training Club</b>	<a href="https://www.nike.com/ntc-app?cid=4942550&amp;cp=usns_aff">https://www.nike.com/ntc-app?cid=4942550&amp;cp=usns_aff</a>	Free

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		use GIFs to demonstrate how to do each exercise from squats, to walkouts, to lunges.		<a href="https://nike-content&amp;cjevent=b27df7bfd2b911ea80a000060a240612">nike_content&amp;cjevent=b27df7bfd2b911ea80a000060a240612</a>	
<b>Social- Emotional Learning</b>	All students K-12	A series of yoga videos allows students to experience mindfulness each day. Lessons are also provided for students to gain social and emotional skills. Students can use videos independently. Lessons require adult instruction.	<b>Azulita</b>	<a href="https://azulita.org">https://azulita.org</a>	Free videos with ability to purchase lessons

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