



### May National Health Observances

- [American Stroke Awareness Month](#)
- [Arthritis Awareness Month](#)
- [Cystic Fibrosis Awareness Month](#)
- [Food Allergy Action Month](#)
- [Global Employee Health and Fitness Month](#)
- [Healthy Vision Month](#)
- [Hepatitis Awareness Month](#)
- [Lupus Awareness Month](#)
- [Melanoma Detection and Prevention Month](#)
- [Mental Health Month](#)
- [National Asthma and Allergy Awareness Month](#)
- [National Physical Fitness and Sports Month](#)
- [National Teen Pregnancy Prevention Month](#)
- [Ultraviolet Awareness Month](#)

*The articles and hyperlinks to external websites appearing in this newsletter are intended to be informational and do not represent an endorsement by the Georgia Department of Education.*

### Upcoming Workshops

#### **Stewards of Children** - Join **Children's Healthcare of Atlanta** as

Stewards of Children demonstrates how to prevent, recognize and react responsibly to child sexual abuse and teaches five proactive steps to protecting children.

**June 2— 1:00 to 3:30 p.m.**

**August 19— 1:00 to 3:30 p.m.**

Children's Healthcare of Atlanta | Office Park Learning Center

1680 Tullie Circle NE

Atlanta, GA 30329

**Contact:** Angie Boy- 404-785-5004

### Counseling & Social Services

#### **CDC COVID-19 Stakeholders Call for Schools and Child Care Program**

If you missed the CDC COVID-19 Stakeholders Call for Schools and Child Care Program, this is the link to the recording: **Stakeholders Call**. In the conference call, CDC experts discussed specific elements of CDC's Considerations for Schools guidance and then answered several questions.

#### **School Closures Meant 200K Child Mistreatment Allegations Went Unreported**

Hundreds of thousands of child maltreatment allegations are going unreported — and thus uninvestigated — while school buildings are closed, a new study estimates. It's the latest evidence of the toll that COVID-19-induced school closures are taking on children. "When schools are not in session, whether for regularly scheduled breaks or in response to catastrophes, cases of child maltreatment are more likely to go unnoticed and unreported."

**[READ MORE](#)**

## Physical Education

### [Get Active and Healthy at Home](#)

Even though most of us are home, it's important to stay physically active. Physical activity has many health benefits, including better sleep and reduced stress and anxiety. [Visit the Centers for Disease Control and Prevention's webpage to learn five simple ways to get active and stay healthy from home.](#)

### [Register for Playground Safety Webinar](#)

Join the Children's Safety Network on Tuesday, May 26, at 1:30 PM CST for the Play it Safe: Playground Safety for Everyone webinar. Learn tips to keep your children safe. [Register today!](#)

## Healthy School Environment

### [Review COVID-19 Guidance Resources on The Department of Education Webpage](#)

The Georgia Department of Education (GaDOE) has many school-related COVID-19 resources and guidance documents on their webpage. The resources are frequently updated. [View the GaDOE resources.](#)

### [Review COVID-19 Guidance Resources on The Georgia Department of Public Health Webpage](#)

The Georgia Department of Public Health has many COVID-19 resources and guidance documents on their webpage. The resources are frequently updated. [View the DPH resources.](#)

## Health Education

### [Teach Your Children About Food Labels at Home](#)

Understanding the labels on food products can be tricky. To help 6th through 8th grade students understand food labels, KidsHealth in the Classroom has a food label lesson plan and quiz. [Download a PDF of the Teacher's Guide, and visit the webpage to view the materials.](#)

### [View Mind Matters Series at Home](#)

The National Institute on Drug Abuse has launched a redesigned series of booklets geared towards educating middle school students about substance use. The *Mind Matters series* consists of nine booklets on various drug topics. The series was designed to help students in grades 5 through 8 understand the effects and consequences of drug use on the brain and body. [View the materials with your middle school children.](#)

## School Health Services

### [Earn Continuing Education Credit While You Are Home](#)

While you are working from home, you may want to earn continuing nursing education credit from the Centers for Disease Control and Prevention (CDC). The [CDC's Public Health Grand Rounds](#) offers 18 continuing education topics.

## Community Involvement

### [Prevent Home Injuries During the Coronavirus](#)

With millions of children home, it is important to make sure they are in safe environments. Safe Kids Worldwide is reminding parents to follow several simple steps to help prevent injuries. [View the parent's checklist to see tips.](#)

### [Watch Educational Videos from the Minnesota Children's Museum](#)

Do you want to make a color wheel using primary paint colors, or create a gnome home? The Minnesota Children's Museum has a library of videos for families to watch while at home. [Watch the videos today!](#)

### [Explore Recipes for Play at Home from Chicago Children's Museum](#)

Looking for ideas to keep your little children engaged? Look no further than the Chicago Children's Museum's [Recipes for Play at Home](#). Activities are arranged by age groups. View Super Ways to Play at Home

### [Watch Kitten Rescue Camera](#)

Need kittens in your life? Watch the [Kitten Rescue Sanctuary camera](#) on Explore.org. Watch kittens sleep, eat, and play all day long.

