**S.M.A.R.T. Professional Development Goal**

Specific ◊ Measurable ◊ Attainable ◊ Relevant ◊ Time-Bound

|  |  |
| --- | --- |
| Date: |  |
| Name:  |  |
| Focus of Professional Development: |  |

Today,\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

In 90 days, I\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

To reach my goal, I will \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

* Number of days per week: \_\_\_\_\_\_
* How many minutes/hours each day: \_\_\_\_\_\_\_\_
* Reminders: