

## Average Weight - CDC Vital and Health Statistics, Series 11, Number 252, October 2012

(NOTE - Most current information found in April 2015 @  
[http://www.cdc.gov/nchs/data/series/sr\\_11/sr11\\_252.pdf](http://www.cdc.gov/nchs/data/series/sr_11/sr11_252.pdf))

Age	Male Mean	Female Mean	Male/Female Average
5	47	47	47
6	54	52	53
7	59	59	59
8	69	70	70
9	81	78	80
10	88	91	90
11	103	105	104
<b>Elementary School Student Average Weight</b>			<b>72</b>
12	114	115	115
13	131	125	128
14	141	136	139
<b>Middle School Student Average Weight</b>			<b>127</b>
15	155	140	148
16	166	138	152
17	171	140	156
18	179	144	162
<b>High School Student Average Weight</b>			<b>155</b>
20-29	184	162	173
30-39	200	169	185
40-49	201	168	185
50-59	200	170	185
60-69	199	171	185
70-79	191	165	178
<b>Bus Driver/Monitor Average Weight</b>			<b>182</b>