## Nutrition Services

### [Take Child Nutrition Professional Online Training](#)

The Institute of Child Nutrition is offering a series of virtual instructor-led food safety trainings for child nutrition professionals. [Register for the courses via their online portal.](#) The Institute of Child Nutrition also has an eLearning Portal with 65 online courses and 12 recorded webinars. [Take the courses today.](#)

## Employee Wellness

### Fact Sheet Addresses Coping in Hard Times for School Staff

The National Child Traumatic Stress Network recently released a new fact sheet that addresses how challenging financial events may affect school staff, students, and families. [Access to webpage to download a PDF copy of the resource.](#)







## Fueling Georgia's Future

### May Harvest of the Month

## Blueberries

Blueberry marketing, promotion and food based learning activities are available.

<http://gafarmtoschool.org/harvest-of-the-month-marketing-materials/>

<p><b>JULY</b> Peaches</p> 	<p><b>AUGUST</b> Watermelon</p> 	<p><b>SEPTEMBER</b> Apples</p> 
<p><b>OCTOBER</b> Zucchini</p> 	<p><b>NOVEMBER</b> Sweet Potatoes</p> 	<p><b>DECEMBER</b> Lettuce</p> 
<p><b>JANUARY</b> Greens (COLLARD, MUSTARD, TURNIP)</p> 	<p><b>FEBRUARY</b> Cabbage</p> 	<p><b>MARCH</b> Root Vegetables (CARROTS, BEETS, RADISHES)</p> 
<p><b>APRIL</b> Strawberries</p> 	<p><b>MAY</b> Blueberries</p> 	<p><b>JUNE</b> Tomatoes</p> 

## Funding Opportunities

### Apply for Parent-Led Program Funding

Act now, parents! [Apply for a Parent for Healthy Kids grant](#) that will provide funds and support to increase physical activity or nutrition initiatives while promoting students' social emotional learning. The application deadline has been extended to August 31, 2020.

### Get a Salad Bar in Your School

Does your school have a salad bar? If not, apply for a grant from [Salad Bars to Schools](#). Applications are accepted year-round and are reviewed in the order they are received. It may take up to 12-14 months to fund a school salad bar. To qualify, the salad bar must be part of the reimbursable meal served in your district.

### Apply for ALDI Smart Kids Grants

ALDI is partnering with local organizations to make a positive impact on kids' health and wellness. Grant funds can be used to support children through education, arts, or other activities that help kids stay active and healthy. Applicants can request either cash or ALDI gift cards ranging in value from \$100 to \$5,000. The application deadline is December 15, 2020. [For more information on the program, visit the Aldi Smart Kids webpage.](#)

### Target Field Trip Grants

Since 2007, the [Target Company](#) has donated more than \$16 million in grants to the improvement of education. Each Target store in the United States will award three Target Field Trip Grants, enabling one in 25 schools throughout the country to send a classroom on a field trip.

### Firehouse Subs Public Safety Foundation AED Grants

- August 19, 2020 at 5 p.m. for Quarter 4 2020 Grants
- November 11, 2020 at 5 p.m. for Quarter 1 2021 Grants
- Portal reopens January 1, 2021

[Click here to learn more.](#)

### Apply for a Community Grant

Do you have an idea for an after-school program that would benefit an underserved community? Apply for a Community Grant from the Walmart Foundation. [Click here for more information.](#)

## Helpful Links from NASN

- ⇒ [ASTHMA](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [COVID-19](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

*Resources obtained from the*

*[National Association of School Nurses Website](#)*

## School Health Resources

### Department of Public Health– School Health Program

The GA Department of Public Health employs a Deputy Chief Nurse for School Health to provide leadership, training, and consultation to all health districts, school districts, and nurses serving children in the school setting.

For more information contact:

Sara Kroening, RN, MSN, FNP-BC, AE-C  
[schoolhealth@dph.ga.gov](mailto:schoolhealth@dph.ga.gov)



### Children's Healthcare of Atlanta – School Health Program

CHOA's School Health Program offers [school nurse updates](#) and webinars on clinical pediatric topics; staff education for school districts in metro Atlanta; reviews and revisions of the [school health manual](#); serves as a contact for school nurses to call to discuss programmatic needs and difficult cases; and provides the CHOADPH [Common Infectious Illness poster](#), [Behavioral Health resources](#), and [Educational Videos](#). CHOA also provides nutritional and wellness resources through the [Strong 4 Life Program](#).

For questions or requests, call 404-785-7202, or email [schoolhealth@choa.org](mailto:schoolhealth@choa.org)

Click [here](#) for more information or [here](#) to opt-in to receive School Health news.

## CHOA Events and Trainings

[Stewards of Children](#) Tuesday, June 2, 1:00 p.m. to 3:30 p.m.

[Moving Forward After Victimization: Helping Victims to Survive and Thrive](#) Thursday, June 11, 1:00 p.m. to 2:30 p.m.

[Diabetes Caregiver Class](#) Tuesday, June 23, 8:30 a.m. to 1:00 p.m.

[Diabetes Caregiver Class](#) Tuesday, July 28, 8:30 a.m. to 1:00 p.m.

[Cobb CME Virtual Meeting](#) Thursday, July 15, 6:00 p.m. to 8:00 p.m.

Visit the [school health events calendar](#) to learn more and register.

Not on the CHOA School Health mailing list? Go to this link to subscribe: <http://pages.choa.org/School-Nurse-OptIn.html>



Children's  
Healthcare of Atlanta